

# New River Green Children's Centre - Family Project Activities Timetable

(All Stay and Play Groups, courses and workshops are for Islington residents only. Health sessions are open to all: see \*)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Stay and Play</b> <b>10.00 - 11.30</b> Come and join us for a fun filled morning of indoor and outdoor activities, stories, singing, toy library and healthy snacks. All Mums, Dads and Carers with children 0-5 welcome  <b>Islington Working For Parents Advice Session</b> <b>9.30 - 5.00</b> To book, contact <b>Maria Marsh</b> 07769 163 319  <b>Family Support drop-in Surgery</b> <b>10:30am - 12:30pm.</b> (30 mins maximum per person/family) Advice , support , funding and family activities. Leaflet in reception or contact <b>Dannielle/Maryann</b> 020 7527 4821 or 8098  <b>Antenatal and post-natal Clinics*</b> <b>1.00 - 4.00</b> With Midwives from UCLH <b>By appointment only</b> Contact UCLH Midwife to book  <b>ESOL</b> <b>1.00 - 3.00</b> English Classes for speakers of other languages <b>Limited crèche spaces provided</b> Call the <b>Adult Community Learning Service</b> for assessment dates and class availability on 020 7527 5782	<b>Childminders Stay and Play and Support Group</b> <b>10.00 - 12.00</b> Parents looking for a Childminder are welcome to attend between <b>10.00 - 11.00am</b> <b>Contact reception to confirm</b>  <b>Welfare Benefits Advice</b> <b>9.30 - 12.30</b> sessions with <b>Islington Law</b> <b>Contact reception to book</b> 0207 527 4813  <b>Extra Boost Stay and Play and SNAP Toy Library</b> <b>1.15 - 2.45 (session)</b> <b>2.45 - 3.00 (SNAP toy library)</b> For babies and children with additional needs (including language delay and challenging behaviour), disabilities and chronic ill health Indoor and outdoor activities, songs, stories and use of the <b>sensory room</b> . A wide range of specialist toys and equipment are also available for loan. For more information about this session please contact <b>Dannielle/Maryann</b> 020 7527 4821 or 8098	<b>Stay and Play</b> <b>Session 1: 9.30 - 10.45 or</b> <b>Session 2: 11.15 - 12.30</b> Come and join us for a fun filled morning of indoor and outdoor activities, stories, singing and healthy snacks All Mums, Dads and Carers with children 0-5 welcome. <b>Maria Ferriter</b> , our parent champion, will be available on the first Wednesday of each month to answer any questions you may have regarding courses in the local area, work experience and getting back to work.  <b>Antenatal and post-natal Clinics*</b> <b>9.00 - 5.00 and 1.00 - 4.00</b> With Midwives from UCLH <b>By appointment only</b> Contact UCLH Midwife to book  <b>Baby Massage - Recommencing Spring 2015</b> <b>New bookings being accepted January 2015</b> <b>1.30 - 3.00</b> (For babies aged 6 wks - 5mths) 4 week course Cost £10.00 (Concessions available) <u><b>Must be booked in advance</b></u> <b>Call reception for information and to book</b>	<b>Antenatal and post-natal Clinic*</b> <b>9.30 - 3.15</b> With Midwives from <b>The Whittington Hospital</b> By appointment only <b>Contact Whittington Midwife to book</b>  <b>Community Well Baby Clinic*</b> <b>9.30 - 11.30 (last entry 11.15)</b> With River Place Health Visiting Team Drop-in clinic - <b>There will be no immunisations</b> available at this clinic <b>Please bring your child's RED BOOK</b> For further information, contact <b>River Place Health Centre Health Visiting Team</b> on 020 3316 8449 or 8458  <b>ESOL</b> <b>1.00 - 3.00</b> English Classes for speakers of other languages <b>Limited crèche spaces provided</b> <b>Contact</b> 020 7527 5782  <b>Breastfeeding Support Drop-in Group*</b> <b>1.00 - 3.00 (2.30pm latest arrival)</b> Advice and support with breastfeeding and the chance to meet other breastfeeding mothers. For support outside of this time please contact <b>Lisa or Anthea</b> – 020 3316 8439 <b>Breastfeeding Network Helpline</b> - 0300 100 0210 <b>National Breastfeeding Helpline</b> - 0300 100 0212	<b>Under 1's Stay and Play</b> <b>10.00 - 11.30</b> <b>Babies 0 - 12 mths</b> Join the team for a fun session including singing and use of the sensory room. Baby Bookstart bags also available - please bring your child's RED BOOK  <b>The Garden Club</b> <b>3.30 - 5.00</b> (Alternate Fridays) Enjoy and explore our amazing outdoor area, get involved in digging, planting and bug hunting as well as visiting the pond area. <b>Please wear suitable clothing!</b> <b>Sept to Dec 2014</b> 12th & 26th Sept 2014 10th & 24th Oct 2014 7th & 21st Nov 2014 5th & 19th Dec 2014  <b>Toy and Book Lending Library</b> 2.00—3.00 Try out a number of resources to support your child's learning and developments (dates as per Garden Club, above).  <b>Community Stay and Play</b> in partnership with <b>Good Neighbours Scheme Canonbury Connect</b> <b>3.30-5.00</b> (Alternate Fridays) A wide range of fun indoor and outdoor activities for 0-8 year olds <b>Sept to Dec 2014</b> 19th Sept 2014 3rd, 17th & 31st Oct 2014 14th & 28th Nov 2014 12th Dec 2014	<b>Dads Club</b> (Alternate Saturdays) <b>10.00 - 12.00</b> Fathers, male carers, uncles and granddads with children aged <b>0-11yrs</b> welcome for a wide range of activities, stories, singing and to use our amazing gardens. Breakfast served from 10.00 - 11.00am <b>For further information contact Di P or Di D on</b> <b>020 7527 4813</b> <b>Dates: Sept 2014-Dec 2014</b> 6th & 20th Sept 2014 4th & 18th Oct 2014 1st, 15th & 29th Nov 2014 13th Dec 2014  <b>Antenatal Classes*</b> <b>10.00 - 4.00</b> Classes with UCLH midwives once a month. <b>Contact UCLH midwifery team</b> 0203 447 9567  <b>First Aid Course</b> <b>10.00 - 2.30</b> <b>Basic Paediatric First Aid Course</b> run at various times throughout the year. This course is designed to teach emergency paediatric first aid to parents. The course is 4 hours long and there is no exam. Cost: £20 per person. (£10 concessionary rate ) <b>To put your name down please contact reception</b>

### Addresses and contact details

New River Green Children's Centre

23 Ramsey Walk

N1 2SX

#### Contact:

Children's Centre Reception - 020 7527 4813

Michael Jarrett - Head of Centre - 020 7527 4813

Linzi Severn - Acting Deputy Head - 020 7527 4813

Lisa Gelson - Family Support Outreach Area Manager  
for the Canonbury Area - 07833-058-929  
- 020 7527 4819

Maryann Onyeaka - Family Support Worker - 020 7527 8098  
- 07826 904 686

Dannielle Henry - Family Support Worker - 020 7527 4821  
- 07826 904 685

Jamad Abdi - Bilingual Family Support and Outreach Worker - 07769 163 309  
(Somali speaking)

Selda Aygun - Community Development Worker - 0207 923 7226  
(Turkish speaking based at Minik Kardes)

Sandra Nicholson - Childminding Co-ordinator - 020 7527 6704  
- 07584 370 803

Maria Marsh - Islington Working For Parents Advisor - 07769 163 319

Islington Working for Parents Team number - 020 7527 4486

#### Other information:

##### "Have Your Say"

##### Parents Forum:

If you wish to have your say how the centre is run, you can join the next Parent Forum (date available from reception), post a comment in the suggestion box in reception or share your views using one of our comments boards in the nursery or the stay and play room

(Created 14.08.2014)



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Children's Services

## New River Green Children's Centre

### Autumn Term 2014 Activities Programme

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