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ISLINGTON

Greenspace and Leisure

Events Diary

March-June 2008



ACTIVITY DATES FOR YOUR DIARY!

INTRODUCTION

Welcome to the latest edition of the Greenspace and Leisure Events Diary which covers activities and events taking place from March until the end of June 2008.

There are various activities to suit a range of people of all ages. Where possible contact details have been included for people to get in touch and find out more information.

The activities and events in this guide offer a range of opportunities to keep you healthy and active.

The events can help you to feel more energetic and better about yourself and give you more confidence.

Although it may still be chilly there is still much to enjoy in Islington's parks and open spaces, so wrap up warm and get out there and enjoy what the Islington outdoors has to offer.

To avoid disappointment we recommend you book in advance for some activities. Please refer to the listing for details.

We may also be able to support you in developing your event. We are especially interested in developing events run by ethnic community groups and disabled people's groups.



The council is working with Disability Action in Islington to make the Greenspace and Leisure events as inclusive as possible. This includes improving the access to our open spaces. We want to encourage disabled people and the Deaf community to use their local park and to take part in activities. We can provide sign language interpreters with notice and will do our best to meet peoples access needs. See the back page for details on how to contact us.

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All Islington Council rangers who lead on workshops, activities or events have been approved to work with children through the appropriate authorities and have taken part in Disability Equality Training.

Photographs may be taken by Islington Council representatives for promotional purposes during activities and events. If you do not wish to have your photo taken you must make the photographer aware at the beginning of the activity.

Every effort has been made to include as many events and activities as possible. Look out for further information in your local park or open space.

For travel details and map see the back pages. You can also look on our website: www.islington.gov.uk

To receive this leaflet in the future, join our free mailing list, advertise an event in future editions or if you want to comment on this diary, please see the back page for contact details.

You can also let us know if you would like to receive the diary in a different format.

GOOD NEWS

Working with Disability Action in Islington

The council is working with Disability Action in Islington to make the Greenspace and Leisure events as inclusive as possible. This includes improving the access to our open spaces. We want to encourage disabled people and the deaf community to use their local park and to take part in activities. We can provide sign language interpreters on request and will do our best to meet people's access needs. ■



Islington is 'Getting Set' for London 2012

Sobell Centre

Wednesday 19 March, 11am-3pm
FREE

2008 is going to be an exciting year. The Olympics and Paralympics pass over to London from Beijing this summer and to mark the occasion from March onwards, there will be a wide range of new activities and sports. The first date for your diary is Wednesday 19th March when the official, London 2012 and London Development Agency, 'Get Set' interactive roadshow comes to Islington. Drop into the Sobell Centre during the day and use the latest high tech equipment to find out how fit you are and test your coordination skills. Find out about what activities are available and clubs in your area to suit you, whatever your fitness level or ability.

You may also be able to meet former Olympians and ask about how to get started in a sport or activity that interests you or what to do if you or someone you know has a particular sporting skill they want to develop.

'Get Set Islington' is just the first of many local 'Olympics Projects' that will be going on between March and the end of June. During the Easter school holidays there will be opportunities to try out Olympic and Paralympic sports you might not have tried before as part of:

'Community Games' at sports centres and parks in and around some of the borough's housing estates.

There will also be a programme of Community Games during the school summer holidays including the launch of the Islington Community Cup, a football competition for teams of girls and boys of all ages and abilities from local housing estates.

In summer, the **Pro Active Festival** at the Arsenal Podium outside the Arsenal Emirates Stadium, will include events and activities with an Olympic and Paralympic theme.

Also coming to Islington is the opportunity to hold one of the actual **Olympic Torches** used in 1948, the last time the Games were held in London.

While holding the Olympic Torch you will be able to make a pledge to achieve a personal goal or aspiration - for example to exercise more or to eat more healthily. If you succeed, you will receive a certificate from a former Olympian or Paralympian to mark your achievement.

In our schools, special medals will be awarded to children selected to take part in the finals of the inter-school athletics and swimming competitions.

Later in the year, the Islington 14-19 Partnership plan to select a small number of young Islington learners for a once-in-a-lifetime opportunity to visit Beijing, experience and learn about the Chinese culture and what it is like to be in the Olympic and Paralympic host city in the year of the Games.



Whatever your sporting interest, whether as a participant, a parent or a volunteer in a local club or youth group, Islington's Olympic programme will offer something for you. Keep a look out for further details of activities at venues near you. ■

Spa Fields New Community Space
Phase three of the Spa Fields project has now been completed. Within the new park building is the ranger teams office and a new community space - open for hire to local groups. This facility will be free of charge if your group is non-profit making. Please contact the ranger on **07825 098459** for further information. ■



The Ecology Centre goes Carbon Neutral

Islington's Ecology Centre is about to become the council's first carbon neutral building. The centre's biomass boiler will use wood chip from sustainable sources to supply its heating instead of natural gas. This combined with the centre's other features such as its wind turbine and solar powered systems will mean it becomes one of the most sustainable buildings in the borough. For more information on the centres environmental

features or how you can make your building more sustainable contact the centre on 0207 354 5162 or ecologycentre@islington.gov.uk ■





King Henry's Walk

After almost three years of planning and hard work, King Henry's Walk Garden is now open. This spring will see a sustained programme of planting being carried out, and a series of workshops will be led by Caroline Foley, author of 'Practical Allotment Gardening' including a special springtime workshop with BBC Gardener's World gardener Joe Swift, who is a patron of the garden.

58 growing plots approximately six square metres in size have been allocated to interested members of the public in the Mildmay Ward of Islington to grow their own fruit, vegetables and flowers.

The garden is a greenspace success story for Islington: In 2005 Islington Council Greenspace and Leisure Department consulted the local community about what they wanted from a disused site tucked behind King

Henry's Walk Adventure Playground. A community garden was decided upon and a dedicated committee of volunteers has since raised over £170,000 to design and create the garden including raised beds, communal area, accessible communal building (with sedum roof), greenhouse, a rainwater collection system and also to manage its own small woodland which is graded as a 'site of borough importance'.

The garden is open to the public between 12pm and 4pm on Saturday afternoons and from 10am to 3pm on Wednesdays. Residents of the Mildmay Ward are invited to apply to become keyholders and plotholders.

See www.khwgarden.org.uk for details. The building is available for hire for meetings c/o rsvp@khwgarden.org.uk at £20 per hour. ■

ONGOING EVENTS AND ACTIVITIES

Mid-week Conservation Volunteers

Various Nature Conservation Sites
Every Thursday, 10am–3.30pm

Come and join the mid-week conservation volunteers as they carry out a wide range of practical tasks on Islington's nature reserves. Tasks range from scything to hedge laying all of which are fully supervised. You don't need to have previous experience just a love of the outdoors with good company and humour. Please bring suitable outdoor clothes and stout footwear. Other protective equipment is provided. Come for all or part of the day. A contribution towards travel and lunch expenses is provided. Contact Islington Ecology Centre on 020 7354 5162 or ecologycentre@islington.gov.uk for a full programme. Suitable for adults only.



Sunnyside Community Garden Food Market

Hazellville Road, N19 3LX
Every Saturday, 10am–3pm

An organic food market selling fruit and veg, bread, cheese and lots more.

No need to book – just turn up on the day.



Yoga at the Islington Ecology Centre

Islington Ecology Centre
Thursday 6pm–7.30pm and
7.40pm–9.10pm

Come and enjoy yoga in the perfect setting. Classes draw on various traditions of yoga with an emphasis on breathing and gravity. If you fancy a challenging or a quiet session we can provide both.

This class caters for all abilities and allows you to practice at your own level.

£7 / Concessions £5.

Drop in sessions, no need to book.

For more information contact Islington Ecology Centre on 020 7354 5162 or ecologycentre@islington.gov.uk

Suitable for adults only.

Tai Ji Quan – Yang Style

Islington Ecology Centre
Wednesdays, 7pm–9pm

Traditional Yang family style Tai Ji Quan combines health and relaxation with self-defence. Learn to harmonise mind and body. Develop flexibility whilst reducing tension and stress. Also the class offers Qi Gong exercises enabling students to increase self-awareness, concentration and fitness.

£9 / Concession £7.

Booking is essential. Please contact William Harrop on 07706 793664 for more information and to book.

Suitable for adults only.



WEEKLY WALKS



Walking is great for your health and happiness! Joining a walking group is a fantastic way to enjoy the great outdoors, get fit and simply enjoy yourself. Everyone is welcome on the walks, particularly older people and anyone new to fitness. The walks are led by qualified leaders and are free. Wear comfortable shoes and bring a small bottle of water with you. For more information on any of the health walks listed please contact Emma Charlton on **020 7527 2626** or **emma.charlton@islington.gov.uk**

Archway Walks

Weekly on Thursday, 11am-12noon

Meet at Archway Leisure Centre reception, Macdonald Road, N19.

Buses to Archway:
C11, W5, 4, 17, 41, 210.

EC1 Walks

Fortnightly walks
Second and fourth Thursday of each month, 11am-1pm

Meet at St. Luke's Centre, 90 Central Street, London EC1V.

Buses to St. Luke's:
4, 55, 56, 153, 243, 394.

Please note the walk on the second Thursday of the month is of the local area (allow one hour) and the walk on the fourth Thursday of the month is to other parts of central London and may involve using local buses (allow two hours).

Finsbury Park on Foot

Weekly on Wednesday
10.30am-11.45am

Meet at Sobell Leisure Centre reception, Hornsey Road, N7.

Buses to Sobell: 4, 19, 29, 41, 91, 153.

Caledonian Canal Walk

Every Monday (except Bank Holidays)
10.30am-11.30am

Meet at Jean Stokes Hall, Carnoustie Drive, Bemerton Estate, N7.

Buses: 17, 91, 259, 274.



MARKETS

Islington's street markets provide a huge range of choice. There are four main street markets which between them have been serving local people for well over 350 years!

Chapel Market

Chapel Market at the Angel is the largest in the borough, with around 100 stalls, selling food, clothes, books, music, shoes, stationery, jewellery, accessories and lots more besides. Chapel Market is a must for shoppers with stamina!

Opening times:

Tuesday to Saturday: 9am-6pm

Sunday: 8.30am-4pm

N1 Centre – French Market

A French Market takes place regularly, selling a range of continental goods.

The next one takes place from 9-11 May.

Opening times: 10am-5pm

Archway Market

Archway Market, which takes place every Thursday and Saturday, has recently moved to the corner of St. John's Grove and Holloway Road, selling a range of organic and speciality food, hand crafted jewellery, fashion, books and lots more.

Opening times: Thursday: 12pm-5pm

Saturday: 10am-5pm



Whitecross Street Market

The oldest market in the borough is at Whitecross Street near Old Street. Its monthly food market has become a regular haunt for serious foodies. You can taste the delights of food from across the globe.

Food markets run the first weekend of the month: 7-8 March, 4-5 April, 2-3 May, 6-7 June.

The general market runs every Monday to Friday, and has a range of products on offer, including food, books, music, jewellery and DIY essentials.

Opening times: 10am-5pm

Exmouth Market

Exmouth Market, off Farringdon Road, runs from Monday to Saturday. It has up to 20 stalls, selling a great range of food, clothes, jewellery and books.

Opening times: 9am-6pm

Nag's Head

Nag's Head Market is located off Seven Sisters Road and is open seven days a week. There is a wide range of new and second hand goods on offer, including fabrics, clothing, jewellery, hot food, household products, and fresh meat, fish and vegetables.

Opening times:

Monday to Saturday: 7am-6.30pm

Sunday: 7am-2pm

A weekly car boot market takes place in Grafton Primary School (Hercules Place, off Seven Sisters Road) every Saturday and Sunday.

Opening times: Saturday: 8am-4pm

Sunday: 10am-2.30pm

A French market, selling a range of cured meats, cheeses, leather goods, speciality olives, soaps and much more, visits the Nag's Head three times a year. The next market will be running from 7-9 March.

Opening times: 9am-6pm each day



MARCH

If you would like more information about the access to any of these events, or want to talk to someone then please contact us by phone, typetalk, e-mail or fax.

Happy Heart Walks

Treat your heart on a series of five walks in March. Older people and anyone who hasn't exercised for some time is particularly welcome. Learn how to get fit and improve your heart health whilst enjoying lovely local parks and the company of fellow walkers.

The walks are led by qualified fitness instructors. Participants are advised to arrive 10 minutes prior to the advertised start time, wear comfortable shoes and bring a small bottle of water. Any walkers with health concerns should consult their GP before coming on their first walk. Refreshments and blood pressure checks available after the first and final walks!

For more information on any of the health walks listed please contact Emma Charlton on 020 7527 2626 or emma.charlton@islington.gov.uk

Whittington Park

Friday 7 March, 11am-1pm

Includes post walk health checks and refreshments. Meet at Manor Gardens training room, 6-9 Manor Gardens, N7.

Buses: 4, 17, 29, 43, 91, 254, 279 .

Parliament Hill Fields

Thursday 13 March, 11am-12 noon

Meet at Archway Leisure Centre (reception area), MacDonald Road, N19.

Buses: C11, W5, 4, 17, 41, 210.

Regents Canal

Monday 17 March, 10.30-11.30am

Meet at Jean Stokes Hall, Carnoustie Drive, Bemerton Estate, N7.

Buses: 17, 91, 259, 274.

Finsbury Park

Wednesday 19 March, 10.30-11.45am

Meet at Sobell Leisure Centre reception, Hornsey Road, N7.

Buses: 4, 19, 29, 41, 91, 153.

Highbury Fields

Friday 28 March, 11am-1pm

Includes post walk health checks and refreshments. Meet at Central Library, 2 Fieldway Crescent (off Holloway Road), N7.

Buses: 17, 43, 271, 393.



Community Training for Islington Park Users

Basic and Emergency First Aid

Islington Ecology Centre
Saturday 1 March, 9.30am–4.30pm
Free

To book your place or for further information please call 020 7527 3288/4953 or e-mail supportservices@islington.gov.uk
Please let us know about your access or support needs and we will do our best to meet them.

Native Tree Planting

Paradise Park
Sunday 2 March, 10.30am–1pm
Free

Come and join Paradise Park volunteers in planting a variety of native tree species to improve the biodiversity of the park. Wear sturdy shoes and suitable clothing. Gloves and all tools provided. No need to book.

Meet by the astroturf pitch. For more information please contact the ranger on 07825 098453.



Afternoon Gardening

Culpeper Open Space
Monday 3 March, 1.30pm–4pm
Free

The ranger and garden workers are holding a regular gardening session to improve the border bed with Culpeper Gardens. Come and meet new people, learn new skills and enjoy gardening through the seasons. No experience necessary, all ages welcome, refreshments are provided.

For more information please contact the ranger on 07825 098460 or Culpeper Garden Workers on 020 7833 3951.

Fairtrade coffee morning and Women's Environmental Network Speaker

Green Living Centre
Wednesday 5 March, 11am–2pm
Free

A speaker from 'The Women's Environment Network' is speaking on:

Women's Manifesto on Climate Change and how climate change affects women differently than men.

Fairtrade refreshments will be provided as part of 'Fairtrade fortnight.'

For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk

Community Training for Islington Park Users

Running Practical Events
in your local park

BTCV Office, 80 York Way,
Kings Cross, N1 9AG
Saturday 8 March, 9.30am-4.30pm
Free

To book your place or for further information please call 020 7527 3288/4953 or e-mail supportservices@islington.gov.uk Please let us know about your access or support needs and we will do our best to meet them.



Community Gardening Session

Quaker Gardens, meet in front of
the Quaker Meeting House, just off
Bunhill Row

Sunday 9 March, 12noon-2pm
Free

Please join us for a fun and informal gardening session in the relaxing and historic Quaker Gardens. We will be improving the wildlife garden and learning about the plants and creatures that live there at the same time.

Some refreshments will be provided free of charge but participants are also encouraged to bring food for a 'bring and share' lunch. Please advise of any specific or unusual dietary requirements.

The event is subject to change so although booking is not necessary it is recommended to ring in advance to check it is still taking place. For more information please contact Heather Stabler on 0207 608 8549/ 07983 508 076 or e-mail hstabler@ec1newdeal.com

Kite Making

Royal Northern Gardens
Sunday 9 March, 2pm-4pm
Free

All materials will be provided to help you make your own kites. This event is suitable for all children under 10 years of age and their parents/guardians. No need to book - just turn up on the day. For more information please contact the ranger on 07825 098454.

Nappuccino Coffee Morning

Green Living Centre
Wednesday 12 March,
10.30am-12.30pm
Free

Come along and find out about the advantages of using real cloth nappies and how to apply for your real nappy voucher.

No booking required, just turn up. Refreshments will be available at the event.

For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk

Composting Workshop

Freightliners Farm,
Saturday 15 March, 11am-12.30pm
Free

Come along to a free workshop to learn how to compost or ask that burning composting question!

Find out what to include in your compost bin to produce beautiful useful compost.

Places are limited and must be booked in advance. Please call Jean Hughes on 020 7527 5157 or e-mail jean.hughes@islington.gov.uk to book your place.



Whittington Park Volunteer Practical Workday

Whittington Park
Saturday 15 March, 11am-1pm
Free

Come and join the Whittington Park volunteers and help improve this much loved local park whilst learning conservation and horticultural skills. These sessions are suitable for adults only. Please wear old clothing and sturdy shoes. Gloves will be provided.

Contact the ranger on 07825 098449 to book a place.

Earth Day Poster Competition Display

Green Living Centre
Monday 17 – Thursday 20 March
9am-5pm daily

See the display of finalists' posters. Come along and see how the young people of Islington think we can reduce the impact we have on our environment.

For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk

Islington Real Nappy Network Nappuccino – Stay and Play

Freightliners Farm,
Wednesday 19 March, 10am-12noon



Come along and find out about the advantages of using real cloth nappies and how to apply for a real nappy voucher. The session allows for

children to stay and play. Please call Jean Hughes on 020 7527 5157 or e-mail jean.hughes@islington.gov.uk to find out more information.

Olden Gardens Volunteer Practical Workdays

Olden Gardens
Saturday 22 March, 10.30am-3.30pm
Free

Come along and volunteer at the first of two spring practical work days at this fantastic community garden. Join the Friends of Olden Gardens on a range of gardening tasks that will help this hidden gem look at its best for the summer. A chance to keep fit with good chat and humour to keep you entertained. Refreshments and tools provided. Wear warm clothes and sensible footwear.

For adults and accompanied older children.

For more information and to book your place please contact Islington Ecology Centre on 020 7354 5162 or ecologycentre@islington.gov.uk

Easter Eggstravaganza

Newington Green
Monday 24 March, 12noon-1.30pm
Free

Time to explore your park with a purpose – to find Easter eggs! If chocolate's not your thing then come and decorate eggs, listen to some Easter stories and play games. Suitable for children under ten years old if accompanied by a parent. Meet at the ranger's gazebo. For more information contact the ranger on 07825 098458.



Save Water Day

Green Living Centre
Tuesday 25 March, 9am-5pm
Free

Water is the most precious substance on Earth. Come along to the Green Living Centre and find out how to save it. Drop in any time to pick up top-tips and a water saving device. For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk

Dr Bike Session

Green Living Centre
Wednesday 26 March
12noon-2pm
Free

The Green Living Centre is holding its first Doctor Bike session! Please come along to find out more about basic bike maintenance and receive tips on safer cycling. For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk



Penn Road Gardening event

Penn Road Gardens
Sunday 30 March
11am-1pm
Free

Road Residents are providing an event for local people to come and work on the garden in Penn Road.

We hope to have the RSPB and others to provide help and advice on encouraging wild life into the green spaces and gardens in the community.

We will be building compost bins and bird boxes as well as carrying out general work.

All materials and tools will be supplied.

Free refreshments will also be offered after the event where you will get a chance to talk to the experts.

Places are free but those wishing to attend should contact Paul or Judy Garvey on 0207 607 8525 so that everyone can be catered for.



APRIL

If you would like more information about the access to any of these events, or want to talk to someone then please contact us by phone, typetalk, e-mail or fax.

Nappuccino Coffee Morning

Green Living Centre
Tuesday 1 April, 10.30am-12.30pm
Free

Come along and find out about the advantages of using real cloth nappies and how to apply for your real nappy voucher. No booking required just turn up. Refreshments will be available at the event. For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk



Film Night – End of Suburbia

Islington Ecology Centre, followed by the Aulde Triangle Pub, Plimsoll Road

Friday 4 April, 6pm-8pm (Film)
at the Ecology Centre

8.30pm onwards at the
Aulde Triangle Pub
Free

See the film that launched the fast-growing Transition Towns movement in the UK. A chance to talk about the ways Islington could grow more of its own food and produce its own power. All ages are welcome and light refreshments will be provided.

For more information contact Islington Ecology Centre on 020 7354 5162 or ecologycentre@islington.gov.uk

This is a joint event between Friends of Gillespie Park, Islington Friends of the Earth and Highbury Community Association.

Community Training for Islington Park Users

Fundraising Workshop
King Henry's Walk Garden, 11c King Henry's Walk, N1 4NX
Saturday 5 April, 9.30am-4.30pm
Free

To book your place or for further information please call 020 7527 3288/4953 or e-mail supportservices@islington.gov.uk
Please let us know about your access or support needs and we will do our best to meet them.



African Art Show and Craft Sale

Islington Ecology Centre
Sunday 6 April,
2pm-5pm
Free entrance

Help people and wildlife in Harare by buying pictures

created by Zimbabwean school children. Learn how to draw lions so they look really scary and choose fabulous craftwork. Then enjoy an African style cocktail (non-alcoholic).

All funds go towards the running costs of Greystone Nature Reserve in Zimbabwe. Non-alcoholic Zimbabwe and Malawi cocktails will be available. This is a family event. For more information contact Islington Ecology Centre on 020 7354 5162 or ecologycentre@islington.gov.uk

Afternoon Gardening

Culpeper Open Space
Monday 7 April, 1.30pm-4pm
Free

The ranger and garden workers are holding a regular gardening session to improve the border bed with Culpeper Gardens. Come and meet new people, learn new skills and enjoy gardening through the seasons. No experience necessary, all ages welcome, refreshments are provided.

For more information please contact the ranger on 07825 098460 or Culpeper Garden Workers on 020 7833 3951.

Easter Holiday Activities

Monday 7 – Friday 18 April

Please check your local park notice boards for details and more information regarding activities taking place throughout the Easter Holidays.

FOOTBALL SESSIONS FOR KIDS

during the Easter Holidays



The football sessions aim to provide young children with facilities and opportunities to play football during the school holidays. The sessions involve structured coaching led by FA qualified football coaches. The following courses must be booked in advance by calling **020 7700 1370** unless otherwise stated.

Gunners in Islington Football Courses – Market Road

Coaching courses for boys and girls aged 7-14 years
Monday 7 April – Wednesday 9 April
10am-3pm
Course FCMR78

Standard Price £26, Izz Card £22,
Izz Card + Conc £17.

Socca Skills – Sobell Leisure Centre

Please call 020 7609 2166 to book this course

Coaching courses for boys and girls aged 5-8 years
Monday 7 April – Friday 11 April
9.30am-11am
Course SSSB77

Coaches encourage young children to learn new techniques and skills, as well as playing small-sided games in a supervised environment.

Standard Price £18, Izz Card £14,
Izz Card + Conc £10.

Gunners in Islington Football Courses – Whittington Park

Girls only activities for those aged 7-15 years
Thursday 10 April – Friday 11 April
10am-3pm
Course GLWP79

Standard Price £18, Izz Card £15,
Izz Card + Conc £12.



Gunners in Islington Football Courses – Whittington Park

Coaching courses for boys and girls aged 7-14 years
Monday 14 April – Friday 18 April
10am-3pm
Course FCWP80

Standard Price £44, Izz Card £37,
Izz Card + Conc £29.

Dr Bike Session

Green Living Centre
Wednesday 9 April, 12noon-2pm
Free

The Green Living Centre is holding a Doctor Bike session! Please come along to find out more about basic bike maintenance and receive tips on safer cycling. For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk

Paper construction challenge – family workshop

Wednesday 9 April
10am-12noon i-recycle centre
2pm-4pm Islington Ecology Centre
Free

Get creative and construct sculptures, towers or even chairs out of old newspapers. Using artist Darcy Turner's special hand-cranked rolling machine to transform old newspapers into useful building materials. All equipment and materials are provided. Suitable for young people aged 5+ and their carers. Booking essential so to book a place call 020 7527 5996/4766 or e-mail irecyclecentre@islington.gov.uk



Scruffs

Elthorne Park
Thursday 10 April, 12.30pm-3.30pm
Free

Islington Council's Greenspace Dog Show returns due to popular demand! It's a party for pooches of all shapes and sizes – but will your puppy have the power on the day? It's National Pet month so why not let your pooch have a go on the doggy assault course. Please ensure you clean up after you dog. FREE to enter – no need to book just turn up on the day.

For more information please contact the ranger on 07825 098450.

Spring Wildflowers

Islington Ecology Centre
Sunday 13 April, 2pm-4pm
Free

At this time of year Gillespie Park Nature Reserve is bursting with life. Come for a gentle stroll looking at and identifying the plants flowering in the park. This event is suitable for adults only. Booking is essential. Please contact Islington Ecology Centre on 0207 354 5162 or ecologycentre@islington.gov.uk

Community Gardening Session

Quaker Gardens, meet in front of the Quaker Meeting House, just off Bunhill Row

Sunday 13 April, 12noon-4pm
Free

Please join us for a fun and informal gardening session in the relaxing and historic Quaker Gardens. We will be helping improving the wildlife garden and learning about the plants and creatures that live there at the same time.

Some refreshments will be provided free of charge but participants are also encouraged to bring food for a 'bring and share' lunch. Please advise of any specific or unusual dietary requirements. The events are subject to change so although booking is not necessary it is recommended to ring in advance to find out what is happening and whether the event is still taking place.

For more information please contact Heather Stabler on 0207 608 8549/ 07983 508 076 or e-mail hstabler@ec1newdeal.com

Art in the Park

Landseer Gardens
Tuesday 15 April, 2pm-4pm
Free

Creative art activities for children under 10 years of age and their parents/guardian. No need to book - just turn up on the day. For more information please contact the ranger on 07825 098454.

Energy Doctor Session

Green Living Centre
Wednesday 16 April, 2pm-5pm
Free

The Green Living Centre is holding another of its regular energy doctor sessions. Please come along to receive advice and information on how to improve the energy efficiency of your home. Staff will be on hand to answer your queries. For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk



Frog Frolics

Islington Ecology Centre
Wednesday 16 April, 2pm-4pm
Cost: £2, concessions 50p

Join us in taking a closer look at the amphibians of Gillespie Park from tadpoles to froglets. Have a go at making a life cycle wheel, or frog mask. The event will include a walk around the park looking for frogs, toads and newts. An event for children aged 5+ accompanied by an adult. Booking is essential. Please contact Islington Ecology Centre on 0207 354 5162 or ecologycentre@islington.gov.uk

Art in the Park

Barnard Park
Thursday 17 April, 2pm-4pm
Free

Creative art activities for children under 10 years of age and their parents/guardian. No need to book - just turn up on the day. For more information please contact the ranger on 07825 098452.

Gardening and horticulture workshops at King Henry's Walk Garden

11c King Henry's Walk (behind the adventure playground), N1 4NX
Saturday 19 April

This workshop will focus on gardening for balconies and small gardening spaces. Please phone 020 7923 9035 or e-mail rsvp@khwgarden.org.uk to book a place and let the organisers know of any special requirements.

Whittington Park Volunteer Practical Workday

Whittington Park
Saturday 19 April, 11am-1pm
Free

Come and join the Whittington Park volunteers and contribute to improving this much loved local park whilst learning a range of conservation and horticultural skills. These sessions are suitable for adults only. Please wear old clothing and sturdy shoes. Gloves will be provided. Contact the ranger on 07825 098449 to book a place.



Greening your home

Green Living Centre
Wednesday 23 April, 6.30pm-8pm
Free

Come along to the Green Living Centre to find out about how you can make your home more eco-friendly. For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk

Olden Gardens Volunteer Practical Workdays

Olden Gardens
Saturday 26 April, 10.30am-3.30pm
Free

Come along and volunteer at the first of two spring practical work days at this fantastic community garden. Join the Friends of Olden Gardens on a range of gardening tasks that will help this hidden gem look at its best for the summer. Refreshments and tools provided. Wear warm clothes and sensible footwear.

For adults and accompanied older children.

For more information and to book your place please contact Islington Ecology Centre on 0207 354 5162 or ecologycentre@islington.gov.uk

MAY

If you would like more information about the access to any of these events, or want to talk to someone then please contact us by phone, typetalk, e-mail or fax.



Biodiversity Month

May is Islington's Biodiversity Month where a range of activities, talks, walks and workshops will be encouraging residents to take a closer look at the Borough's wildlife. Whether it's in one of the borough's nature reserves, parks or even your balcony, Biodiversity Month aims to give you the opportunity to discover wildlife on your doorstep and to get involved in nature conservation.



Dawn Chorus

Islington Ecology Centre
 Sunday 4 May,
 3.30am-6am
 (please note the early start)
 Free

Getting up before dawn is tough but worth the effort at this time of year. Join us for a dawn chorus, a spectacular event sung by the birds of Gillespie Park. A breakfast of tea and toast will be provided and hopefully the birds will be in good voice. This is a family event. Booking is essential therefore please contact Islington Ecology Centre on 0207 354 5162 or ecologycentre@islington.gov.uk

Composting Workshop

Freightliners Farm,
Sunday 4 May, 11am-12.30pm
Free

Come along to a free workshop to learn how to compost or ask that burning composting question!

Find out what to include in your compost bin to produce beautiful useful compost.

Places are limited and must be booked in advance. Please call Jean Hughes on 020 7527 5157 or e-mail jean.hughes@islington.gov.uk to book your place.

Afternoon Gardening

Culpeper Open Space
Monday 5 May, 1.30pm-4pm
Free

The ranger and garden workers are holding a regular gardening session to improve the border bed with Culpeper Gardens. Come and meet new people, learn new skills and enjoy gardening through the seasons. No experience necessary, all ages welcome, refreshments are provided.

For more information please contact the ranger on 07825 098460 or Culpeper Garden Workers on 020 7833 3951.

From Clippings to Compost

Eco-park Compost Centre Visit
Tuesday 6 May, 9.30am-2pm
Free

Come on a tour of the Eco-Park Compost Centre at Edmonton to find out how your food and green waste is recycled. Free transport and lunch is provided, meet at the Green Living Centre. Please note this tour is not suitable for children. Booking essential so to book a place call 020 7527 5996/4766 or e-mail irecyclecentre@islington.gov.uk





Nappuccino Coffee Morning

Green Living Centre
Tuesday 6 May,
10.30am–12.30pm
Free

Come along and find out about the advantages of using real cloth nappies and how to apply for your real nappy voucher.

No booking required just turn up. Refreshments will be available at the event. For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk

Gardening for Wildlife

Green Living Centre
Wednesday 7 May, 4pm–6pm
Free

Ever wondered what that pretty 'weed' was that grows in your garden, or wanted to encourage birds to visit your balcony? Perhaps you are interested in helping butterflies or encouraging visitors to your garden that will eat your garden pests. Islington's Nature Conservation Team will be there to answer your wildlife gardening questions. There will also be the opportunity to take away your own recycled plant pot including compost from our recycling centre and wild flower seeds. This event is suitable for adults and families. For more information contact Islington Ecology Centre on 0207 354 5162 or ecologycentre@islington.gov.uk

Compost clinic – meet the compost doctor

Green Living Centre
Thursday 8 May, 4pm–6pm
Free

Want to start composting but don't know how? Or are you having trouble with your compost bin?

Visit the compost clinic and speak to the compost doctor to get helpful tips and advice on composting. No need to book, just drop in! For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk



Composting Workshop

Culpeper Gardens
Saturday 10 May, 11am-12.30pm
Free

Come along to a free workshop to learn how to compost or ask that burning composting question!

Find out what to include in your compost bin to produce beautiful useful compost.

Places are limited and must be booked in advance. Please call Jean Hughes on 020 7527 5157 or e-mail jean.hughes@islington.gov.uk to book your place.

Gardening and horticulture workshop at King Henry's Walk Garden

11c King Henry's Walk (behind the adventure playground), N1 4NX
Saturday 10 May

This workshop will focus on growing beans. Please check website for more details and exact times: www.khwgarden.org.uk. There is a request that an affordable donation be given to the running costs of the garden (suggested £5). Refreshments will be provided and the garden and building are completely accessible for wheelchair users (including the WC). Please phone 020 7923 9035 or e-mail rsvp@khwgarden.org.uk to book a place and let the organisers know of any special requirements.

Annual Spring Plant Sale

Culpeper Gardens
Sunday 11 May, 11am-3pm
Free entrance

There will be lots of herbaceous perennials raised at the garden, house plants grown by Culpeper members, and a good range of unusual vegetable seedlings ready to plant out on sale. Enjoy tea and homemade cakes, the friendly atmosphere of Culpeper and go home with lots of bargains. For more information please contact the garden workers on 020 7833 3951.



Community Gardening Session

Quaker Gardens, meet in front of the Quaker Meeting House, just off Bunhill Row

Sunday 11 May, 12noon-2pm

Free

Please join us for a fun and informal gardening session in the relaxing and historic Quaker Gardens. We will be helping improving the wildlife garden and learning about the plants and creatures that live there at the same time.

Some refreshments will be provided free of charge but participants are also encouraged to bring food for a 'bring and share' lunch. Please advise of any specific or unusual dietary requirements.

The events are subject to change so although booking is not necessary it is recommended to ring in advance to find out what is happening and whether the event is still taking place.

For more information please contact Heather Stabler on 0207 608 8549/ 07983 508 076 or e-mail hstabler@ec1newdeal.com

Greening your business

Green Living Centre

Wednesday 14 May, 6.30pm-8pm

Free

If you have a business and you would like to make it more green come along and find out what you can do and what help there is. For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk



Micro Food Farm Demonstration Events

Islington Ecology Centre
Saturday 17 May
Two demonstrations: 11am-12pm
and 12.30pm-1.30pm
Free

Highbury Builders Collective is running demonstrations previewing their Micro Food Farm. This integrated system enables householders, schools and community groups to recycle their kitchen waste onsite and benefit by growing tasty organic vegetables, fruit and flowers on a frame in a compact space. Sinks methane and cuts food miles too! Booking is essential contact Islington Ecology Centre to book on 020 7354 5162 or ecologycentre@islington.gov.uk

Whittington Park Volunteer Practical Workdays

Whittington Park
Saturday 17 May, 11am-1pm
Free

Come and join the Whittington Park volunteers and contribute to improving this much loved local park whilst learning a range of conservation and horticultural skills. These sessions are suitable for adults only. Please wear old clothing and sturdy shoes. Gloves will be provided. Contact the ranger on 07825 098449 to book a place.



Discover Barnsbury Wood

Barnsbury Wood, Crescent Street, N1
Sunday 18 May, 2.30pm-4pm
Free

Explore our small hidden woodland! Feel what it's like to be a bird at the top of the trees, and an insect down in the soil. Come prepared to get muddy!

For explorers 8 years old to adult.

Booking is essential as numbers are limited to 15. Please contact Islington Ecology Centre on 020 7354 5162 or ecologycentre@islington.gov.uk to book.

Islington Real Nappy Network Nappuccino – Stay and Play

Freightliners Farm

Wednesday 21 May, 10am-12noon
Free



Come along and find out about the advantages of using real cloth nappies and how to apply for a real nappy voucher. The session allows for

children to stay and play. Please call Jean Hughes on 020 7527 5157 or e-mail jean.hughes@islington.gov.uk to find out more information.

Energy Doctor Session

Green Living Centre

Wednesday 21 May, 2pm-5pm
Free

Come along to receive advice and information on how to improve the energy efficiency of your home. Staff will be on hand to answer your queries.

For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk

Bats of Parkland Walk

Parkland Walk, on the corner of Ella Road on Crouch Hill
Friday 23 May, 9pm-10.30pm
Free

Come and meet the reserves ranger as he takes you on an evening stroll along the Parkland Walk. Using an electronic bat detector you will join the hunt for these fantastic creatures covering a wide area of the reserve. Learn about what they eat and why they make their high pitched calls. Since bats prefer a warm evening we will keep our fingers crossed for some good weather.

A family event. Booking is essential therefore please contact Islington Ecology Centre on 0207 354 5162 or ecologycentre@islington.gov.uk to book.



Logs, Stag Beetles and Nettles

As part of the “Be nice to nettles week”

Highbury Fields Orchard
(at the back of Christ Church)
Saturday 24 May, 11am–1pm
Free

Deadwood is an important habitat for stag beetles, countless invertebrates and fungi. We will be building a loggery using locally-sourced logs. This activity is suitable for all ages and experience.



All taking part will take home a useful and fun nettle fact sheet packed with recipes, history and information on this unsung species. If you would like to bring a group of children then you are

advised to book by contacting the ranger on 07825 098451 or laura.sanna@islington.gov.uk

Wild in the City

Edward Square
Tuesday 27 May, 11am–1pm
Free

An exciting event for adults and children alike will include a planting workshop also woodcraft and weaving activities. May is Biodiversity Month and these activities will help you to encourage wildlife to your area. For more information please contact the ranger on 07825 098 460.

Paper making – family workshop

Islington Ecology Centre
Tuesday 27 May, 2pm–4pm
Free

Come and make your own recycled paper, to create unique handmade cards. All equipment and materials are provided. Suitable for young people aged 5+ and their carers. Booking essential, call 020 7354 5162 or e-mail ecologycentre@islington.gov.uk

Fun Day and Park Launch

Granville Square
Wednesday 28 May, 2pm–4pm
Free

Come and celebrate the launch of the improvements to Granville Square. There will be organised sports activities with a qualified coach on the new ball court, mosaic making, face painting and refreshments. For more information please contact the ranger on 07825 098 460.

Wild in the City

Whittington Park
Thursday 29 May, 2pm–4pm
Free

An exciting event for adults and children alike that aims to encourage wildlife into the park by creating homes and habitats on your doorstep, in local parks and in your own gardens. For more information please contact the ranger on 07825 098449.

FOOTBALL SESSIONS FOR KIDS during May Half Term



The football sessions aim to provide young children with facilities and opportunities to play football during the school holidays. The sessions involve structured coaching led by FA qualified football coaches. The following courses must be booked in advance by calling **020 7700 1370** unless otherwise stated.

Socca Skills – Sobell Leisure Centre

Please call 020 7609 2166 to book this course.

Coaching courses for boys and girls aged 5-8 years

Tuesday 27 May – Friday 30 May
9.30am-11am

Coaches encourage young children to learn new techniques and skills, as well as playing small-sided games in a supervised environment. Course SSSB84

Standard Price £14, Izz Card £11,
Izz Card + Conc £8.

For sessions at Sobell Leisure Centre, children should wear clothing and footwear suitable for indoor play and bring plenty of liquids.



Gunners in Islington Football Courses – Market Road

Coaching courses for boys and girls aged 7-14 years

Tuesday 27 May – Wednesday 28 May
10am-3pm. Course FCMR85

Standard Price £18, Izz Card £15,
Izz Card + Conc £12.

Gunners in Islington Football Courses – Whittington Park

Girls only activities for those aged 7-15 years

Tuesday 27 May – Wednesday 28 May
10am-3pm. Course GLWP86

Standard Price £18, Izz Card £15,
Izz Card + Conc £12.

Gunners in Islington Football Courses – Whittington Park

Coaching courses for boys and girls aged 7-14 years

Thursday 29 May – Friday 30 May
10am-3pm. Course FCWP88

Standard Price £18, Izz Card £15,
Izz Card + Conc £12.

JUNE

If you would like more information about the access to any of these events, or want to talk to someone then please contact us by phone, typetalk, e-mail or fax.

Islington's Garden Wildlife Survey

During June, we will be launching a wildlife survey of gardens in Islington. The Borough's Nature Conservation Team will be encouraging residents to record the wildlife that they see in their garden, balcony or yard over one weekend. This information will form part of a London-wide survey to find out how important these places are for wildlife. Look out for information on how to get involved in the survey. Forms will be available from the council's website and residents' newsletter.

A number of workshops will also be held on the run up to the weekend to help people identify their robin from their blue-tit and their toad from their newt.



Community Gardening Session

Quaker Gardens, meet in front of the Quaker Meeting House, just off Bunhill Row

Sunday 1 June, 12noon-4pm
Free

Please join us for a fun and informal gardening session in the relaxing and historic Quaker Gardens. We will be helping improving the wildlife garden and learning about the plants and creatures that live there at the same time.

Some refreshments will be provided free of charge but participants are also encouraged to bring food for a 'bring and share' lunch. Please advise of any specific or unusual dietary requirements.

The events are subject to change so although booking is not necessary it is recommended to ring in advance to find out what is happening and whether the event is still taking place. For more information please contact Heather Stabler on 0207 608 8549/ 07983 508076 or e-mail hstabler@ec1newdeal.com



Afternoon Gardening

Culpeper Open Space
Monday 2 June, 1.30pm-4pm
Free

The ranger and garden workers are holding a regular gardening session to improve the border bed with Culpeper Gardens. Come and meet new people, learn new skills and enjoy gardening through the seasons. No experience necessary, all ages welcome, refreshments are provided.

For more information please contact the ranger on **07825 098460** or Culpeper Garden Workers on **020 7833 3951**.

Evening Botany Talks

Islington Ecology Centre
Mondays 2, 9, 16 and 30 June, 7 July
6.30pm-8pm
Free

An informative series of talks exploring the basics of botanical identification. Our objective is that by the end of the course you are familiar with plant structure and are able to identify the more common members of a variety of plant families. Please bring a hand lens if you have one. These talks are suitable for adults only. Booking is essential.

Please contact Islington Ecology Centre on **0207 354 5162** or ecologycentre@islington.gov.uk



Nappuccino Coffee Morning

Green Living Centre
Tuesday 3 June,
10.30am-12.30pm
Free

Come along and find out about the advantages of using real cloth nappies and how to apply for your real nappy voucher.

No booking required just turn up. Refreshments will be available at the event. For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk

Recycling in Islington

All you ever wanted to know but were afraid to ask!

Green Living Centre
Tuesday 3 June , 6.30pm-8pm
Free

Interested in what is happening with recycling in Islington now and future plans? Want to know why some materials can be recycled and not others?

Hear from Islington Council's Recycling Manager, followed by a question and answer session. Food and refreshments provided. Booking essential so to book a place call 020 7527 5996/4766 or e-mail irecyclecentre@islington.gov.uk

The big recycle – family fun!

Green Living Centre
Wednesday 4 June, 4pm-6pm
Free

Come and celebrate the big recycle with a series of fun games and activities on recycling. There will be giveaways and the opportunity to win a recycled prize pack for your family. Suitable for young people aged 5+ and their carers. No need to book, just drop in! For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk

Environmental Story-teller

Green Living Centre
Thursday 5 June, 3pm-5pm
Free

To celebrate World Environment Day we are welcoming an environmental story-teller. For more information and to book your place please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk



Insects of the Parkland Walk (and other mini-beasts)

Parkland Walk, on the corner of Ella Road on Crouch Hill
Saturday 7 June, 2pm-4pm
Free

Join the Nature Conservation Ranger as he gives an insight into some of the fascinating and rare insects of this fantastic nature reserve. Take a look at the woodlands, grassland and the insects dependent upon each other and these unique conditions. With the possibility of seeing nationally rare species.

This event is suitable for adults only. Booking is essential therefore please contact Islington Ecology Centre on 0207 354 5162 or ecologycentre@islington.gov.uk

Open Day at Culpeper Community Garden

Culpeper Community Garden
Sunday 8 June, 10am-5pm
Free

As part of Open Garden Squares Weekend, Culpeper will have a range of activities on offer and plants and home made teas on sale. Gardens all over London not normally open to the public (unlike Culpeper which is open daily), will open their gates this weekend. See www.opensquares.org for more information on other local spaces involved in this event.



Open Garden Squares Weekend

Edward Square
Saturday 7 and Sunday 8 June

Special information about this award winning park will be available throughout the weekend. Please contact the ranger for further information on 07825 098 460.

Whittington Park Volunteer Practical Workday

Whittington Park
Saturday 14 June, 11am-1pm
Free

Come and join the Whittington Park volunteers and contribute to improving this much loved local park whilst learning a range of conservation and horticultural skills. These sessions are suitable for adults only. Please wear old clothing and sturdy shoes. Gloves will be provided. Contact the ranger on 07825 098449 to book a place.

I Love Parks Too

Highbury Fields
Saturday 14 June, 12noon-4pm
Free

Kick start National "Love Parks" week in style, in Islington's largest park.

Now in its second year, "I Love Parks Too" will take you on a wondrous journey exploring all that parks have to offer.

There will be music, art, sports and games, face painting, juggling, performances and more to please all ages. Step on our magic roundabout and enjoy the fun! Refreshments will be available at a charge.

For more information please contact the ranger on 07825 098451.



Biodiversity Bike Ride

Meet at Islington Ecology Centre
Saturday 14 June, 11am-2pm
Free

A chance to get fit while finding out about the wild wonders of Islington. A gentle bike ride led by Islington Council's Nature Conservation Team who will be on-hand to point out some of the natural history highlights of Islington's Parks and Nature Reserves. Starts at the Islington Ecology Centre and finishes at the "I Love Parks Too" event at Highbury Fields. Bring a bike and lots of refreshments. Suitable for adults and accompanied older children. For more information please contact Islington Ecology Centre on 0207 354 5162 or ecologycentre@islington.gov.uk.

Gardening & horticulture workshops at King Henry's Walk Garden

11c King Henry's Walk (behind the adventure playground), N1 4NX
Saturday 14 June

This workshop will focus on intercropping with Joe Swift (to be confirmed). Please check website for more details and exact times: www.khwgarden.org.uk. There is a request that an affordable donation be given to the running costs of the garden (suggested £5). Refreshments will be provided and the garden and building are completely accessible for wheelchair users (including the WC). Please phone 020 7923 9035 or e-mail rsvp@khwgarden.org.uk to book a place and let the organisers know of any special requirements.

Islington Real Nappy Network Nappuccino – Stay and Play

Freightliners Farm,
Wednesday 18 June, 10am-12noon
Free

Come along and find out about the advantages of using real cloth nappies and how to apply for a real nappy voucher. The session allows for children to stay and play. Please contact Jean Hughes on 020 7527 5157 or e-mail jean.hughes@islington.gov.uk to find out more information.

Energy Doctor Session

Green Living Centre
Wednesday 18 June, 2pm-5pm
Free

The Energy Doctor is back again at the Green Living Centre. Come along to receive advice and information on how to improve the energy efficiency of your home. Staff will be on hand to answer your queries. For more information please contact the Green Living Centre on 020 7527 2262 or greenliving@islington.gov.uk

Cycling Fair (as part of Bike Week)

Spa Fields
Thursday 19 June, 1.30pm-6.30pm
Free

An afternoon of cycling entertainment, bicycle try-outs and stunt shows. There will also be an opportunity to visit Dr Bike and have your bike security marked. For more information please contact the ranger on 07825 098459.

Composting Workshop

Freightliners Farm
Saturday 21 June, 11am-12.30pm
Free

Come along to a free workshop to learn how to compost or ask that burning composting question!

Find out what to include in your compost bin to produce beautiful useful compost.

Places are limited and must be booked in advance. Please call Jean Hughes on 020 7527 5157 or e-mail jean.hughes@islington.gov.uk to book your place.



GREENSPACE AND VENUE MAP

The following green spaces and venues are featured in this diary:



1 Archway Market

Located in St. John's Grove corner of Holloway Road, N19

Tube: Archway

Train: Upper Holloway

Bus: 17, 43, 271

2 Barnard Park

Copenhagen Street, N1

Tube: Caledonian Road

Train: Caledonian Road & Barnsbury

Bus: 17, 91, 153, 259

3 Barnsbury Wood

Idyllic small hidden wood.

Open Tuesdays 2-4pm and for events and also Saturdays 2-4pm from June to September.

Crescent Street,
off Huntingdon Street, N1

Tube: Caledonian Road

Train: Caledonian Road & Barnsbury

Bus: 17, 91, 153, 259

4 BTCV Office

80 York Way, N19

Tube: King's Cross

Train: King's Cross St. Pancras

Bus: 390

5 Chapel Market

Located between Penton Street and Liverpool Road, N1

Tube: Angel

Train: Essex Road, Highbury & Islington

Bus: 4, 19, 30, 38, 43, 73, 153

6 Culpeper Open Space/Community Gardens

Tolpuddle Street, N1

Tube: Angel, King's Cross

Train: King's Cross St. Pancras

Bus: 153, 274



7 Edward Square, N1

Tube: King's Cross

Train: King's Cross St. Pancras

Bus: 10, 17, 91, 259, 274



8 Elthorne Park

Hazellville Road, N19

Tube : Archway

Train : Crouch Hill

Bus: 41, 91, 210

9 Exmouth Market

Near Clerkenwell between Roseberry Avenue and Farringdon Road, EC1

Tube: Farringdon, Old Street

Bus: 19, 38, 63, 341

10 Freightliners Farm

Sheringham Road, N7

Open all year round from

Tuesday to Sunday.

Open on Bank Holidays

Tube: Highbury & Islington,
Caledonian Road

Train: Highbury & Islington,
Caledonian Road & Barnsbury

Bus: 43, 153, 271, 279



11 Gillespie Park Local Nature Reserve and Islington Ecology Centre

A range of beautiful wildlife habitats including woodland, meadow, wetland and ponds. Closed Arsenal match days.

191 Drayton Park, N5

Tube: Arsenal, Finsbury Park

Train: Finsbury Park, Drayton Park

Bus: 4, 19, 236



12 Granville Square

Granville Square, WC1

Tube: King's Cross, Angel

Train: King's Cross St. Pancras

Bus: 19, 30, 38, 73, 205, 214, 476

13 Green Living Centre

The council's new Green Living Centre is now open. By visiting, you can find out how a greener lifestyle could benefit you – both financially and environmentally.

222 Upper Street, N1

Tube/Train: Highbury & Islington

Bus: 4, 19, 30, 43, 271, 277, 393

14 Highbury Fields

Islington's largest open space: great for relaxing or you can eat in the café. There is also the children's play area, tennis courts and football pitch.

Highbury Crescent, N5

Tube/Train: Highbury & Islington

Bus: 4, 19, 30, 43, 271

15 i-recycle Centre

The i-recycle centre is an innovative education centre featuring exciting interactive displays, interesting artefacts and videos about recycling and waste issues.

1 Cottage Road, N7

Tube: Caledonian Road

Train: Caledonian Road & Barnsbury

Bus: 17, 91, 259, 275, 393

16 King Henry's Walk Garden

King Henry's Walk, N1

Tube: Highbury & Islington

Train: Canonbury

Bus: 21, 30, 38, 56, 141, 277

17 Landseer Gardens

Landseer Road, N19

Tube: Holloway Road

Train: Upper Holloway

Bus: 4, 29, 43, 153, 253, 254, 271

18 Market Road Pitches

Market Road, N7

Tube: Caledonian Road

Train: Caledonian Road & Barnsbury

Bus: 10, 17, 91, 259, 274

19 Nags Head Market

Seven Sisters Road, N7

Tube: Holloway Road, Finsbury Park

Train: Finsbury Park

Bus: 4, 19, 29, 43, 153, 259, 271

20 Newington Green N1/N16

A Green Flag and now Green Heritage site with lawn space, play area and café.



Tube: Highbury & Islington

Train: Canonbury, Dalston Kingsland, Highbury & Islington

Bus: 73, 141, 236, 341, 476

21 Olden Gardens

Whistler Street, N5
Tube: Arsenal, Finsbury Park
Train: Drayton Park
Bus: 4, 19, 236

22 Paradise Park

A paradise for children, with ball courts and Freightliners City Farm.



Sheringham Road, N7
Tube: Highbury & Islington, Caledonian Road
Train: Caledonian Road & Barnsbury, Highbury & Islington
Bus: 17, 43, 91, 259, 271



23 Parkland Walk

London's longest Nature Reserve is rich in wildlife and provides over three miles of off-road walking and cycling from Finsbury Park to Highgate.

Entrance via Cape Youth Project opposite Ella Road
Tube: Finsbury Park
Train: Crouch Hill
Bus: W3, W7

24 Penn Road Gardens

Penn Road, N7
Tube: Holloway Road
Train: Caledonian Road & Barnsbury
Bus: 17, 29, 91, 253, 259

25 Quaker Gardens

Banner Street, EC1
Tube/Train: Old Street
Bus: 43, 205, 214, 271

26 Royal Northern Gardens

Manor Gardens, N7
Tube: Holloway Road, Archway
Bus: 17, 43, 271



27 Sobell Leisure Centre

Hornsey Road, N7
Tube: Finsbury Park, Holloway Road
Train: Finsbury Park
Bus: 4, 19, 29, 41, 91, 106, 153, 253, 259, 271, 279, W3, W7

28 Spa Fields

Northampton Road, EC1
Tube: Farringdon
Bus: 19, 38, 63, 341



29 Sunnyside Community Gardens

Hazellville Road, N19
Tube: Archway
Train: Crouch Hill
Bus: 41, 91, 210

30 Whitecross Street Market

Whitecross Street, EC1 between Old Street and Fortune Street
Tube: Old Street, Barbican
Train: Old Street
Bus: 4, 43, 153, 243

31 Whittington Park (and football pitch)

Popular park with play and games areas, conservation sites and enclosed dog exercise areas.

Holloway Road, N19
Tube: Archway
Train: Upper Holloway
Bus: 17, 43, 271

CALENDAR OF EVENTS

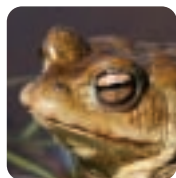
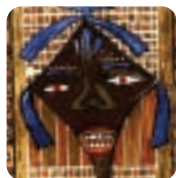
MARCH

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Sat 8	Community Parks Training	BTCV Office	15
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	Volunteer Practical Workday	Whittington Park	16
Mon 17	Happy Heart Walk	Regents Canal	13
Mon 17-Thurs 20	Earth Day Poster Competition Display	Green Living Centre	16
Weds 19	Happy Heart Walk	Finsbury Park	13
	Islington Real Nappy Network Nappuccino	Freightliners Farm	17
Sat 22	Volunteer Practical Workday	Olden Gardens	17
Mon 24	Easter Eggstravaganza	Newington Green	17
Tues 25	Save Water Day	Green Living Centre	17
Weds 26	Dr Bike Session	Green Living Centre	18
Friday 28	Happy Heart Walk	Highbury Fields	13
Sun 30	Penn Road Gardening event	Penn Road Gardens	18



APRIL

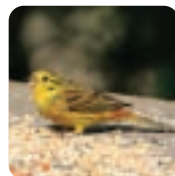
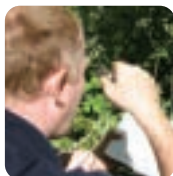
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Tues 1	Nappuccino Coffee Morning	Green Living Centre	19
Fri 4	Film Night – End of Suburbia	Islington Ecology Centre	19
Sat 5	Community Parks Training	King Henry's Walk Garden	20
Sun 6	African Art and Craft Sale	Islington Ecology Centre	20
Mon 7	Afternoon Gardening	Culpeper Open Space	20
Mon 7–Fri 18	Various Easter Activities – see your local park's notice board		20
Mon7–Weds 9	Football Course	Market Road Pitches	21
Mon7–Fri 11	Football Course	Sobell Leisure Centre	21
Weds 9	Dr Bike Session	Green Living Centre	22
	Paper Construction Challenge	Islington Ecology Centre	22
	Paper Construction Challenge	i-recycle Centre	22
Thurs 10	Scruffs	Elthorne Park	22
Thurs 10–Fri 11	Football Course for girls	Whittington Park	21
Sun 13	Spring Wildflowers	Islington Ecology Centre	22
	Community Gardening Session	Quaker Gardens	23
Mon 14–Fri 18	Football Course	Whittington Park	21
Tues 15	Art in the Park	Landseer Gardens	23
Weds 16	Energy Doctor Session	Green Living Centre	23
	Frog Frolics	Islington Ecology Centre	23
Thurs 17	Art in the Park	Barnard Park	24
Sat 19	Gardening and Horticulture Workshop	King Henry's Walk Garden	24
	Volunteer Practical Workday	Whittington Park	24
Weds 23	Greening your home	Green Living Centre	24
Sat 26	Volunteer Practical Workday	Olden Gardens	24



MAY			Page
Sun 4	Dawn Chorus	Islington Ecology Centre	25
	Composting Workshop	Freightliners Farm	26
Mon 5	Afternoon Gardening	Culpeper Open Space	26
Tues 6	From Clippings to Compost – Eco-park visit	Eco-park Compost Centre	26
	Nappuccino Coffee Morning	Green Living Centre	27
Weds 7	Gardening for Wildlife	Green Living Centre	27
Thurs 8	Compost Clinic	Green Living Centre	27
Sat 10	Composting Workshop	Culpeper Gardens	28
	Gardening and Horticulture Workshop	King Henry's Walk Garden	28
Sun 11	Annual Spring Plant Sale	Culpeper Gardens	28
	Community Gardening Session	Quaker Gardens	29
Weds 14	Greening your business	Green Living Centre	29
Sat 17	Micro Food Farm Demonstration events	Islington Ecology Centre	30
	Volunteer Practical Workday	Whittington Park	30
Sun 18	Discover Barnsbury Wood	Barnsbury Wood	30
Weds 21	Islington Real Nappy Network Nappuccino	Freightliners Farm	31
	Energy Doctor Session	Green Living Centre	31
Fri 23	Bats of Parkland Walk	Parkland Walk	31
Sat 24	Logs, Stag Beetles and Nettles	Highbury Fields	32
Tues 27	Wild in the City	Edward Square	32
	Paper Making	Islington Ecology Centre	32
Tues 27–Fri 30	Football Course	Sobell Leisure Centre	33
Tues 27–Weds 28	Football Course	Market Road Pitches	33
	Football Course for Girls	Whittington Park	33
Weds 28	Fun Day and Park Launch	Granville Square	32
Thurs 29–Fri 30	Football Course	Whittington Park	33
Thurs 29	Wild in the City	Whittington Park	32

JUNE

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Sun 1	Community Gardening Session	Quaker Gardens	34
Mon 2	Afternoon Gardening	Culpeper Open Space	35
	Evening Botany Talk	Islington Ecology Centre	35
Tues 3	Nappuccino Coffee Morning	Green Living Centre	36
	Recycling in Islington	Green Living Centre	36
Weds 4	The big recycle – family fun	Green Living Centre	36
Thurs 5	Environmental Story-teller	Green Living Centre	36
Sat 7	Insects of the Parkland Walk	Parkland Walk	37
Sat 7–Sun 8	Open Garden Squares Weekend	Edward Square	37
Sun 8	Open Day at Culpeper Community Garden	Culpeper Community Garden	37
Mon 9	Evening Botany Talk	Islington Ecology Centre	35
Sat 14	Volunteer Practical Workday	Whittington Park	37
	I Love Parks Too	Highbury Fields	38
	Biodiversity Bike Ride	Islington Ecology Centre	38
	Gardening and Horticulture Workshop	King Henry's Walk Garden	38
Mon 16	Evening Botany Talk	Islington Ecology Centre	35
Weds 18	Islington Real Nappy Network Nappuccino	Freightliners Farm	39
	Energy Doctor Session	Green Living Centre	39
Thurs 19	Cycling Fair	Spa Fields	39
Sat 21	Composting Workshop	Freightliners Farm	39
Mon 30	Evening Botany Talk	Islington Ecology Centre	35





The council is keen to make all its greenspace and leisure events as accessible as possible. If you are a disabled or Deaf person who would like to come along to any of the events in this diary and need information about access or communication support please contact 020 7527 4953.

If you would like more information or this document in large print or Braille, audiotape or in another language, please contact 020 7527 4953.

If you would like to know more about these events, please contact:

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