

# St Joseph's Hospice in Islington Bereavement Service



## Bereavement support for adults

The Islington Bereavement Service offers support for adults living in Islington and/or registered with a GP in Islington. The service is for people who have experienced the death of a family member, relative or another important person in their life. Run by St Joseph's Hospice and a team of trained volunteers, this service can offer practical, social and emotional bereavement support.

### Our volunteers are able to provide:

- companionship and a listening ear
- emotional support
- company to go to medical appointments, the library, or on a local outing
- help in finding important support services.

### What training do volunteers receive?

All volunteers are fully trained and vetted. They can provide confidential support on a one-to-one basis or within a group setting. They are not counsellors but have been trained in listening skills.

**For more information call 0203 317 5774 or email [islingtonbereavement@stjh.org.uk](mailto:islingtonbereavement@stjh.org.uk)**

**To make a referral please call the First Contact Team on: 0300 303 0400 or email [stjosephs.firstcontact@nhs.net](mailto:stjosephs.firstcontact@nhs.net)**

St Joseph's Hospice,  
Mare Street, Hackney,  
London E8 4SA

**T:** 020 8525 6000  
**E:** [info@stjh.org.uk](mailto:info@stjh.org.uk)  
**www.stjh.org.uk**



St Joseph's  
Hospice

Central and North  
West London  
NHS Foundation Trust



**NHS**  
Islington  
Clinical Commissioning Group





# Islington Bereavement Support Group

**Has someone you loved or cared about died?**

**Do you sometimes feel alone with your grief?**

**Would it help to meet others in similar circumstances?**

This informal social and support group provides a welcoming & confidential space for you to share with others in a similar situation. We meet **monthly**, and refreshments are provided free of charge. The group is facilitated by staff and volunteers from the Islington Bereavement Service, and aims to encourage self help and mutual support.

**1st Wednesday** of each month from **11am to 1pm**

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**St Joseph's  
Hospice**



St Joseph's  
Hospice

### Location:

Islington Ecology Centre  
Gillespie Park Local Nature Reserve  
191 Drayton Park  
London N5 1PH  
(full disability access)

Getting there:

**Bus:** 4, 19, 236

**Tube:** Arsenal – Piccadilly Line

### Contact:

If you would like to come along, please call Kathy, Lourdes or Cat at the Islington Bereavement Service on **0203 317 5774**

or email [islingtonbereavement@stjh.org.uk](mailto:islingtonbereavement@stjh.org.uk)

*The Islington Bereavement Service is a St Joseph's Hospice service funded by the Islington CCG and open to adults over 18 living in Islington*

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