

IslingtonNow

Issue 8 September 2007

your local magazine from Islington Council

All change for rubbish and recycling collections!

Tired of trying to remember if rubbish day is Monday or Thursday or recycling day is Thursday or Monday? The confusion will soon be over...



Putting out your recycling and rubbish is about to become a whole lot easier. Now you can put out your green box, food waste, green waste and rubbish all on the same day for pick up.

From this month, all your recycling will be collected in special new trucks that have two compartments inside, one for the contents of your green box and one for your food and green waste. Your rubbish will still be collected in a dustcart as usual.

MAKING LIFE EASIER

This new service is designed to make life easier for residents by providing a full waste collection on the same day. The change of collection day will also mean our collection rounds are more efficient. There will be fewer miles travelled by fewer vehicles, resulting in fewer emissions and a more environmentally friendly service.

While we are trying to make the changeover as simple as possible, most people will have their collection day changed. Recycling Champions will be visiting houses affected by the changes and leaving information for you about your new collection day.



To find out more about your collection day go to www.islington.gov.uk/recycling or call 020 7527 2000.

Rubbish revolution

When: From 10 September

Who is affected: All those living in street properties (not those on estates or above shops)

What: You will have a new collection day for your rubbish and recycling

Which services: Rubbish collections, green box, food waste, green waste

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Councillor James Kempton, Leader of the Council, answers your letters...

I've made listening to what residents have to say about life in Islington, and what the council can do to improve it, top of my priorities. That's why I became a councillor in the first place.

I can't promise to solve every problem - especially when different residents have different views - but as Leader of the Council I do promise to read and consider all your letters carefully and get the council to help wherever it can.

Send your letters to:

Cllr James Kempton, Leader of Islington Council
IslingtonNow, Town Hall, Upper Street, London N1 2UD
Email: islingtonnow@islington.gov.uk
Phone: 020 7527 3416

Letter of the month

Recycling queries

While I applaud your efforts to make Islington 'green', I am baffled at the council's refusal to replace the large bags for disposing of garden cuttings. Ours went missing almost immediately, on collection day, and a week later our neighbour's did too in similar circumstances.

When I called the council, however, they refused to replace them saying the pilot scheme had ended, while a friend round the corner had been given two new ones on that same day. Do you have an explanation for not allowing us to have a replacement?

On a separate recycling note: Islington does not provide recycling facilities for drinks cartons. Please could you arrange something with Tetrapak so I don't have to drive to Brent Cross to dispose of them?
Dr E Melton, N19

garden waste bags will be distributed free of charge to homes from November, so hopefully you shouldn't have any problems in the future.

The Tetrapak issue isn't quite as simple to solve. Because of the components they are made up of - a combination of paper, plastic and aluminium foil - they are actually tricky to recycle.

Currently our recycling sorting plant isn't able to recycle Tetrapaks. However we are really pleased to be working with Tetrapak themselves to change this situation. Tetrapak are now collecting their own product back and are working with various recycling plants to make the packaging easier to recycle in the future.

Because we're working with Tetrapak, we've been able to set up five recycling sites in Islington specifically for Tetrapak collections. Tetrapak then collects the used products and sends them to one of the few recycling plants currently able to recycle their material.

- These sites are located as follows:
- St. Johns Way, near Caxton House, between Cressida Road and Mulhern Road
 - Corner of Goswell Road and Compton Street
 - Newington Green on the east side
 - Sainsbury's car park, Tolpuddle Street
 - Hornsey Street Reuse and Recycling Centre.

I'm sorry you found it difficult to get a replacement bag for your garden waste recycling. We want to make it as easy as possible for people to recycle so have sent you a new one and I do hope that you haven't been too inconvenienced in the meantime.

The garden waste trial has been such a great success we have decided to extend the scheme to every street level property. The

Nuisance butts

I live on Shaftesbury Road and the amount of cigarette ends outside the Shaftesbury pub has increased since the smoking ban, and it's very unpleasant. Will anything be done about this?

By phone

It would be a shame if a great initiative like the smoking ban introduced litter problems. Our street environment manager has visited the pub on Shaftesbury Road to make them aware of the problem and identify ways to stop it from happening again.

I'd encourage pubs and restaurants and especially the smokers themselves to dispose of cigarette ends responsibly -

We'll gladly give advice and support to any business wanting to get tough on butts

and not just drop them on our streets. Residents who are unhappy about an increase in cigarette ends outside a public place should speak to the manager of the property if they can. If the problem persists, they should let us know by contacting 020 7527 2000 or emailing contact@islington.gov.uk. We'll gladly give advice and support

to any business wanting to get tough on butts, and if that doesn't work we can issue a litter control notice, which means the business has a legal duty to sort out the problem.

Also look out for our new butt and gum bins which makes it easy for everyone to get rid of this type of rubbish.

Staying in Touch

In Touch Islington is preparing to produce its first Islington Talking News for people who are blind and visually impaired. Islington Talking News will be a collection of news and events happening in Islington. If anyone would like to receive a copy of Islington Talking News, they should contact Elizabeth Jones on 020 7272 5481

PICTURE OF THE MONTH



Students have created a mural at Robert Blair primary school which is helping them learn more about the environment. See more about these great schemes on p4.

If you would like IslingtonNow in large print, audiotape, or another format, please call 020 7527 3416

IslingtonNow is printed on 100% recycled paper. Please use your green box to recycle IslingtonNow when you have finished with it.

Contact us:

IslingtonNow, Town Hall, Upper Street, London N1 2UD
Email: islingtonnow@islington.gov.uk
Phone: 020 7527 3416

Tell us what you think of IslingtonNow – contact us at the above address or drop us an email
Please include your full address on all correspondence. Anonymous letters cannot be published, but names and addresses can be withheld on request.
We cannot guarantee to publish all letters received, and we reserve the right to edit letters for both length and content.

Over 100 local businesses buy their properties

More than 100 local businesses who wanted to buy their properties from the council have exchanged contracts. This follows the council's announcement at the start of this year that it would be selling a portfolio of commercial properties to raise money for local projects.

Occupiers have made the purchases on a 'price match' basis, meaning they could buy ahead of bidders for the entire portfolio.

If any local businesses do not complete their transaction, local property firm Structadene will have the opportunity to acquire

the premises.

The council has a legal duty to taxpayers to obtain the best price on the sale of property assets. The £69 million raised from the sale will help pay for a wide range of projects that will make a real difference to residents' lives, including

new housing, refurbishing secondary schools and improving roads.

The council has worked to ensure that occupiers who have chosen to remain as tenants have leases in place and their existing occupational rights remain unchanged.

IN BRIEF

Residents to redesign their street

Monsell Road residents, with support from the council, have received a grant of £100,000 to transform their street. Sustainable transport charity Sustrans has donated the money to help residents make their street safe and attractive.

Better rail links for the borough

We're lobbying the government to fund an orbital rail link around London. If you want to give your support you can sign up to the Connect South London campaign at www.southwark.gov.uk/transport/ELLX

Queen's Award for Voluntary Service

It's not too late to nominate volunteers for The Queen's Award for Voluntary Service!



The deadline for nomination is 30 September, and it's easy to nominate. Just go to www.queensawardvoluntary.gov.uk, email queensaward@volunteeringengland.org or call 0845 000 2002 for further information.

Celebrating peace

London Week of Peace is a celebration of diversity, justice, equality and respect which runs from 9 to 16 September. A whole host of community events will be taking place in Islington to promote peace and help communities interact and understand each other better.

The week will be launched with a Peace Walk from Islington Green to Highbury Fields at 2.30pm on 9 September, followed by entertainment in Highbury Fields from 3pm onwards. There will also be peace assemblies at several schools.

 For more information please call Clare Shinner on 020 8509 9699 or email clashinner@googlemail.com

Farewell to Churnfield

Bye-bye Churnfield – hello new homes! The demolition of Churnfield – the second largest block on the Six Acres Estate – has begun, leading to an exciting phase of redevelopment for residents. The 1960s block no longer met building regulations, so residents voted for the block to be demolished.

Theresa Coyle, Homes for Islington Board member and former resident of Churnfield, said: "I spent many happy years living in Churnfield and myself and the former residents have some fond memories. It's now time for change and an exciting period of regeneration. I very much look forward to seeing the finished results!"

Churnfield residents have been re-housed and new homes are to be built next year.



Tough on trolleys

Abandoned trolleys are being returned to supermarkets in a push to clean up dumped rubbish cluttering our borough. Abandoned trolleys not only attract litter but can also be a hazard for pedestrians.

All major supermarkets in Islington have been briefed on what they need to do to play their part in the clean up. Supermarkets will be expected to collect abandoned trolleys within 24 hours of being contacted by the council. If the supermarkets fail to collect them, they will have to pay a retrieval and storage fee of £35.

 To report abandoned trolleys or other flytipping call 020 7527 2000.

Energy Centre is moving

The Islington Energy Centre has left its home on Upper Street, and a fantastic new space will be opening up the road at 222 Upper St at the end of September. In the meantime, if you need advice on saving energy – and cutting your bills – please give us a call on 0800 512 012.



The green generation

Lauren and Hazel from Blessed Sacrament in their new Peace Garden

There are loads of cool ways to encourage kids to learn about the environment, and our primary schools are leading the way...

Schools awarded for green efforts

Poole's Park Primary School has won an award for its fantastic organic allotment and green area. The children at the school created the green space that promotes varied and exciting biodiversity, including a family of foxes, butterflies and birds.

Poole's Park was the winner at the London Schools Environmental Awards, which encourages London primary schools to give children a sense of responsibility for their environment.

Fostering not just another job!

Islington Foster Carers

- change children's lives
- offer a home in or near Islington
- can be single people or couples
- receive allowances up to £600 per week



0800 073 0428

or email us at fostering@islington.gov.uk
www.islington.gov.uk/fostering



Children in Islington's primary schools are enjoying an early introduction to greener living and finding fun and practical ways to help protect the environment, both locally and globally.

Already this year, 450 children have taken to the streets to identify litter hotspots. Thanks to their hard work, 30 new rubbish bins are being installed at these hotspots, so the kids are really helping to clean up the streets while finding out why they should think twice about dropping litter.

Junk Jams is a funky scheme that gets children to think of new ways to use their waste, such as making unusual musical instruments. Yenenah from Poole's Park Primary enjoyed making a noise with junk. "I think it's a good way for us to learn other things about recycling and use junk in another way," she said.

GRANTS FOR GREENER SCHOOLS

These schemes are all part of Islington Council's School Environmental Project (SEP), which gives young people the chance to find out about the environment in an exciting and accessible way. The SEP also offers £2,000 grants to schools for them to put towards their own green projects.

And these grants are certainly paying off, with kids coming up with lots of great ways to make their schools greener. Blessed Sacrament used the money to jazz up its peace garden. An old concrete area in the playground is now a tranquil place for children to chill out away from the noisy playground. As well as new seating and planting, there is also a shiny new solar powered water fountain – showing the pupils renewable energy

in action. Patrick, 10, is a fan. "My favourite part is the water fountain because it makes the garden beautiful," he said.

Robert Blair Primary pupils worked with artists to design and paint a mural for the outside of their school. David, a pupil at the school, explained: "It's about saving energy and leaving the trees alone." Shazeda, a teaching assistant at the school, said: "It's great, bright and obviously about the environment. It gives the school an identity."

Young detectives take to the streets to identify litter hotspots



30 new bins that have been installed thanks to our school litter detectives

100 new butt and gum bins that are being trialled

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Parks fly the flag

Three more of our parks have won prestigious Green Flag Awards, which means they have been nationally recognised as well managed and high quality green spaces. Spa Fields, EC1, Paradise Park, N7 and Royal Northern Gardens, N7 are the new parks to receive the accolade. Fortune Street Park, EC1, Edward Square, N1 and Gillespie Park, N5, retained their Green Flag status.



Find out more at www.greenflagaward.org.uk or www.islington.gov.uk/environment/parks

did you know?

You can report environmental problems such as abandoned vehicles and dog mess online.

Just go to www.islington.gov.uk/environment/reportproblem.asp

First projects announced

We want our £3m climate change fund to go towards exciting and innovative projects that help the environment. And the first schemes to benefit really fit the bill.

Highbury Pool is set to receive funding for hot water solar panels, as is New Park Day Centre for older people. Meanwhile, Islington's Ecology Centre is set to get funding for a biomass boiler to replace its conventional boiler, which will mean the centre runs entirely on renewable energy.

People can apply for funding for projects again later this year.

Getting greener – Tips for greener shopping!

- ➔ look out for energy efficient products from light bulbs to washing machines
- ➔ buy recycled products such as tissues and toilet paper
- ➔ avoid single-use products that you use once and throw away like paper plates and disposable razors
- ➔ buy your fruit and veg loose, not packaged
- ➔ look out for Fairtrade products – see www.fairtrade.org.uk
- ➔ switch to rechargeable batteries
- ➔ buy local produce if and when you can
- ➔ buy larger products when you can to cut down on packaging.



For more information check out www.recyclenow.org.uk



WILD ABOUT ISLINGTON

Food for free

It's not often people pass up the offer of something for nothing but when it comes to free food it seems that most of us ignore the abundance right under our noses. With summer coming to a close, now is the time of year when fruits are ripening, seeds are starting to appear and nature's bounty is most abundant. This free food larder is not just confined to the wilds of the countryside but can be found in many of Islington Council's parks and green spaces.



The hedgerows are full of ripening berries but it's the blackberry which stands out as a real favourite. Easy to identify, this dark black fruit tastes so sweet picked from the bush and is loved not just by humans but a wide range of animals from birds to foxes.

FRUITS OF THE FOREST

Look more closely and you will find a multi-coloured range of berries and fruit from rosy crab apples to shiny red rose hips, dark black sloes and elderberries. Although often not the most palatable on their own, all of these can be used to make a wide range of foods and drinks from elderberry wine and sloe gin to rose hip syrup. But remember to wash them first.

Collecting wild food is great fun, tasty and provides a fantastic opportunity to re-connect to nature. To be safe and certain of what you are putting in your mouth, go on an organised 'food for free' walk or 'fungal foray'. The council's Nature Conservation Team organises a number throughout the year with the next foray being on Sunday 11 November at Gillespie Park from 11.30am to 1.30pm. The event will be attended by fungi expert Ted Tuddenham and will conclude in a wild food feast.



If you would like more information on wild food then contact the Nature Conservation Team on 020 7354 5162.



With the smoking ban in full force, the downside could be more cigarette ends dropped in the streets.

No-one wants to see the streets littered in this way, so we're trying out over 100 funky new butt and gum bins in Finsbury Square, Angel and Nags Head. The bins are created from cast-offs such as recycled aluminium cans and engine blocks, and are vandal-proof and fire-proof.

Mark Mullem, manager of the Hole in the Wall sandwich shop in Exmouth Market, said: "I think this is a great idea because it keeps the streets cleaner, meaning a happier customer. Being a smoker, cigarette butts are a pet hate of mine."

The trial will last one month and if it's a success more butt and gum bins will be put out across Islington.

Phone a friend

Hearing a friendly voice on the end of the phone is not something we should take for granted. For some people, it's a lifeline...

The Friendship Phone Network is a support network for older people in Islington's Finsbury Park ward which aims to reduce loneliness and isolation and help them keep well and safe.

Laura is 90 years old and lives on her own. After a bad fall 11 years ago, and breaking her hip more recently, it is very

difficult for her to leave her home. "I always used to get out and about but now I'm stuck in the house," she says. "I haven't been out of the door for months apart from one trip to the hospital - it drives me crazy."

But thanks to the Friendship Phone Network, Laura can now pick up the phone and hear a

friendly voice at the other end. The Friendship Phone Network recruits volunteers who keep in contact with elderly people by phone, giving them advice and the chance to chat and reminisce. The volunteers are fully trained to offer help with health issues, financial worries and useful advice on keeping warm and safe in the colder months. The volunteers can also refer elderly people to other organisations if they need further help and advice on any issues.

A FRIENDLY VOICE

"It's good for a person who's on their own to have someone phone them up and chat," says Laura. "If you're feeling down it's important to get things off

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It's good for a person who's on their own to have someone phone them up and chat

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your chest, otherwise I just bottle it all up." Laura enjoys hearing about her friend's family, as well as talking about her own memories, whether it was her childhood trips to the market in Brick Lane or her 12 hour shifts in the armaments factory during the war. Sometimes, when she has problems with money or worries about her health, talking it over with the volunteer can help Laura sort out what she can do next if she needs more help.

Get in touch

The Friendship Phone Network was set up by the Manor Gardens Centre with funding from Islington Council and the Primary Care Trust. If you, or anyone you know, could benefit from this scheme, or if you would like to be one of our volunteers, please get in touch by phoning 020 7561 5264 or email avril@manorgardenscentre.org

Speed humps save lives – it's official

They may be unpopular with some drivers, but speed humps save lives – it's a fact. Since speed humps were installed in Canonbury East and West in 2003, there have been 17 fewer casualties compared to the previous three year period.

The total number of casualties on Islington's roads has fallen from 1,255 in 2002 to 736 in 2006. Meanwhile, the number of killed and seriously injured fell from 174 in 2002 to 81 in 2006.



Image supplied by www.johnbirdsall.co.uk



Reclaiming the streets

A dispersal order is now in place to reclaim the streets from those who intimidate residents. The order covers three of the borough's wards – Finsbury Park, Highbury West and Tollington – and was introduced after residents said they were worried about an increase in anti-social behaviour.

Police will have the power to move on people whose behaviour concerns them. Anyone refusing to leave the area can be arrested and face imprisonment and a fine. Any under-16s that refuse to leave when asked will be escorted home.

The surrounding areas will be monitored to ensure the problems do not move elsewhere.

YOUR VIEWS

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Tell us

The council makes a lot of decisions for the community, but we don't want to make them without knowing your thoughts and views on issues that may affect you and your area.

Below is a list of consultations that you can contribute to. You will be able to find out more on the council website. Consultations are open to everyone unless specified.

The youth of today

We want to make sure all 11-19 year olds have the opportunity to reach for the stars, and we want to hear your ideas about how the council can develop opportunities for young people.

Please send your views by post or email to: **Rachel Egan, Children's Services, Islington Council, Block B, Barnsbury Complex, Offord Road, N1 1QG**

Email: rachel.egan@islington.gov.uk

Tel: 020 7527 7026

Consultation open to: Young people, parents, carers and those working with young people.

Running from: 3 September - 31 October

Highbury Corner proposals

Anyone who uses Highbury Corner will tell you it can be noisy and unpleasant and the pavements are overcrowded.

Together with TfL, we are looking at enhancements for the area. Later this year we will be asking for your views on what you think of our proposals for significant improvements to the area.

Keep your eyes peeled for more details of the consultation in future editions of IslingtonNow.

Social care conference

The hot new topic in social care is 'self directed support', an initiative that gives social care service users more control over their lives by giving them the opportunity and money to organise their own care.

Working jointly with partner organisations like Age Concern, Disability Action in Islington and Centre 404, Islington Council is hosting a conference on this subject on 1 October.

Places at the conference are very limited.

Please contact **Rosemary Lampert, Partnerships Manager, on 020 7527 8153** or email ssconsultation@islington.gov.uk


 To view all current consultations, go to www.islington.gov.uk/consultation

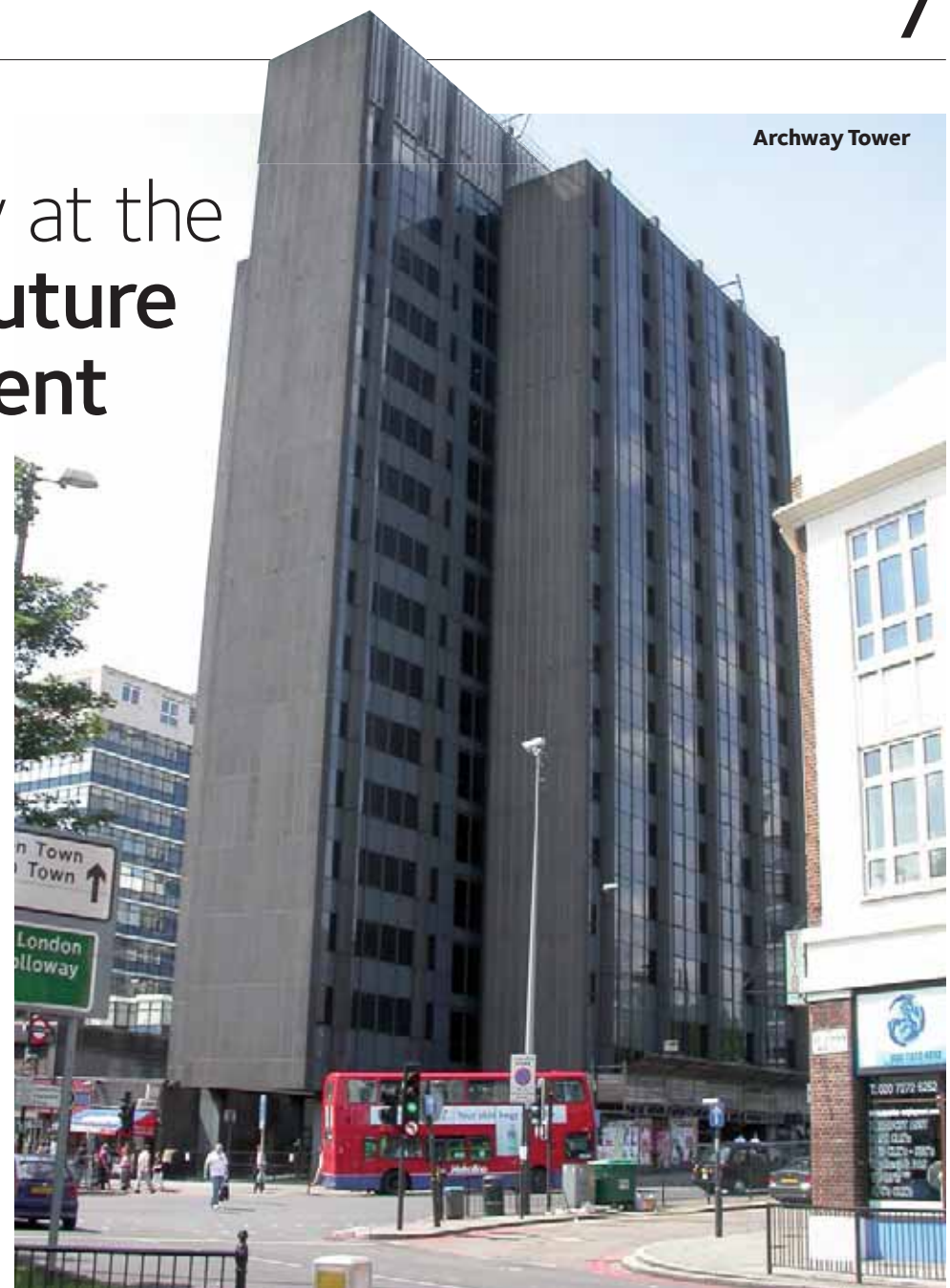
Archway's community at the heart of future development

It will be all change at Archway following consultation with local residents, businesses and others in the area. The consultation included proposals for the roundabout, Archway tower, the tube station, the present leisure centre and surrounding land.

The key decisions were to say no to a new large supermarket, and yes to a range of new housing and local businesses, and a better environment for independent traders in Junction Road and Holloway Road.

It is intended that the development of the area will serve the local community better and make the area more attractive as a whole.

 For more information, go to: www.islington.gov.uk/environment/planning/majorschemes/archway



Archway Tower

The Future of Healthcare in Islington

Look out for the leaflet, 'The Future of Healthcare in Islington', which is the first in a series of leaflets designed to introduce residents to Islington Primary Care Trust's (PCT) plans for the future of your local healthcare services.

You can pick up a leaflet from your local GP surgery, optician, dentist or pharmacy as well as from any Islington library. A copy of the leaflet can also be downloaded from www.islingtonpct.nhs.uk.

Over the next few months we will be looking to further develop Islington's healthcare plans for the future.

If you would like to get involved with this process, find out more or simply give your feedback on anything you read in the leaflet, please get in touch.

Email: feedback@islingtonpct.nhs.uk, or call PALS, the Patient Advice and Liaison Service for Islington PCT on 020 7527 1086/7 or Minicom 020 7527 1085.



Highbury Fields 20mph zone

The consultation on a proposed 20mph zone in the Highbury Fields area has been a great success, with 67 per cent of responses in favour of the zone.

The proposals include new lower, cycle-friendly humps, proposed alterations to existing speed humps and new raised crossings.



Feedback Finder

Get the lowdown on all our consultations, both current and past, with Feedback Finder. It's a great way to see what you have told us, and how we're responding. Got to www.islington.gov.uk/consultation and select Feedback Finder.

While Islington may have one of the trendiest postcodes in London, we know that thousands of hardworking people live here who may sometimes need a helping hand to find the right job

The secrets of...

...job-hunting success

Sometimes people need a helping hand to reach their full potential. That's why we run a range of schemes designed to help you not only find work, but more importantly find the job that's right for you.

ON THE RIGHT TRACK
Unemployed for two years, James McGowan was becoming increasingly frustrated at not being able to put his skills and experience to good use. So when he heard about the Tracks to Employment scheme, James thought he'd give it a try. Advisers helped him realise

“Without the support of Tracks to Employment I would not have achieved this success in a new role”

that being in his mid-fifties was an asset and gave him tips on how to sell himself more effectively to potential employers. James was also helped to update his CV which he then sent out to companies and organisations.

Knowing that he was keen to work in an administrative role yet also had a strong interest in the environment, the scheme found James a vacancy for a recycling officer. Following help filling out the application form, plus interview tips, James got the job and is now happily settled in his new career.

James has a glowing report

of Tracks to Employment. He says: “Without the positive and professional support and facilities available with Tracks to Employment, I would not have achieved this success in a new role.”

A RISING STAR
Malaika Hendrickson from Finsbury Park took part in last year's London Urban Collective programme, a young people's music project partly funded by the council. As a result, Lady Lykez - as

she's known to fans - has just recorded her first single, shot a video and signed a management contract with Freeport Records. She also performed at the Rise festival in July alongside established stars Jamelia and Kelis.

Malaika says: “The course taught me so much about how the industry works for real but



75 people helped into employment, further education or training each month by Tracks to Employment

3 CDs recorded so far by the London Urban Collective

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Lady Lykez received a big step up thanks to a music project partly funded by the council

Jobs, Training and Advice Fair

This fair is aimed specifically at people who are currently unemployed and have been out of work for six months or more. Come along to meet local employers for advice on your CV, jobs, training and qualifications as well as if you are thinking of starting up your own business.

Where: Arsenal Emirates stadium

When: September 27, 10am-3pm

For more information: Call 020 7527 3465 or email: regeneration@islington.gov.uk

Confidence boost

Elizabeth Fredaricka has also been helped into work through the Tracks project.

Advisers gave her help to overcome obstacles preventing her from getting work, including housing problems and a lack of self confidence. She was also encouraged to attend ESOL classes which dramatically improved her English language skills.

"I was given training in lots of different sectors to help me identify which area would be right for me," says Elizabeth. "After going to a session on the social care sector and doing some voluntary work, I realised this was an area of work I found very interesting."

Elizabeth's job adviser then heard about a vacancy at health and social care provider Care UK and encouraged her to apply.

Having got the job, Elizabeth says: "I really needed the support that Tracks provided and I would recommend the service to anyone in a similar situation."



it also plugged me in as a professional artist. Without this project I think I'd still be trying to get a break on the local scene rather than doing it for real."

For more on the London Urban Collective and its artists, go to www.londonurbancollective.com

 For more advice and information, go to www.islington.gov.uk/careers

Get on track...

Whether you're starting on a new career path or feel you need some training after taking time out, here's how we can help.

Work Is

A council service matching local residents with job vacancies. Contact David Williams on 020 7527 1886 or email david.williams@islington.gov.uk, or call Sanjay Kataria on 020 7527 4205 or email sanjay.kataria@islington.gov.uk

One Step

Free support, advice and training to people who have been claiming incapacity benefit for 26 weeks or more. Contact Tomorrow's People on 020 7704 9049 or email bclarke@tomorrows-people.co.uk

Tracks to Employment

Offering one-to-one support to local residents looking for work or training. Call in at one of the centres listed below.

FINSBURY PARK

225 - 229 Seven Sisters Road, N4 2DA
Freephone 0800 197 1407

KING'S CROSS

260 Pentonville Road, N1 9JY
Freephone 0800 197 1406

GOSWELL CENTRE

180 Goswell Road, EC1V 7DT
Freephone 0800 197 1405

Construction Works

Helping local construction workers find work on building projects in Islington. Contact Stav Aristokle on 020 7527 3559/07970 835 210 or email stav.aristokle@islington.gov.uk, or call Elisha Moore on 020 7527 3488/ 07971 389 468 or email elisha.moore@islington.gov.uk

Vocational training

For free courses in hospitality and catering, cultural tourism, childcare, horticulture, creative industries, sports coaching and community interpreting. Call 020 7527 3465 or email regeneration@islington.gov.uk

Careers advice

For general careers advice you can visit:

CONNEXIONS ISLINGTON

(for young people aged 13-19 and people with disabilities up to the age of 25)
White Lion Youth Centre
43-45 White Lion Street
London N1 9PW
E: connexions@islington.gov.uk
T: 020 7527 7030
www.centallondonconnexions.org.uk

CAPITAL CAREERS

(anyone over the age of 20)
3-4 Picton Place
London W1U 1BJ
E: enquiries@capitalcareers.ltd.uk
T: 020 7487 9315
www.capitalcareers.ltd.uk

10 LOCAL LIFE

Hail a PlusBus!

Everyone can now use the 812 PlusBus route between Hoxton, Angel and Old Street. You can either board the bus at any of the bus stops along the route, or you can hail the bus and, provided it is safe, the driver will stop to pick you up.

Don't forget that anybody can hail PlusBus. It's only £1 per journey if you're not a Freedom Pass holder, and the service is fully wheelchair accessible.

 You can get a PlusBus timetable and map by phoning 020 7275 2400, emailing customerservices@hackney.org or visiting www.hctgroup.org

Centenary celebrations for two of our libraries

West and Central Libraries are celebrating their 100th birthdays! West Library opened on 24 July 1907 and the Central Library followed on 25 October. Islington's Mayor Alderman G.S. Elliott was at the openings back in 1907 - up until his death in 1925 he was Mayor of Islington 13 times!

The local paper described the opening ceremony of the West Library as a 'humorous jumble of bans and blessings' and, at the opening of the Central Library, the band of the Coldstream Guards played amidst palms, flowers and elaborate refreshments.

Both libraries have recently had an overhaul with improved access and facilities.



West Library (left) and Central Library as they looked 100 years ago



Central Library today



New day dawns at Alsen Centre

The Alsen Day Centre has reopened with a fantastic new look. The centre provides a quality day care service for 50 older people with physical disabilities. For the past 18 months people had been temporarily housed at other centres while Alsen was completely rebuilt.

Frank Churchouse has been using the centre

for over seven years. "I really like it here," he said. "The new building looks good, it's like a hotel and I'm really glad to see all the staff back together."

New special features of the innovative new building include a multi-faith room, hairdressers and a wheelchair-accessible garden and conservatory.

Don't lose your voice!

The right to vote is at the heart of a healthy democracy, and we want everyone in the borough to register to vote.

All households will have recently received a Household Voter Registration form, it's easy to complete and return so do so as soon as you can. If you don't fancy the walk to the postbox, you can submit your details online at www.islington.gov.uk/voting

 For further information or to request a form please contact Electoral Services on 020 7527 3110 or email electoral.services@islington.gov.uk



LIFESTYLE

£20,000

Sport Islington's annual grant

11

Broaden your foodie horizons!

The whole family can benefit from a varied diet, so why not try something new today? Your taste buds will welcome a bit of adventure!

A great place to go if you fancy trying something different for dinner is one of

Islington's food markets. So pop along to Whitecross Street Market on 7 and 8 September. There will be a wide array of delicious speciality market food on offer.

And on 22 September you can experience the joys of the



Enjoy treats galore at Islington's markets

market without the cars as we celebrate Car Free Day. Enjoy a range of tempting delicacies while watching designers transform abandoned vehicles into works of art.

FRESH FROM THE FARM

Another great place to go to sample some delicious new delicacies is Islington's farmers' market, which is held every Sunday from 10am-2pm in William Tyndale School, Upper Street, behind the town hall (access from Richmond Grove). Goods including organic fish and meat are sold by the farmers themselves and come from farms within 100 miles of London.



For more on Islington's markets, go to www.islington.gov.uk/markets



FOOD FOR THOUGHT

Starchy foods like pasta, rice, bread, potatoes and cereals should make up around a third of what we eat. Try to choose wholegrain varieties of these foods if you can.

GET YOUR FIVE A DAY!

Chop up celery, cucumber and sweet pepper into sticks and dunk them into salsa or guacamole

Get active

Anyone for tennis? You don't have to be a member to serve up a game of tennis at Islington Tennis Centre, and there are courts designed for children and teens, as well as activities for older budding tennis players. Call 020 7700 1370 or go to www.aquaterra.org/Islington/ITC for more information.



Seven days free fitness!

From Monday 10 September Aquaterra Leisure will be giving away 500 free seven day memberships! You will be able to enjoy seven days free gym, swim, exercise classes, aqua aerobics and sauna at your local centre. Simply make an appointment at your local centre to qualify for your free membership. The offer is

limited to one per adult and runs to 28 October 2007. The offer does not apply to current members.



For more information, contact your local leisure centre – see p15 for contact details.

Opening doors

The capital's biggest architectural festival, Open House London, lets you experience over 600 London properties in the flesh – including 32 in Islington – over the weekend of 15 and 16 September. Buildings include historic houses, public buildings, design studios, a theatre and even a newspaper office.

See your local library for a guide, visit www.openhouse.org.uk or call 09001 600 061.

Islington has over **15,000 unscreened women**
Are you one of them?

Your biggest risk factor for developing cervical cancer is not going for **regular cervical screening** (smear tests)

Contact your GP Practice or Family Planning Clinic for more information.



Islington **NHS**
Primary Care Trust

A helping hand



Mentoring a young person can be hugely rewarding...

Making decisions that affect your future isn't always easy, especially if you're only 16! That's why our mentoring scheme is so helpful for young people. It gives them an introduction to the world of work as well as someone experienced to chat to about their future.

After working with a mentor from a top city law firm for 18 months, 16-year-old Islington student Humphrey Kigozi is now more confident in his ambition to become a lawyer.

Humphrey was mentored by Sally Horton from Lovells, who helped him in many ways. He says: "The project exceeded my expectations and strengthened my aspirations to become a lawyer. Sally has really helped me to become

more organised with my studies and even with my finances. I was also lucky enough to get a work placement at another law firm. That was really helpful because it was a great way to find out exactly what lawyers do and how they do deals.

"I was very shy before so this mentoring experience has really helped me feel more confident talking to a wide variety of people. Sally's opinion is really valuable to me and it's been great to have the opportunity of having her influence on my life."

A HELPING HAND

For Sally, it was a great opportunity to help someone get ahead, and she has enjoyed the experience. "It has been great to work with

I had already done some mentoring with other colleagues, but working with Humphrey enabled me to look at things from a different perspective and it's influenced the way I mentor colleagues at work and vice versa

someone that I wouldn't normally meet and I've got a lot of personal satisfaction in getting to know Humphrey and seeing him develop, which has been brilliant – and lots of fun. He's always been very determined and very focused but he's more confident now."

Sally also feels that the mentoring experience has helped her in the workplace: "I had already done some mentoring with other colleagues, but working with

Humphrey enabled me to look at things from a different perspective and it's influenced the way I mentor colleagues at work and vice versa.

"Apart from the personal benefits, I really do think it has benefited Lovells too. The programme brings people from across the firm together and of course it shows the firm is committed to giving something back to the local community."

With Humphrey now off to

What do mentors do?

Mentoring a young person is rewarding for both parties. As a mentor you can:

- support and guide a student as they consider what they want to do after leaving school
- introduce them to a new perspective and to the world of business
- motivate them to study
- help them consider their options for the future
- become a role model at a critical stage in their development
- help them make crucial decisions about their future.

In return you can:

- learn new skills
- benefit from a new experience
- meet people from different walks of life.

sixth form college, Sally hopes they keep up the mentoring – and they plan to start by celebrating Humphrey's exam results!

If you're interested in being a mentor to a young person in Islington, please contact Rebecca Ledger 020 7527 5860 or rebecca.ledger@islington.gov.uk

1815 the year St Mary Magdalene opened its doors

30 primary schools involved in the School Environmental Project

13

Fun had by all at Summer Uni

This year's Summer University was a huge hit with 11-19 year olds in Islington. From cooking to canoeing and from science to songwriting, there really was something to suit every young person, whatever his or her hobbies, interests and talents.



Top marks for Islington school

Richard Cloudesley Special School is the latest in Islington to impress Ofsted inspectors, who judged it as 'outstanding' - the highest rating possible.

Richard Cloudesley caters for pupils aged 3-19 with complex physical disabilities. The recently published report says the school provides "an outstanding package of education, support, care and guidance" for its pupils. The work that the school does to involve families is singled out for praise, as is the training and development of staff.

Ofsted inspection reports can be downloaded from www.ofsted.gov.uk



Special celebration for St Mary Magdalene

St Mary Magdalene School celebrated almost three hundred years of history at a special Open Day which was attended by pupils old and new. All the staff and most of the pupils dressed in 1940s style to celebrate.

There has been a Church of England School in Islington since 1710, and St Mary Magdalene has stood on the site since 1815. Jean Carter, pictured here cutting a commemorative cake, attended the school in 1929.

Islington
Children's
 Information Service

children families young people children families young people

For information on all services for children, young people and families

Call
020 7527 5959

www.islington.gov.uk/cis
www.islington.gov.uk/childrensdirectory

ISLINGTON

COUNCIL MEETINGS

10 September 7.30pm, Location to be confirmed
East Area Committee Meeting
10 September 7.30pm, Postgraduate Lecture Theatre,
Holborn Union Building, Archway Campus, Highgate Hill
North Area Committee Meeting
11 September 7.30pm, Location to be confirmed
South Area Committee Meeting
11 September 7.30pm, Town Hall, Upper Street
West Area Committee Meeting
13 September 7.30pm, Town Hall, Upper Street
Executive Meeting
27 September 7.30pm, Town Hall, Upper Street
Corporate Services Meeting



For more information call Jakki Crowder on 020 7527 3251, email jakki.crowder@islington.gov.uk or see www.islington.gov.uk/democracy

All meetings are subject to change. Please check the website before attending.

email us at events@islington.gov.uk

**BIT SQUASHED?
LANDLORD LETTING YOU DOWN?**

- Not enough room?
- Too many cooks in the kitchen?
- Not enough bathrooms?
- Private tenant?
- Three storeys and five people or more?

Your landlord may need an HMO licence – which gives you the right to enough space and adequate facilities.

Know your rights!

You may get some rent back if your landlord is successfully prosecuted for being unlicensed.



Visit www.islington.gov.uk/Housing/PrivateHousing and click on HMO licensing or call 020 7527 3083 if you suspect your landlord is unlicensed.



Get active!

Sunday Strolls - Clerkenwell Uncovered

Step back in time on a historical walk through Clerkenwell.
Where: Meet outside Farringdon tube station, Cowcross Street, EC1
When: Sunday 16 September 11am–12.30pm
How much: Free, but booking is required
To book call Emma Charlton on 020 7527 2626 or email emma.charlton@islington.gov.uk.

Sunday Strolls - Islington's Hidden Oasis

Explore hidden town squares and tranquil green spaces, tucked away behind the bustle of Upper Street.
Where: Meet on the Islington Town Hall steps, Upper Street, N1
When: Sunday 16 September 2–3pm
How much: Free, but booking is required
To book call Emma Charlton on 020 7527 2626 or email emma.charlton@islington.gov.uk.

Goalkeeper Coaching

A ten-week course for 7–16 year olds providing specialised training on the specific skills required of a goalkeeper. The course will cover various aspects including footwork, positioning, handling, shot-stopping and distribution.

Where: Market Road Artificial Pitches

When: Thursday 27 September – Thursday 29 November, 5 – 6pm.



How much: £36 or £29 with an Izz Card and £22 with an Izz Plus Card

To book please call Islington Tennis Centre on 020 7700 1370 and quote course code GKMR26.

SoccaSkills

Coaches encourage 5–8 year olds to learn new techniques and skills, as well as playing small-sided games in a supervised environment.

Where: Sobell Leisure Centre N7

When: Friday 7 September – Friday 5 October, 4.30–5.30pm (course code SSSB51), Tuesday 11 September – Tuesday 9 October, 4.30–5.30pm (course code SSSB54), Friday 7 September – Friday 5 October, 5.30–6.30pm (course code SSSB52)

How much: £17.50 or £13 with an Izz Card and £9.50 with an Izz Plus Card
To book please call Sobell on 020 7609 2166.

For general information call 020 7686 8810 or email michael.macneill@aquaterra.org.uk



Community events

Kites, Clay, Drumming and Acrobalancing

An exciting workshop where young people and adults have the chance to make their own kites, create pottery and do some African drumming.
Where: Edward Square, Caledonian Road, N7
When: Saturday 8 September 2pm–4pm
How much: 50p
For more information call Lisa Pontecorvo on 020 7609 1687



Greystone Nature Reserve Fundraiser

Help raise funds for the Greystone Nature Reserve in Zimbabwe. There are games and activities for children, and you can bring a picnic. Booking is essential.
Where: Islington Ecology Centre, 191 Drayton Park N5
When: Tuesday 25 September 4.30–7pm
How much: free, but there will be a collection and raffle
To book call 020 7354 5162.

Centenary celebrations

To celebrate their 100th birthdays, West and Central libraries are holding a series of events. There is a Chatterbooks session for 7–12 year olds to make Edwardian greetings cards.
Where: West Library, Bridgeman Road, N1
When: Saturday 22 September 10am–12noon
For more information call 020 7527 7920
Or come along and enjoy a centenary tea dance.
Where: Central Library, 2 Fieldway Crescent, N5
When: Wednesday 5 September 2–4pm
For more information call 020 7527 6900

Freedom Fest at Highbury Fields

As part of Black History Month we would like to invite you to Freedom Fest – an exciting and entertaining day for everybody.
Where: Highbury Fields
When: Saturday 6 October 12noon–4pm

If you want to see your event listed here, email us at events@islington.gov.uk

We can't guarantee that all events will be published

Eco-living

Visit to Eco-Park Compost Centre

Ever wondered how food and green waste is recycled? Come on a tour of the Eco-Park Compost Centre to find out. Booking is essential. Lunch and transport is provided.

Where: Meet at the i-recycle centre, 1 Cottage Rd, N7

When: 7 September, 9.30am-2pm
To book call 020 7527 5996 or email irecyclecentre@islington.gov.uk

Traditional Hedgelaying Workshop

A practical workshop teaching the principles of this traditional craft. The hedge laid will become a permanent feature of the park. Booking is essential.

Where: Dartmouth Park

When: Sunday 30 September, 10am-4pm
How much: free

To book call 07903 151960 or email shandrina.burgess@islington.gov.uk

Street Safari

Join natural historian Bob Gilbert as he leads a walk looking at some of Islington's hidden secrets. Discover flora, fauna and local history. Booking is essential.

Where: Meet at Highbury and Islington Station forecourt

When: Tuesday 11 September 7- 8.30pm
To book call 020 7354 5162.

Festivals

Angel Canal Festival

This annual festival will feature a variety of stalls, fun fair, music and boat trips.

Where: City Road Basin, Lock and Towpath, Regents Canal

When: Sunday 2 September 11am-5pm
How much: Entrance is free, although some attractions may involve a small cost.
For more information go to www.angelcanalfestival.org



Fortune Street Park Community Festival

Face painting, a bouncy castle, steel pan music and children's activities.

Where: Fortune Street Park, Golden Lane & Fortune Street, EC1
When: Saturday 8 September 12noon-6pm
How much: free

Gillespie Park Festival

Children's activities, food and entertainment are all on offer at this festival.

Where: Gillespie Park, N5
When: Sunday 9 September 2pm-6pm
How much: free
For more information call 020 7354 5162

The arts

Charity Wars

Joanie, the ambitious marketing director of an international charity, gambles too much on winning power. Expect lots of laughs in this satirical play.

Where: Pleasance Theatre, North Road N7
When: 11-30 Sept (not Mondays), 7.45pm, Sundays 5.15pm

How much: £10 (£8 concs), £5 Cheap Tuesdays

To book go to www.pleasance.co.uk or call 020 7609 1800

Pierre Bismuth – Visual Arts

Check out the work of French conceptual artist Bismuth, who is obsessed with cinema and the representation of movement.

Where: Sadler's Wells Theatre, Rosebery Avenue

When: Throughout September, Mon - Sat, 9am - 8.30pm

How much: Free

For more information go to www.sadlerswells.com or call 020 7863 8034

Alvin Ailey American Dance Theater

This dance troupe is well known for its soul-stirring, high-energy performances, showing American dance at its vibrant best. In this show, the 30 dancers seduce us with their verve, charm and explosive energy.

Where: Sadler's Wells Theatre, Rosebery Avenue

When: 4-15 September, Tue - Sat at 7.30pm, Sat at 2.30pm, Sun at 4pm

How much: £10 - £38

To book go to www.sadlerswells.com or call 0844 412 4300.

Arsenal's September fixtures



Sunday 2, 1.30pm
Arsenal v Portsmouth

Saturday 22, 3pm
Arsenal v Derby County

All fixtures are subject to change. Please check www.arsenal.com/fixtures.asp for the most up-to-date information.

Match Day Parking

Want to know where to park in Islington when Arsenal play at home or the Emirates Stadium hosts a large event? Find out about transport restrictions such as Controlled Parking Zones that come into play and how they might affect you.

For further details go to www.islington.gov.uk/matchdayparking

CONTACT ISLINGTON

Contact Islington is the council's telephone and customer service centre based on the ground floor of **222 Upper Street, N1**. Contact Islington can help you with a range of services including housing advice and environmental queries.

The service centre is open from 8am to 6pm Monday to Friday (8.30am to 6pm on Wednesday only) for your face-to-face service needs. It also opens every fourth Saturday of the month, from 9am to 1pm (third Saturday if coinciding with Bank Holiday weekends). **Phonelines are open from 8am to 8pm Monday to Friday, and 9am to 6pm every Saturday.**

Phone: 020 7527 2000

Email: contact@islington.gov.uk

Minicom: 020 7527 1900

Fax: 020 7527 5001

Other useful contact numbers

CEA@Islington

020 7527 5800

www.islingtonschoools.net

HFI Direct (repairs)

0800 694 3344

(minicom 0800 073 0536)

repairs@homesforislington.org.uk

Islington Police

020 7704 1212

Report non-emergencies at

www.online.police.uk

NHSDirect

0845 46 47

www.nhsdirect.nhs.uk

Local leisure centres

Archway Leisure Centre

020 7281 4105

Cally Pool

020 7278 1890

Finsbury Leisure Centre

020 7253 2346

Highbury Pool

020 7704 2312

Ironmonger Row Baths

020 7253 4011

Islington Tennis Centre

020 7700 1370

Sobell Leisure Centre

020 7609 2166

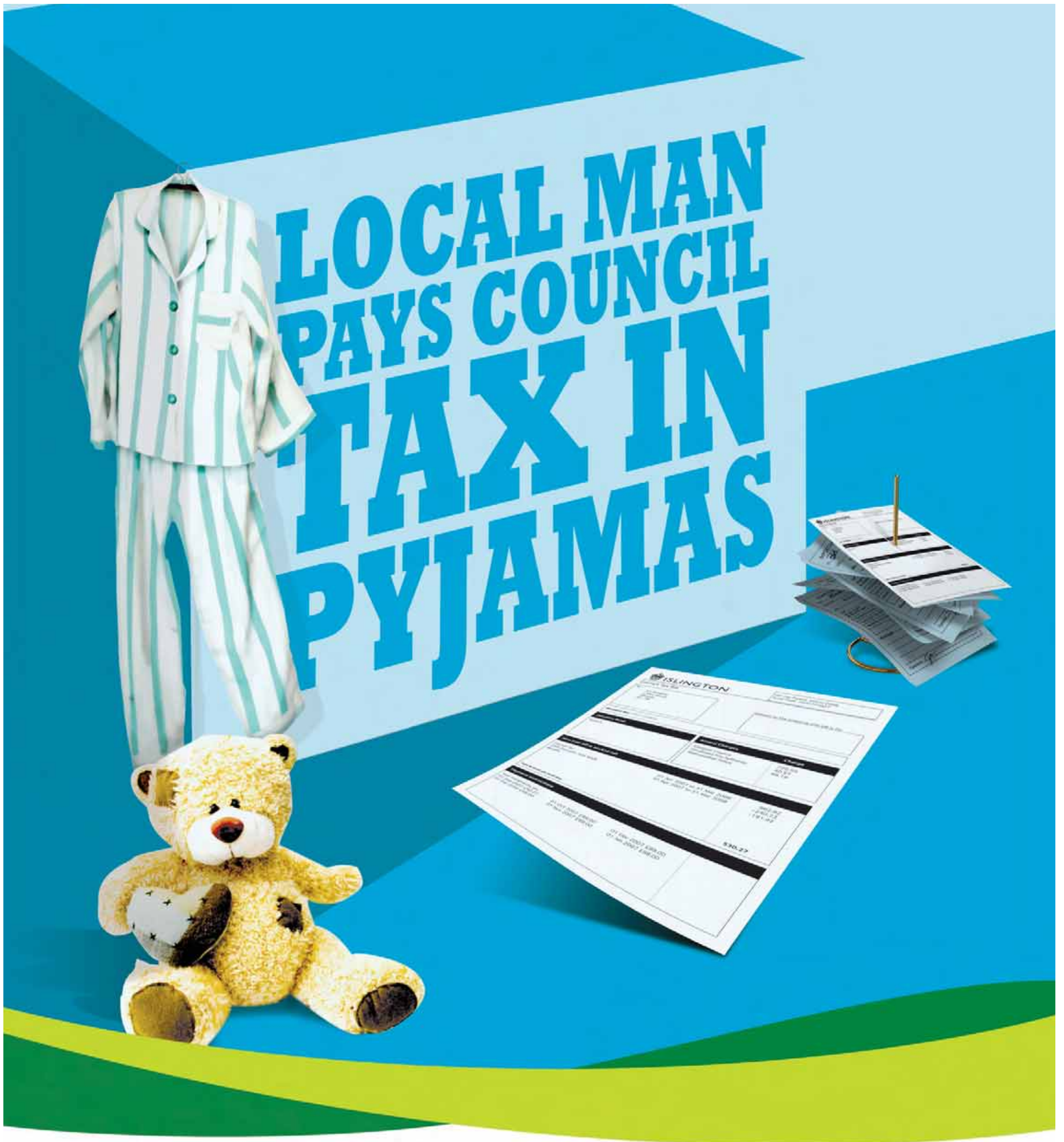
www.aquaterra.org

CONTACT YOUR LOCAL COUNCILLOR

Islington has 48 councillors. Councillors make decisions on council policy and spending. They are the people who know what's going on in your local area, and are there for you to talk to about any problems you may have with council services. They can take up your case themselves or point you in the right direction to get more advice.

You can meet any of your ward councillors in person at one of their regular surgeries, write to them at the Town Hall, email or telephone them.

For councillors' contact details, to find out when they hold surgeries, and for details of your local Member of Parliament, Member of European Parliament and Greater London Authority representative, please call 020 7527 2000 or visit www.islington.gov.uk/council



You can do a lot online at www.islington.gov.uk. Renew a library book with your feet up. Pay a parking fine with a glass of wine and learn about term times at teatime. With 24/7 access to a wide range of services the Islington Council website is fast, easy and convenient.

Bookmark www.islington.gov.uk today.



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