

# Staying Safe in Early Years

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March 2021

## Easing lockdown and what this means for Early Years...

Nurseries and childminders are following local and national public health guidance to keep children safe which includes regular COVID testing of staff. Parents and other adult household members of staff and pupils can also get tested twice a week.

Young children don't spread Coronavirus more than adults. For most people – and especially children – if they do catch the virus, the symptoms will be mild.

### Stay safe

We all need to work together to make sure we keep our nurseries safe, so please remember to:



Keep washing your hands



Socially distance where possible - especially at the entrance to nursery or childminder



Wear a face covering when you cannot maintain a 2 meter distance



Stay away if you or your child (or someone you live with) have symptoms

### Keep healthy



Vaccinations protect you and your family. Speak to your GP to make sure vaccinations for your child and all of your family are up-to-date.



If you are eligible accept the offer of the vaccine when you are contacted.



Walk, cycle or scoot to nursery or childcare if you can, rather than taking public transport.

### Get tested if you or your child have symptoms:

- Tests can be booked online at: [www.nhs.uk/ask-for-a-coronavirus-test](http://www.nhs.uk/ask-for-a-coronavirus-test)
- For help with testing, see [www.nhs.uk/contact-us/get-help-with-asking-for-a-coronavirus-test/](http://www.nhs.uk/contact-us/get-help-with-asking-for-a-coronavirus-test/)
- To learn more about staff household members testing visit: [www.gov.uk/guidance/rapid-lateral-flow-testing-for-households-and-bubbles-of-school-pupils-and-staff](http://www.gov.uk/guidance/rapid-lateral-flow-testing-for-households-and-bubbles-of-school-pupils-and-staff)

Children and staff will generally not need to wear face coverings in nursery or at the childminders.

We know that around 1 in 3 people with Covid-19 don't have any symptoms, but can still pass the virus on.

The Council is offering free rapid COVID tests for people who work out of their home and have no symptoms.

Tests can be booked online [here](#)

**Anyone with a positive result should start to self-isolate straight away along with everyone in their household.**

### Become a COVID-19 Health Champion

Help to share the latest advice and guidance about COVID-19 with your family, friends and other community members.

To find out more visit <https://www.islington.gov.uk/social-care-and-health/coronavirus-covid-19/offer-help>

### Find out more

You can contact your nursery or childminder with any questions about coronavirus. Your Health Visitor is also happy to talk to you about any concerns you have, for example if you are from a Black, Asian or Minority Ethnic group or if there are grandparents or vulnerable family members at home.

Bright Start Islington Health Visiting: See [www.whittington.nhs.uk/brightstartvislington](http://www.whittington.nhs.uk/brightstartvislington) or call

■ Bingfield Health Centre: **020 7527 1610**

■ River Place: **020 3316 8461**

■ Highbury Grange Health Centre: **020 3316 8012**