Summer Term
18 April - 21 July 2018

Early childhood services for Islington children & their families
Childcare and local services
For information and advice about local services for families, including finding and paying for childcare, contact Islington FIS (Family Information Service) on 020 7527 5959; fis@islington.gov.uk; www.islington.gov.uk/fis
Drop in session information:
Please see the timetable overleaf for details of drop in sessions.

Child Health Clinic
Run by health visitors where you can get information and ask any questions about your child’s health, growth, development and immunisations. Please bring your red book.

Breastfeeding Support
Information and help with breastfeeding, starting your baby on solid foods and an opportunity to meet other breastfeeding mothers.
Islington Breastfeeding Support Team: 020 3316 8439
Breastfeeding Network Helpline: 0300 100 0210

Stay and Plays
Under 1s and 0–5s: Come and play with your child, meet other parents, have fun and pick up tips on how to support your child’s learning and development.
Childminders’ Group: For registered childminders and the children they look after. Children play while childminders meet, gain support and share ideas. Open to parents who would like to meet local childminders.

Special Educational Needs and Disabilities (SEND)
All Bright Start activities are accessible and inclusive. Extra Boost and SENSory Stay and Play sessions support children with additional needs and their families. For further information contact your health visitor or children’s centre.
Palace for All provides stay and play sessions with a toy library for children of all ages with disabilities, Monday to Thursday, 12.30-6pm Contact: 020 7561 1689

Chatterpillars (18 months – 3.5 years, by invitation)
Run by Bright Start staff with support from a speech and language therapist. Each week includes a top tip, group activity and song time to boost children’s language development. For further information contact your health visitor or children’s centre.

Library service: Baby Bounce (0–18 months) and Under Fives (18 months – 4 years) story and rhyme time sessions
Relaxed, friendly activities aimed at introducing babies and young children to books and reading.

Antenatal and Postnatal Clinics
Clinics are run by UCLH midwives (0845 1555 000 ext. 76353) and Whittington midwives (020 7288 3482) at the following venues:

<table>
<thead>
<tr>
<th>Centre</th>
<th>Days</th>
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<tbody>
<tr>
<td>Moreland Children’s Centre</td>
<td>Monday, Friday (UCLH)</td>
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<tr>
<td>Golden Lane Children’s Centre</td>
<td>Monday (Whittington)</td>
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<tr>
<td>Packington Children’s Centre</td>
<td>Thursday (UCLH)</td>
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<tr>
<td>New River Green Children’s Centre</td>
<td>Tuesday, Wednesday (UCLH) Friday (Whittington)</td>
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Saturday antenatal classes are also run at some children’s centres. For more information contact your midwife.

Child and Adolescent Mental Health Service (CAMHS) and Growing Together (contact: 020 3316 1824)
CAMHS clinicians offer one to one appointments to discuss concerns regarding your child’s emotional well-being, behaviour or development.
Growing Together provides therapeutic help to parents and carers with mental health difficulties such as depression and anxiety, and their children, aged 1–5, who also need emotional support. For both services, contact your GP, health visitor, or children’s centre staff for a referral.

Family Support
Family Support Workers help with a range of family issues and signpost to other services such as housing and iWork. Contact your health visitor, nursery or local children’s centre or make an appointment at your local family support surgery (see timetable for details).

iWork
Supports parents into employment, training, searching and applying for jobs and preparing for interviews.
Contact: iwork@islington.gov.uk; 020 7527 2706
South area weekly timetable Summer Term
18 April - 21 July 2018

Venue details

Moreland Children’s Centre
23 Ramsay Walk
N1 2SX
T 020 7527 5688

Little Angel Studio
222 Upper Street
N1 1XR

Islington FIS drop in
Islington Customer Centre, 223 Upper Street, N1 1XR.
T 020 7527 5959

Golden Lane
Children’s Centre
101 Whitecross Street
EC1Y 8AJ
T 020 7786 4800

Islington Museum
245 St John St,
Clerkenwell,
EC1V 0EB
T 020 7527 2837

Finsbury Library
245 St John Street
EC1V 4NB
T 020 7527 7960

Herongate House
40 Perseval Street
EC1V 0EB
T 020 7336 0068

Moreland Children’s Centre
53 Packington Street
N1 7FZ
T 020 7527 5959

Packington Children’s Centre
245 St John Street
EC1V 4NB
T 020 7527 3500 Ext. 8

South Library
102-103, 115-117 Essex Road
T 020 7527 7860

St Luke’s Community Centre
90 Central St
EC1V 8AU
T 020 7549 8181

245 St John Street
EC1V 0EB
T 020 7527 7960

Packington Children’s Centre
245 St John Street
EC1V 4NB
T 020 7527 3500 Ext. 8

Tompion Community Centre
40 Perseval Street
EC1V 0EB
T 020 7336 0068

Tompion Community Centre
40 Perseval Street
EC1V 0EB
T 020 7336 0068

Packington Children’s Centre
245 St John Street
EC1V 4NB
T 020 7527 3500 Ext. 8

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T 020 7336 0068

Fathers’ Stay and Play
10am-12noon

Breastfeeding Support
1.30-3pm

Lottie and The Crib young parents
10-1.30pm

Free Healthy Start
vitamins are available at all children’s centres and some health centres.

More information and other area timetables at www.islington.gov.uk/brightstart

Look out for our area newsletters for other local activities happening throughout the week.