



HM Government



Coronavirus

Don't help the virus spread

Around 1 in 3 people who have Covid-19 have no symptoms, and are spreading it without knowing.

It is now likely that someone near you has it.

Stay home, only go out if it is essential.

Do not meet anyone outside your household or support bubble, except for exercise.

Find out more at gov.uk/coronavirus

Stay home. Protect the NHS. Save lives.

STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES