



HM Government



Coronavirus

Stay at home

Some people who have Covid-19 have no symptoms, and are giving it to people without knowing. It is now likely that someone near you has it.



To stop this happening you must:

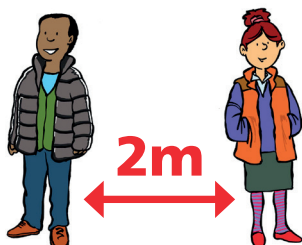
► Stay at home



► Only leave home for things like food and medical reasons



► Not meet with anyone you do not live with or who is not in your support bubble, except for exercise outside



► Follow the rules

You can find out more at:
gov.uk/coronavirus

