

Cleaning and disposing of waste



This guidance is for any council staff or provider, working in people's homes or a residential setting.

Cleaning

- Clean with **normal household disinfectant**
- **Pay extra attention to frequently touched surfaces** e.g. grab rails, bathrooms, door handles
- **Avoid creating splashes** and spray when cleaning
- **Wash hands regularly** with soap and water for 20 seconds, and always after removing PPE
- **Do not shake dirty laundry**

Do I need PPE?

Contaminated areas



Full PPE is required if cleaning an area contaminated with body fluids or where a person with COVID-19 has spent significant time (e.g. slept or sat for several hours).

Non-contaminated areas



The PPE required for cleaning a public area where a person with possible or confirmed COVID-19 has passed through and spent minimal time (e.g. corridors) is plastic apron and gloves.

Waste disposal

Contaminated waste

E.g. used PPE, used cleaning materials, used tissues, items dirtied by body fluids that cannot be cleaned by washing.

1. Put items in a plastic rubbish bag, and tie it
2. Place the plastic rubbish bag in a second bin bag, and tie it
3. Store in a suitable and secure place for at least 72 hours
4. Throw away with normal waste

For home visits, **plan ahead** how you will dispose of any contaminated waste, including used PPE.

Non-contaminated waste

Can be disposed of in the normal way

Remember to

- ✓ Get training on how to use PPE safely (videos are available)
- ✓ Speak with your manager if you are unsure
- ✓ Dispose of PPE safely and follow hand hygiene