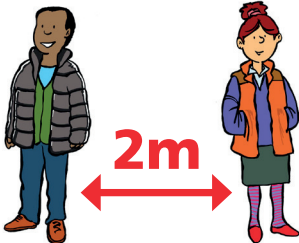# Stay at home

Every day we stay at home we are helping stop the spread of Covid-19. We must still remember to follow the rules.

▶ **Stay at home**

▶ **Wear a face covering**

▶ **Keep a safe distance from other people**

2m

▶ **Open a window if you have to let someone into your home**

▶ **Wash your hands regularly**

Let's keep going

You can find out more at:
gov.uk/coronavirus

STAY HOME
PROTECT THE NHS
SAVE LIVES