

Fact Sheet

Women's Sports

This fact sheet provides local information about women's sports and sport clubs.



This fact sheet has been produced by

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Women's Sports

Women play competitively in many sports. There are recreational opportunities across London for women of all ages and abilities. This factsheet has details about local sports groups and teams, applying for funding and other sources of information about women's sport generally. If you require more information, please ask a member of staff.

Looking for news about women's sports?

Women's sport is not well covered in the media. Websites of governing bodies of specific sports have news items and there are free internet magazines.

W: <http://www.womensportreport.com>

An online international sports magazine with some British sports news and profiles of sportswomen.

W: <http://www.sportsister.com/>

News and lifestyle features for women who enjoy sport.

Women's Sport and Fitness Foundation

W: <http://www.wsff.org.uk>

Charity that campaigns to make physical activity an everyday part of life for women and girls.

Finding sports groups, teams and facilities

Islington Council

W: <http://www.islington.gov.uk/directories/default.htm>

Sports groups can register their details free. The on-line directory database lists local sports groups.

Aquaterra

W: <http://www.aquaterra.org/Islington/>

Islington's leisure centres include exercise classes and regular women only sessions.

Sport England

W: <http://www.activeplaces.com/>

This large online directory lists local sports facilities e.g. artificial ski-slopes, swimming pools or ice skating rinks.

Several online directories provide details of women's sports teams by area:

Sport-focus

W: <http://www.sportfocus.com/>

Top Corner

W: <http://www.topcorner.it/>

Has information, interactive map and contact details for local women's football and netball teams.

Muslim Women's Sports Federation

W: <http://www.mwsf.org.uk/>

Muslims can exercise in an all female environment and receive suitable coaching sessions.

Some specific sports

If you are interested in specific sports, it is probably easiest to find a local team through the sport governing body.

Athletics

There are several running and athletics websites that let you search for a local group:

UK Athletics

W: <http://www.ukathletics.net/>.

Boxing:

Amateur Boxing Association of England (ABAE)

W: <http://www.abae.co.uk/>

Information on local clubs.

Cricket:

English Cricket Board

W: www.ecb.co.uk/womens/).

Alexandra Park Cricket Club

W: <http://alexandrapark.play-cricket.com/home/home.asp>

Football:

Arsenal Ladies

W: <http://www.arsenal.com/ladies/>

Football Association

W: <http://www.thefa.com/Womens/>

Leagues and fixtures

Rugby:

Rugby Football Union

W: <http://www.rfu.com/index.htm>

News and events).

Rugby First

Helps to support and administer local rugby clubs.

W: <http://clubs.rfu.com/Clubs/admin/RFUSearch.aspx>

Clubs with women's teams.

Fitness Centres

New River-Express Fitness For Women,

321 Essex Road,

N1 2BD.

T: 0207 226 5444.

W: www.newriverwomen.co.uk

"Women Only Gym" with NR Workout, Powerplate classes, Free Kids Corner, Free Goal Checks and Treatment Room.

Paradise Walk Women's Gym,

Crouch Hill,

N4 4AP.

T: 020 7272 6857.

E: info@paradisewalk.com

Disability access.

Sequin Park,

240 Upper Street,

N1 1RU.

T: 0207 704 9844.

W: www.sequinpark.co.uk

Funding for sports groups

If your sports group needs funding, then these websites may be of help.

Awards for all

W: <http://www.awardsforall.org.uk/>

(Applications take 8 weeks to process)

Lottery funding

W: <http://www.biglotteryfund.org.uk/>

Sport England

W: <http://www.sportengland.org/funding.aspx>

UK sports

W: <http://www.uk sport.gov.uk/search?q=funding>

Sports aid

W: <http://www.sportsaid.org.uk/>

Every attempt has been made to ensure that the information is accurate. We cannot accept responsibility if the organization no longer exists or if the information has changed.

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