CORONAVIRUS CASES ARE RISING ACROSS LONDON

D LOCAL COVID LEVEL HIGH ALERT



Only socialise indoors with people you live with or those in your bubble



Work from home if you can





Travel

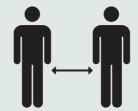


Do not meet with people from outside your household indoors, unless they are in your support bubble. Limit outdoor socialising to up to 6 people

FOLLOW PUBLIC HEALTH ADVICE WHEREVER YOU GO



Wash your hands regularly



Keep 2 metres apart from people you don't live with



Wear a face covering in indoor public spaces, unless you're exempt

IF YOU HAVE SYMPTOMS

request a test online at nhs.uk/coronavirus OR CALL 119





