

Ask Us About...

- What is happening across Islington to reduce food poverty
- How to access further information on free activities and projects across Islington for citizens to:
 - Share food knowledge around growing, shopping and cooking
 - Learn new skills
 - Reduce food waste
 - Build stronger communities through food sharing
 - Access emergency support where needed
 - How you or your organisation can join the Food Poverty Alliance and support the reduction of food poverty in Islington

www.islington.gov.uk/food-poverty IFPA@islington.gov.uk



In order to help to reduce food poverty in Islington, as a business we will:

√	Join Islington's Food Poverty Alliance to support the aims of this Action Plan, and contribute to aims we can have an impact on
	Commit to paying London Living Wage to all staff and contractors
	Sign up to the Sugar Smart campaign
	Promote subsidised food options in the workplace, for example providing subsidised canteens, encouraging food share clubs or offering staff discounting schemes
	Raise awareness of what services and support are available for those experiencing or in danger of food poverty
	Provide financial or in-kind support to local organisations tackling food poverty, including promoting services and support available to those in danger of food poverty
	Encourage learning and discussion around food and food poverty, for example by providing opportunities for staff, customers and partners to:
	 Learn and share health and nutrition skills, for example around cooking, growing and shopping
	 Use food as an opportunity to decrease social isolation, for example by holding food share activities
	 Learn on sustainability and reducing food waste
	Support distribution of excess food to organisations working with residents
	Achieve the Healthier Catering Commitment to increase the range of healthier options available in all areas of the Borough <i>(for caterers)</i>
	Sign up to accept Healthy Start vouchers (for retailers)
	Divert high quality surplus food from waste stream to local projects, e.g. Alexander Wylie Trust. FoodCycle & FEAST, and commit to reducing food waste overall <i>(for food businesses</i>)



In order to help to reduce food poverty in Islington, as a third sector / community organisation we will:



Join Islington's Food Poverty Alliance to support the aims of this Action Plan, and contribute to aims we can have an impact on



Commit to paying London Living Wage to all staff and contractors

Raise awareness of what services and support are available for those experiencing or in danger of food poverty, in particular within hard-to-reach and at higher risk communities

Deliver food based services and support as a solution to multiple issues alongside food poverty, for example by:

- Hosting workshops or trainings for service users, volunteers, staff and the broader community
- Distributing resources and information to those that need it
- Hosting a lunch club or action day
- Host a community fridge

Ensure all services and support are designed to tackle root causes of poverty alongside providing crisis support

Work with other organisations across the Borough to provide coordinated support to beneficiaries, and reduce duplication of provision

Share best practice and expertise across organisations and stakeholders in the Borough

Encourage positive and empowering messaging, in particular presenting services and support as opportunities for:

- Sharing food knowledge around growing, shopping and cooking
- Learning new skills around food and cooking
- Reducing food waste
- Building communities, using food as a form of sharing and cross-cultural meeting

Ensure the accessibility of crisis support, for example out of hours services (for food related third sector organisations)



In order to help to reduce food poverty in Islington, as a funder or grant maker we will:

√	Join Islington's Food Poverty Alliance to support the aims of this Action Plan, and contribute to aims we can have an impact on
	Commit to paying London Living Wage to all staff and contractors
	Raise awareness of what services and support are available for those experiencing or in danger of food poverty, in particular within hard-to-reach and at higher risk communities
	Commit to providing grants and funding to organisations to tackle food poverty, in Islington and across the country
	Consider food poverty issues within relevant funds and projects, and ensure any opportunities to reduce food poverty are maximised
	Encourage learning and discussion around food and food poverty, for example by providing opportunities for staff, partners and community members to:
	 Learn and share health and nutrition skills, for example around cooking, growing and shopping
	 Use food as an opportunity to decrease social isolation, for example by holding food share activities
	 Learn on sustainability and reducing food waste
	 Support distribution of excess food to organisations working with residents
	Encourage positive and empowering messaging, in particular presenting services and support as opportunities for:
	 Sharing food knowledge around growing, shopping and cooking
	Learning new skills around food and cooking
	Reducing food waste
	• Building communities, using food as a form of sharing and cross-cultural meeting



In order to help to reduce food poverty in Islington, as part of local government and the public sector, we will:

Join Islington's Food Poverty Alliance to support the aims of this Action Plan, and
contribute to aims we can have an impact on

Continue to commit to paying London Living Wage to all staff and contractors and promote the living wage campaign

Work with other organisations across the Borough to provide coordinated support to beneficiaries, and reduce duplication of provision

Promote subsidised food options in the workplace, for example providing subsidised canteens, encouraging food share clubs or offering staff discounting schemes

Work with frontline staff to improve:

- Recognition of service users experiencing food poverty or related issues
- Awareness of what services and support are available for those experiencing or in danger of food poverty
- Awareness and accessibility of crisis support

Design food based services and support as a solution to multiple issues alongside food poverty, including:

- Improving health and nutrition
- Addressing social isolation
- Being an identifier of broader poverty issues, and an entry point into providing further support
- Sustainability and environmental issues

Encourage learning and discussion around food and food poverty, for example by providing opportunities for staff, partners and community members to:

- Learn and share health and nutrition skills, for example around cooking, growing and shopping
- Use food as an opportunity to decrease social isolation, for example by holding food share activities
- Learn on sustainability and reducing food waste
- Support distribution of excess food to organisations working with residents

Raise awareness of what services and support are available for those experiencing or in danger of food poverty, in particular within hard-to-reach and at higher risk communities



In order to help to reduce food poverty in Islington, as a school or early years setting, we will:



Join Islington's Food Poverty Alliance to support the aims of this Action Plan, and contribute to aims we can have an impact on



Commit to tackling root causes of food poverty by encouraging learning by pupils and parents on topics such as:

- Financial awareness and budgeting
- Cooking, growing and shopping (on a budget)
- Healthy eating and nutrition
- Sustainability and reducing food waste

Support provision of food outside of lunch at school, for example breakfast clubs (such as Magic Breakfast), hosting holiday time meals, family kitchen cooking clubs or family meal sharing opportunities

Continue to promote take up of free school meals by pupils who are eligible and/or entitled to free school meals, and pupils with no recourse to public funds

Achieve Healthy Early Years London / Healthy Schools London Bronze award

Focus Healthy Early Years London / Healthy Schools London Silver and Gold award on promoting healthy eating / reducing food poverty within the school community

Provide subsidised or free meals for staff, and potentially parents, alongside pupils

Alleviate the cost of attending education and educational opportunities to ensure that all pupils are able to take part regardless of family income

Identify pupils who may experience poverty and providing support within the setting such as access to free breakfast club

Refer to or raise awareness of services and support available to families experiencing or in danger of food poverty

Consider introducing innovative programmes to tackle food poverty, for example using school kitchens to produce food to be distributed to residents in need, or access excess food to feed families in danger of food poverty

