

Monday

- 10.00-11.30 **Chatterpillars 18 mths - 3yrs Only**
By Invitation Only
- 1.00 - 2.00 **Beginners Yoga**
with crèche
*** Pre Book £5**
- 1.30 - 3.30 **Housing Surgery**
Any housing issues
including private
rental* **By appointment**
Tel: 0207 527 4827
- 2.15 - 3.15 **Beginners Yoga**
with crèche
*** Pre Book £5**

Register the birth of your child at Archway CC

Every Monday

9.30am – 12.30pm

This is a drop in service, so no appointment necessary.

Find out more at
www.islington.gov.uk/births

Islington Learning and Working

Sherika Costley from Islington Learning and Working will be available every Wednesday afternoon at Hargrave Park Learning Centre. Sherika can support parents to find education and employment.

If you would like an appointment please call 07584 370 731 or 0207 527 3488.

Tuesday

- 10.00-11.30 **Jabadao**
***Drop-in**
18 mths - Plus Only
10 Spaces Only
- 11.00 - 11.45 **Groovy Tots**
Toddler Music session
*** Drop-in £4**
- 1.00 - 3.00 **Child Health Clinic**
***Drop-in**
Archway
Health Visiting Team
- 0203 316 8686
- 1.00 - 3.00 **Ante-Natal Clinic**
***By appointment with midwives**
- 2.00 - 2.45 **Singing & Signing**
***Drop-in**

Wednesday

- 10.00 - 11.30 **Stay & Play**
***Drop-in**
0-5yrs Only
- 1.00 - 2.00 **Baby Massage**
*** Pre Book £5**
6wks - 4 mths
- 1.00 - 3.00 **Breast Feeding Group**
*** Drop-in**
- 1.30 - 3.00 **Stay & Play**
ARCHWAY CATCHMENT ONLY
- 2.00 - 3.00 **Baby Yoga**
***Drop-in £5**
4mths - 9 mths
9 Spaces Only

Thursday

- 9.30 - 11.30 **Childminders**
*** Drop-in £1**
*** OFSTED Registered Childminders Only**
- 10.00 - 10.45 **Groovy Tots**
Toddler Music session
*** Drop-in £4**
- 10.45 - 11.30 **Groovy Tots**
Toddler Music session
*** Drop-in £4**
- 1.30 - 3.00 **First Time Parents Group**
By Invitation Only
Ph 0207 527 4827 for more info
- 1.30 - 3.00 **Tiny Tots**
Baby Stay & Play
0-18 mths Only
***Drop-in**

Friday

- 9.30 - 10.30 **Deep Relaxed Yoga**
Pre Book £5
- 10.00 - 11.30 **Stay & Play**
***Drop-in**
0-5yrs Only
- 10.30 - 11.15 **Singing & Signing**
***Drop-in**

SATURDAYS

DADS SING & SIGN
10am - 10.45am ***Drop-in**
Great for dads with young babies!

GROOVY TOTS
10.30am – 11.15am ***Drop-in £4**

SING & SIGN
11am - 11.45am ***Drop-in**

SPROUTS - Violin & Cello Lessons
Please phone Mita 0207 527 4831 for more info. 10.30am - 11.30am
*** Pre Book**

Café open for Lazy Brunch

Phone 0207 527 4827 for more information.

PREGNANCY YOGA

Support to access Pregnancy Yoga at the Active Birth Centre is available for families on benefit & low incomes.

Please contact Sandra on 0207 527 4828 for more information.

NB: ONLY AVAILABLE TO ARCHWAY CC CATCHMENT FAMILIES

Concessions available - please ask at reception

BABY/TODDLER SWIMMING SESSIONS

Swimming vouchers available now for baby/toddler swim session at Archway Leisure Centre.

Each voucher is valid for one adult and 2 children **£2.60 each**

Can be used any day Mon - Fri
12.00pm - 1.30pm

NB: VOUCHERS ARE ONLY AVAILABLE TO ARCHWAY CC CATCHMENT FAMILIES

FAMILY SUPPORT

Free and confidential service

A service that provides practical and emotional support for Islington families such as parenting support, finding activities in the local area for families, benefits advice, and other information or services that families may need.

For further information please call Lizzy or Diana on 0207 527 4826 or 0207 527 3691.

ADULT LEARNING

Islington Council offers many free adult and community learning courses to help parents develop skills, gain confidence, get a job or prepare for further education.
For more information contact ACL on 020 7527 5782

About Us

We have been providing high quality integrated childcare and education for children from 6 months to 5 years in Archway for many years. We are now able to provide education support and a full range of family support, health and information services for all families in the area with young children.

For more information contact us:

Archway Children's Centre **Vorley Road London N19 5HE** Tel: 020-7527-4827

Some additional information on what we offer:

Baby Massage	6 weeks - 4 months, promotes calm, confidence in mother and baby The sessions provide parents with postnatal support on many issues in the early months.
Baby Yoga	4 -9 mths working with babies through massage and movement to help develop strong spines and muscle tone Lots of fun with music and games
Stay and Plays	Fun, social and educational playgroups for parents and carers with children age 0-5 years. Loads of fun activities, stories, music, snack time and circle time.
Singing & Signing	Fantastic session lead by trained staff using the Makaton Signing. Excellent group for parents to socialise and babies to develop language and communication skills.
Chatterpillars	Chatterpillars is a focused group aimed at supporting your child's communication skills where there are specific concerns.
Groovy Tots	The best music session for young children you will ever attend! Led by professional musicians. It's a wonderful mix of classical instruments and African rhythms.
Childminders Drop-in	Stay & Play & advice session for Childminders run by our Childminding Co-ordinator. Have fun with the children and gain support and advice with the Early Years Foundation Stage
Swimming Vouchers	Build your child's confidence in the water! Held at Archway Leisure Centre Mon - Fri during toddler/baby swim session. Collect voucher from reception. Archway catchment only.
Yoga and Deep Relaxation Yoga	Classes that promote physical and emotional well being. Students leave feeling relaxed and revitalised
Breastfeeding Support Group	Come along if you need breastfeeding advice and support or if you just want to meet and chat with other breastfeeding mums.
Jabadao	A child-led, play-based developmental movement session which promotes children's well-being, health, happiness, and development of the brain and body through physical and sensory exploration with the use of equipment such as lycra, ribbon sticks and body balls.

Due to our Health & Safety policies we limit the amount of families per session in accordance with Ofsted regulations. We have a first come first served system and due to our fire safety procedures if you sign in for a session you must remain in the building. If you want to leave the building before a session you will have to sign out and we are not able to hold your place for you.

Our services are for Islington residents only



Archway Children's Centre

Spring Programme
January - March 2015