

FREE Bright Start Activities – IN PERSON

(F or Islington residents with a child under 5 years)

19 April – 28 May 2021 (all activities MUST be booked in advance)

To book activities use the colour coding to contact the Bright Start areas that runs the session.

Numbers at 'in person' sessions are limited in accordance with current COVID guidance.

Activities in white boxes (blue writing) are run by our partner organisations. Other boxes contain general information or details of other activities.

Visit www.islington.gov.uk/brightstart for a timetable of 'online' activities

Bright Start North

brightstartnorth@islington.gov.uk
020 7527 8441

Bright Start Central

brightstartcentral@islington.gov.uk
020 7527 8465

Bright Start South

brightstartsouth@islington.gov.uk
020 7527 4089

Telephone Family Support

Our Family Engagement Workers are available every day Monday - Friday 9am - 12noon. Ring: 020 7527 8376
'In person' appointments can be booked

Monday AM	Tuesday AM	Wednesday AM	Thursday AM	Friday AM
Family Support Surgery 9.15 - 11.30am North (Archway)	Chatterpillars 9.45 - 11am North (Hornsey Road)	SENadventures (invite only) 10 - 11am Central (Factory)	New Parent Group 10 - 11am South (Golden Lane)	Under 1s Stay & Play 10 - 11am (from 30 April) North (North Islington)
New Parents Group 10 - 11am North (Archway)	Baby Massage 10 - 11.30am North (Hungerford)	Under 1s Stay & Play 10 - 11am South (Bemerton)	0-5s Song and Movement 10 - 11am South (coming soon)	Under 1s Stay & Play 10 - 11am North (Hungerford)
Chatterpillars 10am - 11 am South (Bemerton)	New Parents Group 10.30am - 12noon Central (New River Green)	0-5s Stay & Play 10 - 11.30am South (Moreland)	Chatterpillars 10 - 11.30am North (Willow)	Chatterpillars (by invitation) 10.30 - 11.30am Central (Factory)
Extra Boost 10 am - 11:30am South (Golden Lane)	Under 1s Stay & Play (with Family Support Surgery) 11 am - 12noon Central (Conewood)	0-5s Stay & Play 10-11.30am Central (? Ambler tbc)	0-5s Discover the Park 10.30 - 11.30am North (Calendonía)	under 1's Outdoor Stay and Play 10.30 - 11.30am Central (Highbury Bandstand)
0-5s Stay & Play 10-11.30am Central (The Factory)	0-5s Discover the Park 10.30 - 11.30am North (Whittington)	0-5 s Stay & Play (coming soon) 10 - 11.30am North (Andover Community Centre)	Under 1s Stay & Play 10.30 - 11.30am Central (New River Green)	Under 1s Stay & Play 10 - 11am South (Moreland)
0-5s Stay & Play 10.30am - 12noon (from 26 Apr) North (Archway)	Chatterpillars 10am - 11.30am South (Golden Lane)	Under 1s Stay & Play 11 am - 12noon Central (Conewood)	0-5s Stay & Play (outdoors) 10.30-11.30am Central (Highbury Quadrant)	0-5's Stay & Play (coming soon) 10 - 11.30am South (Bemerton)
Introduction to Solids 10 - 11am (17 May) Central (to be confirmed)	0-5s Discover the Park (coming soon) 10.30 - 11.30am South (Barnard Park)	0-5s Stay & Play 9.45 - 11.15am North (Willow)	Family Support Surgery 11.30am - 12.30pm Central (New River Green)	Subscribe to our BrightStart Bright Idea's newsletter visit http://bit.ly/BSBSubscribe
Monday PM	Tuesday PM	Wednesday PM	Thursday PM	Friday PM
0-5s Stay and play 1.30 - 3pm South (Golden Lane)	Under 1s Stay & Play 1.30 - 2.30pm South (Golden Lane)	Sensory Adventures (by invitation) 1.30 - 2.30pm Central (The Factory)	Introducing Solids Workshop 1 - 2pm (27 May) North (Willow)	Extra Boost 1.30 - 2.30pm Central (The Factory)
Under 1s Stay & Play 1.30 - 3pm South (Bemerton)	Under 1s Stay & Play 1.30 - 2.30pm North (Hornsey Road)	0-5s Family Yoga (outdoors) 2 - 3pm Central (Highbury Bandstand)	Under 1s Stay & Play 1.30 - 2.30pm Central (Factory)	0-5s Discover the Park 2 - 3pm South (Kings Square Gardens)
Under 1s Stay & Play 3 - 4pm North (Archway)	0-5s Stay and Play 2 - 3.30pm Central (Conewood)	0-5s Twilight Stay & Play 3.30 - 5pm (from 4 May) Central (Conewood)	Under 1s Stay & Play 2 - 3 pm (3-4pm from 27 May) North (Willow)	Unders 1s Stay & Play 3 - 4pm (from 30 Apr) North (Hungerford)
To use Bright Start services you will need to register. Click on the link www.islington.gov.uk/brightstart	0-5s Outdoor stay and play 2-3pm (from 4 May) Central (Highbury Bandstand)	Breastfeeding Support (BFN) 'In person' appointments take place in a number of children's centres every week. To book: t: 020 3314 8439 e:whh-tr.IslingtonBreastfeedingPeerSupport@nhs.net	0 - 5s Stay & Play 2 - 3.30pm (from 27 May) North (Hornsey Road)	
	Introducing Solids Workshop 2 - 3pm (18 May) South (Moreland)		0-5s Stay and Play 2 - 3.30pm Central (Conewood)	
	0-5s Twilight Stay & Play (outdoors) 3.30 - 5pm (from 4 May) North (North Islington)			