

# Back to school!



ISLINGTON

March 2021

## Welcoming everyone back to school!

From March 8th, all children will return to school. This is important for children's overall development, their social and emotional health and means parents can return to work.

Schools are carefully following local and national public health advice to ensure each school is safe. This includes regular testing of staff (and pupils in secondary and special schools on their return). Parents and other adult household members of staff and pupils can also get tested twice a week.

Children don't spread Coronavirus more than adults. For most people - and especially children - if they do catch the virus, the symptoms will be mild.

### Stay safe

We all need to work together to make sure we keep our schools safe, so please remember to:



Keep washing your hands



Socially distance where possible - especially at the school gates



Wear a face covering when you cannot maintain a 2 meter distance



Stay away if you or your child (or someone you live with) have symptoms

### Keep healthy



Walk, cycle or scoot to school if you can, rather than taking public transport.



Vaccinations protect you and your family. Speak to your GP to make sure all vaccinations are up-to-date.



If you are eligible accept the offer of the vaccine when you are contacted.

### Get tested if you or your child have symptoms:

- Tests can be booked online at: [www.nhs.uk/ask-for-a-coronavirus-test](https://www.nhs.uk/ask-for-a-coronavirus-test)
- For help with testing, see [www.nhs.uk/contact-us/get-help-with-asking-for-a-coronavirus-test/](https://www.nhs.uk/contact-us/get-help-with-asking-for-a-coronavirus-test/)
- To learn more about staff household members testing visit: [www.gov.uk/guidance/rapid-lateral-flow-testing-for-households-and-bubbles-of-school-pupils-and-staff](https://www.gov.uk/guidance/rapid-lateral-flow-testing-for-households-and-bubbles-of-school-pupils-and-staff)

### Face coverings:

In primary schools face coverings are not recommended for pupils, but staff are encouraged to wear them when they cannot maintain two meters distance.

In secondary schools, face covering are encouraged when you cannot maintain two meters distance inside classrooms.

We know that around 1 in 3 people with Covid-19 don't have any symptoms, but can still pass the virus on.

The Council is offering free rapid COVID tests for people who work out of their home and have no symptoms. Tests can be booked online [here](#)

**Anyone with a positive result should start to self-isolate straight away along with everyone in their household.**

### Find out more

You can contact your school with any questions about coronavirus. Your School Nurse is also happy to talk to you about any concerns, for example if you are from a Black, Asian or Minority Ethnic group or if there are grandparents or vulnerable family members at home.

School nurses: email [whh-tr.IslingtonSchoolNursing@nhs.net](mailto:whh-tr.IslingtonSchoolNursing@nhs.net) or ring 020 3316 8021