

## ProActive Islington Action Plan 2009-2012 Revised

The ProActive Islington meeting on 16 June 2011 agreed a revised action plan for the remaining period to March 2012.

### 1 Promoting a strategic approach

Co-ordinating leads: Mark Christodoulou, London Borough of Islington and Verena Thompson, NHS Islington

No.	Action	Lead	Measurable outcomes	Resources	Timescale	Quarterly update
1.1	<b>Provide a strategic lead and joined up approach to increasing physical activity levels through maintaining and developing ProActive Islington</b> (the borough-wide physical activity and sports partnership)	Mark Christodoulou – LBI LEIS Verena Thompson - NHSI	<ul style="list-style-type: none"> <li>Regular meetings are held and attendance by key partners is maintained</li> </ul>	WER	Ongoing, reviewed annually	
			<ul style="list-style-type: none"> <li>ProActive Islington (PAI) has refreshed and renewed its membership</li> </ul>	WER	By Sept 2011	
			<ul style="list-style-type: none"> <li>PAI considers the recommendations from the CSPAN review &amp; agrees the implementation of them</li> </ul>	WER	By September 2011	
			<ul style="list-style-type: none"> <li>Sub-groups or time-limited task groups are established to deliver key actions</li> </ul>	WER	As required	
1.2	<b>Deliver the strategic initiatives and targets of the ProActive Islington members through partnership working, including to consider working with neighbouring Boroughs</b>	Karen Corbisiero – LBI LEIS Verena Thompson - NHSI	<ul style="list-style-type: none"> <li>One partnership event is held each year for health and other frontline professionals targeting at risk communities</li> </ul>	WER	Ongoing – reviewed annually	
			<ul style="list-style-type: none"> <li>The existing and/or developing strategies of partners are presented at PAI meetings</li> </ul>	WER	In line with PAI meetings	
			<ul style="list-style-type: none"> <li>PAI and partners project Outputs, Outcomes and</li> </ul>	WER	In line with PAI	

No.	Action	Lead	Measurable outcomes	Resources	Timescale	Quarterly update
			Learning and successes are celebrated and shared with key stakeholders		meetings	
			<ul style="list-style-type: none"> <li>The PAI Action Plan reflects the relevant national, regional and local strategies and guidelines; research evidence and best practice and national and local targets</li> </ul>	WER	Ongoing - reviewed bi-annually	
			<ul style="list-style-type: none"> <li>Explore opportunities to deliver a minimum of one project is implemented with a neighbouring Borough/sport and physical activity partnership each year</li> </ul>	+£ TBC	Ongoing from April 2011 - reviewed annually	
1.3	<b>Secure joint funding to help deliver the ProActive Islington Action Plan and raise awareness of new funding opportunities for PAI partners</b>	PAI	<ul style="list-style-type: none"> <li>Funding opportunities are identified and information shared at PAI meetings</li> </ul>	WER	In line with PAI meetings	
			<ul style="list-style-type: none"> <li>A minimum of one successful joint funding bid is submitted each year by PAI</li> </ul>	WER	Ongoing - reviewed annually	
1.4	<b>Develop a PAI communications and marketing plan</b>	Karen Corbisiero – LBI LEIS	<ul style="list-style-type: none"> <li>A communications and marketing sub group is formed</li> </ul>	WER	By December 2009	
		Verena Thompson - NHSI Mary Brown – AQT	<ul style="list-style-type: none"> <li>A communications and marketing plan is written, and resourced, that includes consideration of the following: <ul style="list-style-type: none"> <li>– how PAI influence others</li> <li>– establishing how best to</li> </ul> </li> </ul>	+£ TBC	By April 2010	

No.	Action	Lead	Measurable outcomes	Resources	Timescale	Quarterly update
			<p>link information about activities in Islington for the benefit of users</p> <ul style="list-style-type: none"> <li>– use of social and non print media</li> <li>– production of a newsletter</li> <li>– organising marketing campaigns and multi-location events</li> <li>– using social marketing insight work to identify or segment population groups</li> <li>– ensuring that all activities are culturally appropriate</li> <li>– follow-up of individuals to support and measure behaviour change</li> </ul>			
1.5	<b>Evaluate the PAI actions and outcomes</b>	Karen Corbisiero – LBI LEIS and strategic leads	<ul style="list-style-type: none"> <li>• Evaluation reports are presented at PAI meetings by the strategic leads</li> </ul>	WER		
			<ul style="list-style-type: none"> <li>• Key actions in the PAI Action Plan are delivered on target with updates provided at each meeting</li> </ul>	As per this action plan	Reviewed annually	
1.6	<b>Develop more robust data and evaluation systems</b>	Mark Christodoulou - LBI LEIS Verena Thompson – NHSI	<ul style="list-style-type: none"> <li>• A baseline of physical activity levels is established by using Active People Survey and Health Survey for England data and JSNA data</li> </ul>	WER	Ongoing Reviewed annually	

No.	Action	Lead	Measurable outcomes	Resources	Timescale	Quarterly update
			<ul style="list-style-type: none"> <li>Participation levels in sport and physical activity in Islington improve, measured by the National Indicator 8 Active People Survey and JSNA data</li> </ul>	WER	Ongoing	

## 2 Providing first class facilities

Co-ordinating leads: Mark Christodoulou, London Borough of Islington and Mary Brown, Aquaterra Leisure

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
2.1	<b>Provide new and improved facilities for young people which include opportunities for participation in sport and physical activity</b>	Rachel Egan – LBI YPCS	• The White Lion project is delivered	WER	September 2011	
			• MyPlace is delivered (Hornsey Road Baths)	WER	July 2011	
			• A needs analysis of the quality and inclusivity of facilities for young people on estates and in parks is completed in partnership with Greenspace	WER	September 2012	
2.2	<b>Provide improved indoor and outdoor sport and leisure facilities for all the community</b>	Mark Christodoulou – LBI LEIS	• Ironmonger Row Baths are refurbished and facilities improved and increased	WER	By Summer 2012	
			• The short term Sobell Repairs Programme to the ice rink, roof floor and mechanical and electrical services are delivered	+£1.7m	By Summer 2011	
			• Finsbury Leisure Centre is progressed including master planning of the overall site - feasibility and viability studies are carried out periodically	+£TBC 75k Feasibility funds	By 2012	
			• Sobell Leisure Centre master planning is developed including the surrounding open space – feasibility and viability studies are carried out periodically	+£TBC See funding above	By 2012	
			• Highbury Fields Sports Area proposals are progressed	+£ - S106 funds	By Summer 2011	

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
			<ul style="list-style-type: none"> <li>Aquaterra Contract Outcomes are delivered: <ul style="list-style-type: none"> <li>high customer satisfaction levels (7.5/10) are achieved</li> <li>KPI targets set in 2009 are met and improved upon</li> </ul> </li> </ul>	Annual Contract Management Fee	Ongoing, reviewed annually	
			<ul style="list-style-type: none"> <li>The new government 'Customer Service Excellence Award' is achieved</li> </ul>	WER	By July 2012	
			<ul style="list-style-type: none"> <li>Market Road Sports Pitches are progressed with the introduction of two 5-a-side pitches</li> </ul>	£1m S 106	By 2012	
			<ul style="list-style-type: none"> <li>Develop with Greenspace other section 106 sports pitch improvements and apply for external funding</li> </ul>	S 106	By 2012	
2.3	<b>Implement Building Schools for the Future</b>	Peter Jones - CE@I Johnny Davey – LBI BSF	<ul style="list-style-type: none"> <li>BSF phase II is implemented</li> <li>BSF phase III is implemented</li> <li>Community access arrangements are built in to 4 key sites, including: <ul style="list-style-type: none"> <li>Holloway Community use agreement commences Sept 09</li> </ul> </li> <li>Systematic booking systems and pricing policies are created across education facilities</li> </ul>	WER WER WER (CE@I) WER	2011 2012 1 <sup>st</sup> project 2009 onwards 2010 onwards	
2.4	<b>Identify and influence opportunities for new and improved sport and physical</b>	Mark Christodoulou – LBI LEIS	<ul style="list-style-type: none"> <li>One opportunity to improve facilities is included in an Area Action Plan each year</li> </ul>	+£ - S106 leisure allocation	2010 onwards	

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
	activity facilities in Area Action Plans					
2.5	Assist sports clubs with improvements to club facilities	Dan Jarvis – LBI LEIS	• Club facility strategies are in place	WER	2010 onwards	
			• External funding is sourced for club capital investments	+£ Sport England, SportsMatch	2010 onwards	

### 3 Promoting community participation and inclusivity

Co-ordinating leads: Mark Christodoulou, London Borough of Islington, John MacKinnon, Access to Sport and Freddie Hudson, Arsenal Football Club

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
3.1	<b>Develop new sports clubs and support existing sports clubs, including to increase the number, range and quality of their sport and physical activity offer</b>	Dan Jarvis - LBI LEIS	<ul style="list-style-type: none"> <li>Islington has the highest number of sports clubs listed on the Get Active London web portal</li> </ul>	WER	March 2012	
			<ul style="list-style-type: none"> <li>Sports clubs are using their quality status and progressive outlooks to apply for delivery funding through the sportivate programme</li> </ul>	WER	March 2012	
			<ul style="list-style-type: none"> <li>2 new Islington sports clubs are achieving Clubmark (or equivalent) each year</li> </ul>	WER	March 2012	
3.2	<b>Create new programmes and set targets to increase participation by specific groups including girls, 16-19 year age group and BAME groups</b>	John MacKinnon – A2S	<ul style="list-style-type: none"> <li>New programmes for key target groups are created</li> </ul>	+£TBC	March 2012	
			<ul style="list-style-type: none"> <li>New programmes are promoted to new audiences through increased uses of new media, text messaging, social networks etc.</li> </ul>	+£TBC	March 2012	
3.3	<b>Increase provision for disabled people to participate in sport and physical activity and raise awareness among disabled people of the opportunities available</b>	PAI Disability Sports Dan Jarvis – LBI LEIS	<ul style="list-style-type: none"> <li>A baseline is established of current levels of participation by disabled people and of existing provision that is accessible to disabled people</li> </ul>	WER	March 2012	
			<ul style="list-style-type: none"> <li>Gaps in provision for disabled people are identified</li> </ul>	WER	March 2012	

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
			<ul style="list-style-type: none"> <li>A disability inclusive post is established to co-ordinate activity</li> </ul>	+£ Partners hip funds	March 2012	
			<ul style="list-style-type: none"> <li>Improved and increased community and disabled group partnerships are in place</li> </ul>	WER	Ongoing, reviewed annually	
			<ul style="list-style-type: none"> <li>Inclusive Fitness Initiatives standards are included within the refurbishment of Ironmonger Row Baths</li> </ul>	WER	Ongoing, reviewed annually	
			<ul style="list-style-type: none"> <li>Key actions in the new Inclusive &amp; Active 2 PAI Disabled Sports Network Action Plan are delivered on target and within timescales agreed</li> </ul>	+£TBC	Ongoing from Jan 2012	
			<ul style="list-style-type: none"> <li>The learning from the Inclusive Fitness Initiative's implementation at Ironmonger Row Baths is transferred to other Aquaterra sites</li> </ul>	WER	Ongoing, reviewed annually	
3.4	<b>Increase provision in U18 sports by developing a Free Youth Sports Programme</b>	Mark Christodoulou – LBI LEIS Michael MacNeill – IFDP PAI WDG	<ul style="list-style-type: none"> <li>A Youth Sports development post is created, jointly funded by LBI/AQT</li> </ul>	+£300k Council Growth funding	July 2009	
			<ul style="list-style-type: none"> <li>An annual youth programme is developed</li> </ul>	As above	July 2009	
			<ul style="list-style-type: none"> <li>A youth coach leadership</li> </ul>	As above	July 2009	

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
			programme is developed			

## 4 Planning for Children and young people

Co-ordinating leads: Jane Winterbone, London Borough of Islington and Wendy Bristow, London Borough of Islington

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
4.1	<b>Deliver youth focused sport and physical activity opportunities and programmes ensuring links and synergies are made between them</b>	Dan Jarvis- LBI LEIS Michael Macneill – IFDP John MacKinnon – - A2S	<ul style="list-style-type: none"> <li>Youth hubs are developed and the number of youth sports activities available increase</li> </ul>	+£ funding identified through LBI	July 2010 and ongoing	
			<ul style="list-style-type: none"> <li>Sportivate targets are achieved</li> </ul>	WER	March 2012	
			<ul style="list-style-type: none"> <li>The number of young people exiting from youth provision into sports clubs increases</li> </ul>	WER	Ongoing, reviewed annually	
			<ul style="list-style-type: none"> <li>The number of sports club coaches involved in delivery in youth club settings increases</li> </ul>	WER	Ongoing, reviewed annually	
			<ul style="list-style-type: none"> <li>An integrated plan for young people's activity for the borough is developed</li> </ul>	WER	Ongoing, reviewed annually	
4.2	<b>Continue the exit strategy for free swimming</b>	Mark Christodoulou – LBI LEIS Vicki David - AQT	<ul style="list-style-type: none"> <li>The exit strategy for free swimming is developed</li> </ul>	WER	By March 2012	
			<ul style="list-style-type: none"> <li>Islington Swimming development plan is created and implemented</li> </ul>	WER	By March 2012	
			<ul style="list-style-type: none"> <li>The Free Swimming Lesson programme is expanded</li> </ul>	WER	By March 2012	
4.3	<b>Deliver key play strategies and improvements in play provision for children and young people</b>	Christine Lehmann - LBI – YPCS	<ul style="list-style-type: none"> <li>Play provision increases across Islington</li> </ul>	WER	March 2011 and ongoing	
			<ul style="list-style-type: none"> <li>The quality of Islington's play areas improves</li> </ul>	WER	Ongoing, reviewed	

					annually	
			<ul style="list-style-type: none"> <li>There is increased uptake of play opportunities by targeted groups</li> </ul>	WER	Ongoing, reviewed annually	
			<ul style="list-style-type: none"> <li>Satisfaction among children and young people with their play areas (National Indicator 199) improves</li> </ul>	WER	Ongoing, reviewed annually	
4.4	<b>Develop more intergenerational activity e.g. swimming for non swimming parents and their children</b>	Chris Mitchell – LBI YPCS	<ul style="list-style-type: none"> <li>An increased range of inter-generational opportunities is provided</li> </ul>	+£ TBC	By March 2012	
4.5	<b>Increase the number of children's centres working within the healthy children's centre programme</b>	Helen Cameron – CE@I	<ul style="list-style-type: none"> <li>An increased number of Children's Centres are involved in the healthy children's centre programme</li> </ul>	WER	Ongoing, reviewed annually	
4.6	<b>Develop programmes of support for parents/carers to be physically active with their young (0-5 yrs) children</b>	Verena Thompson - NHSI	<ul style="list-style-type: none"> <li>An increased number of staff are confident to deliver physical activity programmes</li> </ul>	WER	By March 2012	
		Children's Services	<ul style="list-style-type: none"> <li>An increased number of programmes of support are being provided</li> </ul>	WER	By March 2012	

## 5 Working with Schools, Colleges and Universities

Co-ordinating leads: Sarah Fretwell, CE@Islington and Jonny Davey, Building Schools for the Future

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
5.1	<b>Improve access to educational sports facilities for local community groups and organisations</b>	Pete Jones – CE@I	<ul style="list-style-type: none"> <li>An audit of community access to education facilities is completed</li> </ul>	WER	By March 2012	
			<ul style="list-style-type: none"> <li>An increased number of education facilities establish extended hours timetables</li> </ul>	WER	By March 2012	
5.2	<b>Increase sports competition between schools</b>	SSP	<ul style="list-style-type: none"> <li>There is a 5% increase in inter school competition annually</li> </ul>	WER	Ongoing, reviewed annually in October	
5.3	<b>Implement the new enhancement programme for healthy schools</b>  <b>Change to: Implement the new, local healthy schools programme.</b>	Helen Cameron – CE@I	<ul style="list-style-type: none"> <li>6 schools have met the requirements of the enhanced Healthy Schools Programme</li> </ul>	+£ Local Area Agreement	By March 2012	
5.4	<b>Continue to implement school travel plans</b>	Liz Wathen LBI – SM	<ul style="list-style-type: none"> <li>School Travel Plans (STP) have been developed and approved at 100% of schools across the borough</li> </ul>	WER	By March 2012	
5.5	<b>Develop new apprenticeship opportunities</b>	Catherine Wright - LBI Strategy & Partnership	<ul style="list-style-type: none"> <li>Youth work Apprenticeship opportunities are developed in line with Islington council's apprenticeship scheme.</li> </ul>	+£ 14-19 Partnership Council apprenticeship funding	By December 2010	
			<ul style="list-style-type: none"> <li>Active Leisure and Learning Youth Apprenticeships are develop</li> </ul>	WER	By December 2010	

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
			through Islington Council's Apprenticeship scheme			
			<ul style="list-style-type: none"> <li>Active Leisure and Learning Youth Apprenticeship opportunities are created with local sport and leisure providers</li> </ul>	WER	By July 2011	
			<ul style="list-style-type: none"> <li>Exploit funding opportunities and address key areas of the strategy Active Leisure and Learning employers across London, Delivery Plan 2009-12.</li> </ul>	WER	Ongoing, reviewed annually	
5.6	<b>Further develop the 5-16 years school offer for physical activity</b>	Sarah Fretwell – CE@I	<ul style="list-style-type: none"> <li>The annual % of 3 hour school uptake by 5-16 year olds increases (from baseline published in October 2009)</li> </ul>	+£ Local Area Agreement/ NHSI	Ongoing, reviewed annually in October	

## 6 Enabling an active community

Co-ordinating leads: Ashley Baker – Finch, London Borough of Islington

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
6.1	<b>Promote active travel through campaigns, events and champions and through the implementation of the council's walking, accessibility action plan and transport plan.</b>	Ashley Baker-Finch - LBI SPT	<ul style="list-style-type: none"> <li>The number of walking trips increases (2011 figures to show an increase on 2001 levels - STS target 25% increase)</li> </ul>	WER	Ongoing to 2012, reviewed annually	
			<ul style="list-style-type: none"> <li>The number of cycling trips increases (2011 figures to show an increase on 2001 levels - STS target 80% increase)</li> </ul>	WER	Ongoing to 2012, reviewed annually	
			<ul style="list-style-type: none"> <li>Attendance at active travel events increases along with the number of attendees feeding back that they will be more physically active</li> </ul>	WER	Ongoing to 2012, reviewed annually	
6.2	<b>Promote physical activity and encourage broader participation through offering more choice and through physical activity promotional campaigns and champions using and building on existing campaigns where possible.</b>	PAI Communication Sub-group	<ul style="list-style-type: none"> <li>Campaigns, events and programmes are delivered targeted at people most in need of access to information, facilities and/or resources to support their participation in physical activity (e.g. BME, older people, mental health service users, learning disability etc.)</li> </ul>	WER	Ongoing to 2012, reviewed annually	
			<ul style="list-style-type: none"> <li>A wider range of activities are taking place in a broader range of venues</li> </ul>	WER	Ongoing to 2012, reviewed annually	
			<ul style="list-style-type: none"> <li>The level of feedback from campaigns increases along with the number of respondents indicating that they will be more physically active</li> </ul>	WER	Ongoing to 2012, reviewed annually	

## 7 Promoting a healthy workplace

Co-ordinating leads: Verena Thompson, NHS Islington and Dan Jarvis/Karen Corbisiero, London Borough of Islington

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
7.1	<b>Develop a network of workplace based link staff in workplaces to take activities into the workplace</b>	LBI - Karen Corbisiero	<ul style="list-style-type: none"> <li>Staff are supported to participate in the Staff Health and Wellbeing Forum, as evidenced by regular attendance at Forum meetings</li> </ul>	WER	Ongoing March 2012	
			<ul style="list-style-type: none"> <li>Members of the Health and Wellbeing Forum circulate information to staff at their respective organisations regarding health and wellbeing opportunities e.g. 5K Your Way; National Walk to Work Week</li> </ul>	WER	Ongoing March 2012	
			<ul style="list-style-type: none"> <li>Workfit website is maintained and used to promote health and wellbeing messages to staff and signpost to opportunities</li> </ul>	WER	Ongoing March 2012	
			<ul style="list-style-type: none"> <li>A buddying system is established within the Staff Health and Wellbeing Forum</li> </ul>	WER up to 2011	Ongoing March 2012	
7.2	<b>Develop a walking scheme for Islington employees</b>	LBI - Karen Corbisiero	The current walking scheme is continued and developed	WER	Ongoing March 2012	
7.3	<b>Promote staff discounts under IZZ card</b> which can also be used at London Fitness Network Centres	Mary Brown - AQT LBI - Karen Corbisiero	<ul style="list-style-type: none"> <li>The number of staff purchasing IZZ cards increases</li> </ul>	WER	Ongoing March 2012	
			<ul style="list-style-type: none"> <li>The number of staff actively using IZZ cards increases</li> </ul>	WER	Ongoing March 2012	

## 8 Promoting Health and Wellbeing

Co-ordinating lead: Verena Thompson, NHS Islington and Mary Brown, Aquaterra Leisure

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
8.1	<b>Use local intelligence to inform service planning for target audiences</b>	Verena Thompson - NHSI	<ul style="list-style-type: none"> <li>Target groups are identified using the data provided by the following sources:               <ul style="list-style-type: none"> <li>- Active People Survey</li> <li>- Sport England segmentation analysis</li> <li>- C4L segmentation analysis</li> <li>- Exercise on Referral data</li> <li>- Local social marketing initiatives</li> <li>- Promoting activity toolkit</li> <li>- Health Survey for England</li> <li>- Joint Strategic Needs Assessment</li> </ul> </li> </ul>	WER	Ongoing, reviewed annually	
8.2	<b>Deliver health promotion and training to key professionals</b>	Verena Thompson - NHSI	<ul style="list-style-type: none"> <li>An increased number of training programmes are delivered to local staff e.g. health care professionals, sports coaches and community workers</li> </ul>	WER to 2012	Ongoing, reviewed annually	
8.3	<b>Deliver targeted action to reduce obesity and disease caused by physical inactivity</b>		<p><b>Early years</b></p> <ul style="list-style-type: none"> <li>A social marketing initiative is implemented to promote healthy weight amongst pregnant women</li> <li>Support is provided for parents on active play via Children Centres</li> </ul>	WER to 2012	<p>March 2012</p> <p>Activity mainstreamed by March 2010 then ongoing</p>	

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
			<p><b>Children and young people</b></p> <ul style="list-style-type: none"> <li>A social marketing initiative is developed to increase physical activity and healthy eating among young people</li> <li>Weight management support is provided for overweight and obese children and young people and their families through the MEND and NEW Start programmes</li> <li>Opportunities to participate continue to be provided to non-sporty children identified in the PESSCL survey</li> </ul>	WER to 2012	<p>March 2012</p> <p>MEND ongoing until 2011</p> <p>NEW Start pilot October 2009</p> <p>Ongoing until 2011</p>	
			<p><b>Adults</b></p> <ul style="list-style-type: none"> <li>The Exercise on Referral scheme is revised and re-commissioned</li> <li>An adult weight management scheme is commissioned.</li> </ul>	WER to 2012	<p>July 2011</p> <p>Ongoing until 2012</p> <p>Ongoing until 2012</p>	
8.4	<b>Promote obesity and physical activity care pathways and encourage increased take up of services from target communities</b>	Verena Thompson - NHSI	<ul style="list-style-type: none"> <li>Obesity care pathways are developed for secondary school and for maternal obesity</li> </ul>	WER to 2012	March 2012	
			<ul style="list-style-type: none"> <li>A review of existing care pathways for early years, primary school and adults is completed</li> </ul>	WER to 2012	March 2012	
			<ul style="list-style-type: none"> <li>Links between NHS health checks, Let's Get Moving and adult obesity</li> </ul>	WER to 2012	March 2012	

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
			care pathways are established			
			<ul style="list-style-type: none"> <li>Develop, implement and evaluate pilot projects to use physical activity for stroke and cancer rehabilitation</li> </ul>	WER to 2012	March 2012	
8.5	<b>Develop physical activity and sport opportunities within mental health settings and among service users</b>	Keith McCoy C&I Foundation	<ul style="list-style-type: none"> <li>Current baseline of activity by and for mental health users is established</li> </ul>	WER	By August 2010	
			<ul style="list-style-type: none"> <li>Physical activity is being profiled as a means of well being</li> </ul>	WER	By August 2010	
8.6	<b>Increase older people's participation in physical activity</b>	Ben Harding – AQT	<ul style="list-style-type: none"> <li>The number of older people (60+) attending swimming lessons increases</li> </ul>	WER	Ongoing March 2012	
			<ul style="list-style-type: none"> <li>'Ever Active' magazine is used as a vehicle for health promotion for older people</li> </ul>	WER	Ongoing March 2012	

## 9 Sports development and the Olympic opportunity

Co-ordinating leads: Mark Christodoulou, London Borough of Islington and John MacKinnon, Access to Sports

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
9.1	<b>Confirm the key organisations working in sports development across Islington and clarify their objectives and function</b>	Mark Christodoulou - LBI LEIS John Mackinnon- A2S	<ul style="list-style-type: none"> <li>Islington Sports Development Working Group to meet regularly and ensure effective and joined up delivery</li> </ul>	WER	March 2012	
9.2	<b>Develop and sustain sports development programmes, outreach coaching programmes and competition structures in the Olympic, Paralympic and other key sports</b>	John MacKinnon- A2S Michael MacNeil – IFDP Dan Jarvis – LBI LEIS	<ul style="list-style-type: none"> <li>Existing provision and gaps in community sports activities are identified</li> </ul>	WER	March 2012	
			<ul style="list-style-type: none"> <li>2 sports development plans in Olympic, Paralympic and other key sports are produced and implemented each year</li> </ul>	WER	Ongoing, reviewed annually	
			<ul style="list-style-type: none"> <li>Coaching and competition programmes are delivered on local estates and in local leisure centres, community venues and parks</li> </ul>	+£100k	March 2012 and ongoing	
			<ul style="list-style-type: none"> <li>Action is taken to remove barriers to access for clubs and sports providers</li> </ul>	WER	Ongoing, reviewed annually	
9.3	<b>Deliver a comprehensive programme of education, training and support for new and existing coaches and the wider sport and physical activity workforce (paid and voluntary)</b>	John MacKinnon- A2S Mike Sheriff - IVAC LBI – WDG	<ul style="list-style-type: none"> <li>A minimum of 10 CPD courses are provided per year in Islington to support local voluntary clubs and coaches</li> </ul>	WER	Ongoing, reviewed annually	
			<ul style="list-style-type: none"> <li>The number of people engaged in coaching course qualifications increases 5% year on year</li> </ul>	+£100k	Ongoing, reviewed annually	

No.	Action	Lead	Measurable outcome	Resources	Timescale	Quarterly update
			<ul style="list-style-type: none"> <li>Increased vocational opportunities for local people, including young people, are provided</li> </ul>	As above	March 2012 and ongoing	
			<ul style="list-style-type: none"> <li>A coordinated volunteering programme is developed in conjunction with the IVA review of volunteering in Islington</li> </ul>	+£TBC	March 2012 and reviewed annually	
			<ul style="list-style-type: none"> <li>The number of adults and young people actively involved in sports volunteering increases</li> </ul>	+£TBC	Ongoing, reviewed annually	
			<ul style="list-style-type: none"> <li>The number of volunteers and coaches being mentored increases</li> </ul>	+£TBC	Ongoing, reviewed annually	
9.4	<b>Promote the elite athlete bursary scheme</b>	Dan Jarvis – LBI LEIS Mary Brown - AQT	<ul style="list-style-type: none"> <li>The take up of bursaries by elite athletes increases</li> </ul>	WER	Ongoing, reviewed annually	
			<ul style="list-style-type: none"> <li>Aquaterra's 'free pass' to Elite Performers membership is launched</li> </ul>	+£TBC	Ongoing, reviewed annually	
9.5	<b>Establish 'Advanced level' (performance) sessions in key sports in quality venues across the borough</b>	NGB's delivering through whole sport plans	<ul style="list-style-type: none"> <li>The number of 'Advanced sessions' in key sports increases</li> </ul>	+£TBC	March 2012	
9.6	<b>Capitalise on the use of the Sobell leisure centre as an Olympics training venue</b>	Mark Christodoulou – LBI Leis	<ul style="list-style-type: none"> <li></li> </ul>	WER	March 2012	