



↘ Out of borough services guide

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Haringey			
Advice needed	Service	Contact	Information
All council services within the borough	Haringey Council	020 8489 0000 (open 8.45am until 5pm) 020 8348 3148 (emergency service telephone number 5pm until 9am) Haringey Council Civic Centre High Road Wood Green N22 8LE www.haringey.gov.uk	For all services within the borough. Free internet access is available at council libraries
General advice and signposting	Haringey Citizen's Advice Bureau	0844 8269715 www.haringeycabx.org.uk info@haringeycabx.org.uk Turnpike Lane Citizens Advice Bureau: 14a Willoughby Road London N8 0JJ Tottenham Citizens Advice Bureau: 551B Tottenham High Road (alleyway next to Barclays) London, N17 6SB	Benefits, housing, employment and debt, consumer, legal and other issues advice
Financial help	Benefits Service	020 8489 1000 benefits@haringey.gov.uk Benefits Service PO Box 10505 Wood Green London N22 7WJ	Provides money and debt advice and information on welfare benefits. For help to pay your rent and council tax through housing benefit, local housing allowance and council tax benefit. Address given is for writing to only. 4 Customer Service Centres in the borough, contact the Benefits Service for details of locations

Haringey			
Advice needed	Service	Contact	Information
Housing	Housing Advice Team	020 8489 4309 housing.advice@haringey.gov.uk housing.options@haringey.gov.uk Strategic and Community Housing Apex House 820 Seven Sisters Road Tottenham N15 5PQ	Advice and information on general housing matters, such as legal problems, prevention of homelessness, housing associations, and difficulties with landlords
Housing	Housing Benefit and Council Tax Benefit in Haringey	0845 071 2800 Haringey Council PO Box 10505 Wood Green N22 7WJ	For information about Housing and Council Tax Benefits
Benefits checks and income maximisation	Financial Assessment Team	020 8489 3913 Finance.assessment.team@haringey.gov.uk Finance Assessment Team 40 Cumberland Road Wood Green London N22 7SG	Benefits advice (for example when returning to work) and how to claim them. Ensure you are receiving all the welfare benefits you are entitled to and to appeal against a benefit decision
Employment, benefits, loans and grants	Jobcentre Plus	020 8219 5400 Granta House 1 Western Road Wood Green London, United Kingdom N22 6UH 0845 604 3719 640-656 High Road Tottenham London, United Kingdom N17 0AA 020 8365 5200 / 0845 604 3719	For information about looking for a job, claiming benefits, and reporting a change in your circumstances

Haringey			
Advice needed	Service	Contact	Information
Lack of English and general support for Turkish Cypriot people	Turkish Community Centre	020 8826 1080 www.tcca.org	Runs several projects for Turkish Cypriot people including ESOL classes, homecare, Toplum Postasi (Community Post), luncheon club, and an information and advice surgery
Lack of skills or poor English	HALS (Haringey Adult Learning Service)	020 8489 2500 hals@haringey.gov.uk	Offer a wide range of courses (many are free and some offered with crèche facilities) for Islington residents e.g. ESOL, maths, IT, business skills
Poor English, advice and advocacy	CARIS Haringey	CARIS Haringey, St Ann's Church Hall, Avenue Road, London N15 5JH 0208 800 5300 info@carisharingey.org.uk www.carisharingey.org.uk	ESOL classes, advice and advocacy appointments offered on subjects including health, education, housing, benefit claims and refugee status, emergency help given, a children's drop-in service, summer playscheme and toy library
Childcare	Family Information Service	020 8489 1000 childcare@haringey.gov.uk www.fisd.haringey.gov.uk	Services, support and activities in Haringey and national information to help parents, carers and their families
Parental support	HARTS for Families (Haringey Tenancy Support for Families)	0845 303 2350 harts@circle33.org	Advice and support around issues such as housing, benefits, accessing other services, education, training and employment. Emotional and practical support is also offered where there are domestic violence issues, problems with mental health, disabilities, substance dependency, and child welfare concerns.
Learning disabilities	Haringey Learning Disabilities	Haringey Learning Disabilities Partnership Unit 5, St George's Estate White Hart Lane Wood Green N22 5QL 020 8489 1384 hldp@haringey.gov.uk	Provide health and social care services for people with learning disabilities and their carers

Haringey			
Advice needed	Service	Contact	Information
Physical or sensory disabilities	Adult Social Care		Provides help, advice and support to people who are: <ul style="list-style-type: none"> - physically disabled - deaf or hard of hearing - blind or partially sighted
	Disabled Children's Team	http://www.haringey.gov.uk/kd/index/children_and_families/children-disabilities/disabled_childrens_team.htm	
Arts therapy and parenting aid	Chestnuts Community Arts Centre	020 8802 4649 / 020 8802 4649 chestnutscentre@yahoo.com	Services offered include drama, parenting counseling, immigration advice, karate, holistic art therapy
Adult mental health issues	Haringey Mental Health Service	St Ann's Hospital Switchboard 020 8442 6000 (ask for Community Mental Health Team or explain mental health issue) St Ann's Hospital, St Ann's Road, Tottenham N15 3TH	Community Mental Health Team provides assessments and treatment to people who have long-term mental health needs. Other mental health services available at St Ann's Hospital
Children's mental health issues	Haringey Child & Adolescent Mental Health Service (CAMHS)	020 8342 5900 (can provide information but cannot provide a service unless referred by a health professional, social services or senior professional in education) Haringey CAMHS, Burgoyne Road Clinic, 58A Burgoyne Road, Haringey, London N4 1AE	The service is for children and young people aged from 0-18 years and their families. Provide help for a wide range of mental health problems, disorders and illnesses

Haringey			
Advice needed	Service	Contact	Information
Mental health issues	Mind in Haringey	020 8340 2474 admin@mih.org.uk Contact: Anita Hudson	Provide information on a range of topics including types of mental distress, where to get help, drug and alternative treatments and advocacy
Alcohol use	Haringey Advisory Group on Alcohol	020 8800 6999	Free and confidential service for those worried about their or someone else's alcohol use
Drug and alcohol use	Chrysalis	020 8808 6550 info@bubic.org.uk	Support group for family and friends of drug and alcohol users in Haringey
Healthcare	NHS Haringey	020 8442 6000 www.haringey.nhs.uk	Resource for Haringey residents to find out more about the local NHS services that are available to them
Refugee Advice	Haringey refugee forum	http://www.havcoharingey.org.uk/ Haringey association of voluntary and community orgs Asylum Service of Haringey Council 476 High Road N17 9JF 020 8489 4900 Opening times: Monday to Friday 9.00am to 4.00pm (Except Wednesdays 1.00pm. to 4.00pm)	Provides a range of advice and support services for families, adults, and young unaccompanied refugees and asylum seeking children and young people
Haringey Refugee Consortium		Selby Centre, Selby Road London N17 8JL Phone: 020 8885 5511 hrcconsortium@aol.com	Offers advice, information and guidance on employment for refugee communities. It also offers career advice, ESOL classes and IT training

↳ Hackney

Main council contact details

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Hackney			
Barrier	Service	Contact	Information
All council services within the borough	Hackney Council	020 8356 3000 www.hackney.gov.uk info@hackney.gov.uk Hackney Service Centre 1 Hillman Street London E8 1DY	For all services within the borough. Free internet access is available at council libraries
Signposting to services	Hackney Council for Voluntary Service	www.hcvs.org.uk/en/pages/hcvs/contact-us/default.aspx 020 7923 1962 / 020 7923 8185 ali.aksoy@hcvs.org.uk info@hcvs.org.uk 84 SpringField House 5 Tyssen Street London E8 2LY	Sign post individuals living in Hackney to organisations for assistance with various problems
Legal advice	Hackney Community Law Centre	020 8985 5236 / 020 8985 8364 8 Lower Clapton Road, London E5 0PD	Free legal advice on debt, housing, employment, welfare rights/social security
General advice and signposting	Hackney Citizen's Advice Bureau	0844 499 1195 www.eastendcab.org.uk 020 8525 6350 236-238 Mare Street Hackney E8 1HE 020 7249 8027 491-493 Kingsland Road Hackney E8 4AU drop-in advice centres	Debt, welfare, employment, housing, education and family issues advice to those living in Hackney

Hackney			
Barrier	Service	Contact	Information
Housing	Hackney Supporting People Programme	020 8356 2834 info@hackney.gov.uk www.hackney.gov.uk/supporting-people.htm	Delivery of 'housing related support' to a diverse client group of young and older vulnerable people within Hackney
Housing	Housing Benefit and Council Tax Benefit	020 8356 3399 benefits@hackney.gov.uk www.hackney.gov.uk/f-housing-benefits.htm	Information and support with housing benefit and council tax benefit, and reporting changes in circumstances
Lack of skills and poor English	ACL Team at The Learning Trust	020 8820 7339 info@learningtrust.co.uk www.learningtrust.co.uk/adult-learning The Learning Trust 1 Reading Lane, London E8 1GQ	Educational services to adult learners including ESOL, literacy, numeracy, IT and family learning
Training, advice and employment support	Working Links	020 7923 8850 Unit G-01 Ground and Mezzanine Ability Plaza 308 Kingsland Road E8 4DB Other offices and general information: 0800 917 9262 Queries@workinglinks.co.uk www.workinglinks.co.uk	Support getting into work through job search help and advice, training, work experience, and financial help finding a job. Offender support also available
Employment rights for parents	Hackney Working Families	www.workingfamilies.org.uk office@workingfamilies.org.uk 0800 013 0313 1 - 3 Berry Street, London EC1V 0AA	Help and advice to parents on all aspects of employment law and rights at work, maternity leave and pay, right to request etc

Hackney			
Barrier	Service	Contact	Information
Employment, benefits, loans and grants	Job Centre Plus	0845 600 1153 Hoxton 020 7749 7051 Hackney 020 8218 8137 Dalston 020 7200 6648 and City 020 7301 6700 Offices www.jobcentreplus.gov.uk	For information about looking for a job, claiming income support, claiming job seekers allowance and reporting a change in your circumstances
Childcare	Hackney Information Services (family information service)	020 8820 7590 fis@learningtrust.co.uk www.learningtrust.co.uk/fis 2 nd Floor, TLC Building 1 Reading Lane, E8 1GQ	Information on childcare, paying for childcare and services for families with children aged 0-19
Healthcare	NHS City and Hackney	www.cityandhackney.nhs.uk Refugees and newly arrived migrants - 020 7923 1962	Information and advice for accessing services including stopping smoking, drug and alcohol problems, domestic violence, mental health, tuberculosis, GP registration and other health issues and difficulties
Physical and sensory disability and advice	Access Team Adult Social Care	020 8356 6262 access@hackney.gov.uk www.hackney.gov.uk/adults-and-older-people.htm	Information and advice for older people, adults with physical and sensory disabilities and those with long-term illness. Also provide services for children and young people with sensory disabilities
Learning disability and advice	Access Service - Learning Disabilities Service	020 8356 7400 duty.worker@hackney.gov.uk www.hackney.gov.uk/learning-disabilities-service.htm	Service for adults with learning disabilities living in Hackney
Mental health issues	Community Mental Health Teams	020 8356 5782 adultprotection@hackney.gov.uk Hackney Service Centre 1 Hillman Street E8 1DY	For advice, information and support for people with mental health issues

Hackney			
Barrier	Service	Contact	Information
Mental health issues	City and Hackney Mind	020 8985 4239 services@cityandhackneymind.org.uk www.cityandhackneymind.org.uk	Provide information on a range of topics including types of mental distress, where to get help, drug and alternative treatments and advocacy
Drug and alcohol abuse	Substance Misuse Team	www.workingfamilies.org.uk 020 8356 4057 info@hackney.gov.uk Hackney Service Centre, Mental Health Services, 1 Hillman Street, London E8 1DY	Support for people in relation to drug and alcohol abuse
Signposting to services	Asylum Seeker Support	020 8356 2254 www.hackney.gov.uk info@hackney.gov.uk Hackney Service Centre 1 Hillman Street London E8 1DY	The Asylum and Access Unit (AAU) deals with all aspects of Asylum and Immigration matters, for Families, single Adults, and for minors between the ages of 16 to 18 who have arrived in this country alone
Support and advice on immigration, housing, welfare and health	Hackney Migrant Centre	07504 332 706 info@hackneymigrantcentre.org.uk	Integrated service offering professional advice, information and social support for refugees and recent migrants

Waltham Forest

Main council contact details

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Refugee and Migrant Community Organisations

Waltham Forest			
Advice needed	Service	Contact	Information
All council services within the borough	Waltham Forest Council	020 8496 3000 www.walthamforest.gov.uk Drop-in centres: 137 Hoe Street, Walthamstow E17 4RT 771-776 High Road, Leyton E10 6AE 819 High Road, Leytonstone E11 1HQ	For all services within the borough. Free internet access is available at council libraries
General Advice	Waltham Forest Voluntary Action	www.voluntaryaction.net (click on 'Groups and Networks')	A large directory of services, for example, housing services, children's services and advice providers for different groups
General advice and signposting	Waltham Forest Citizen's Advice Bureau	www.walthamforestcab.org.uk , then click on 'advice', and then click on 'email advice' Drop-in advice centres: Walthamstow CAB 020 8521 5125 Churchill Business Centre 6-11 Church Hill Walthamstow London E17 3RY Leytonstone CAB 020 8988 9620 Greater London House 547-551 High Road Leytonstone E11	Housing, disability, employment, debt and other advice

Waltham Forest			
Advice needed	Service	Contact	Information
Legal support	East London Community Law Service (formerly called 'Waltham Forest Refugee Advice Centre')	702 High Road Leyton, London E10 6JP 020 8558 1865	Immigration, housing, welfare benefits, education, training, employment, hate crime and domestic violence. Legal advice and representation about immigration and asylum law
Housing	Housing options	020 8496 5422 020 8496 5429 Emergency number outside office hours 020 8496 3000. Cedar Wood House 2d Fulbourne Road Walthamstow E17 4GG Opening hours: 9am-4.30pm Monday to Thursday 10am-4.30pm Friday	Housing advice and support including regarding domestic violence, rent problems, tenancy deposit legislation, housing benefit
Training and Employment	Job Centre Plus	020 8210 3000 Jobcentre Plus 7-13 Westbury Road Waltham Forest London E17 6RH	Support getting into work through job search help and advice, training, work experience, and financial help finding a job. Offender support also available
Lack of skills or poor English	Adult and Community Education, CLaSS	Leytonstone 020 8558 6805 www.walthamforestclass.gov.uk Adult and Community Services Leyton Neighbourhood Learning Centre 3 The Square, High Road Leyton E10 5NH class.info@walthamforest.gov.uk	Provider of adult education and work based training. Provide a range of learning opportunities for adults and young people across the borough. Various courses offered including ESOL (reduced fee for those eligible), maths, workskills and family learning

Waltham Forest			
Advice needed	Service	Contact	Information
Employment, benefits, loans and grants	Job Centre Plus	0845 604 3719 7-13 Westbury Road Walthamstow, London United Kingdom E17 6RH 020 8535 6100 Robart House, 1-3 Lemna Road Leytonstone E11 1JJ 020 8988 5300 contact-us@jobcentreplus.gsi.gov.uk	For information about looking for a job, claiming income support, claiming job seekers allowance and reporting a change in your circumstances
Childcare	Waltham Forest Information Service (family information service)	020 8496 3000 8 Buxton Road Walthamstow E17 7EJ wffis@walthamforest.gov.uk www.walthamforest.gov.uk/cypd	Information and advice on childcare as well as general information on a wide range of services for children and young people and their families
Healthcare	Waltham Forest Primary Care Trust (PCT)	020 8430 7000 www.walthamforest.nhs.uk	Resource for Waltham Forest residents to find out more about the local NHS services that are available to them
Mental Health issues	Locality Mental Health Service	020 8496 3000 (ask for Mental Health Team) Waltham Forest Social Services Silver Birch House Uplands Business Park Blackhorse Lane Walthamstow E17 5SD	For adults who have a severe and long lasting mental health need, or are a carer of someone with a severe mental health need
Mental health issues	Mind in Waltham Forest	020 8556 9621 mail@mindinwf.org.uk Contact: Sharron Crook www.mindinwf.org.uk	Provide information on a range of topics including types of mental distress, where to get help, drug and alternative treatments and advocacy

Waltham Forest			
Advice needed	Service	Contact	Information
Drug and alcohol	Drug Action Team (DAT)	Adults: Community Drug and Alcohol Team Thorpe Coombe Hospital 714 Forest Road Walthamstow E17 3HP 0844 600 1241 Drop in times: Monday and Friday 9am-4pm; Tuesday, Wednesday and Thursday 2-4pm Children: 722 High Road Leytonstone Leytonstone E11 3AJ 020 8496 5020	Preventative and treatment interventions for young people and adults with problems related to drugs and alcohol
Adults and children with learning disabilities	Community Learning Disabilities Team Or Children and Families Service	Adults: 020 8521 0337 30 Coleridge Road Walthamstow E17 6QU Children under 18: 020 8496 3000 (ask for Children and Families Service) First Response Team – Children 8 Buxton Road Walthamstow E17 7EJ	For information and support for people with learning disabilities
Refugee Advice	Refugee Council	020 7346 6700 www.refugeecouncil.org.uk 0808 808 2255 speakers of other languages	Helpline and website to direct refugees and migrants to useful services

↘ Camden

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Camden			
Advice needed	Service	Contact	Information
All council services within the borough	Camden Council	020 7974 4444 8am - 6pm Mon - Fri Out of hours emergency (6pm - 8am, 24 hours weekends & bank holidays) Camden Town Hall Judd Street, London WC1H 9JE www.camden.gov.uk	For all services within the borough. Free internet access is available at council libraries
General advice	St Pancras Community Centre	30 Camden Street London NW1 0LG 020 7380 1501	Community centre activities and classes. Older people's activities, parent and toddler group and under 5s drop-in, social club for adults with learning difficulties and good neighbour scheme. Wide range of social activities. Halls for meetings and functions available for hire
General advice and signposting	Camden Citizen's Advice Bureau	0844 856 3700 www.camdencabservice.org.uk www.adviceguide.org.uk Kilburn: 200 Kilburn High Road, London NW6 4JD 0845 120 2965 Kentish Town: 242 Kentish Town Road, London NW5 2AB 0845 050 5152 Holborn: 3 rd , Floor, Holborn Library, 32-38 Theobalds Road, London WC1X 8PA 0845 120 2966 drop-in advice centres	Benefits, debt, housing, employment, immigration and council tax advice to people who live, work or study full-time in the borough of Camden. Drop-in advice centres at 3 locations
Disability, debt/financial problems	Camden Citizen's Advice Bureau Service-Face to Face Disability and Debt Advice	020 7424 6854 fif@camdencabservice.org.uk	Specialist service offering advice and information specifically for people who: <ul style="list-style-type: none"> - Are blind, deaf, have learning disabilities or are caring for a disabled child - Live in Greater London (any London Borough) - And have debt/financial problems

Camden			
Advice needed	Service	Contact	Information
Legal needs	Camden Community Law Centre	020 7284 6510 www.cclc.org.uk 2 Prince of Wales Road Kentish Town London NW5 3LQ	Offer advice, casework and representation for Camden residents in many areas including housing, immigration, employment, welfare rights, debt and family law. Visit either by drop in or appointment
Housing	Housing Options and Advice Service	Camden Town Hall Extension Argyle Street London WC1H 8NL 020 7974 5801, Out of hours emergencies 020 7974 4444 Bidborough House, 20 Mabledon Place, London WC1H 9BF 020 7974 5801 179-181 West End Lane, West Hampstead, London NW6 2LH housingneeds@camden.gov.uk www.camden.gov.uk/housingoptions	Advice and support on a range of housing issues including rights as a tenant, problems with private landlords, Housing Benefit and the council's Rent Deposit Scheme
Housing	Camden Federation of Private Tenants	www.cfpt.org.uk admin@cfpt.org.uk 020 7383 0151 11-17 The Marr Camden Street London NW1 0HE	Organisation for private tenants in Camden, offering advice and referrals to appropriate agencies
Lack of skills or poor English	Adult & Community Learning (Camden Council)	020 7974 2148 www.camden.gov.uk/adultlearning Crowndale Centre 218 Eversholt Street NW1 1BD	Provides adult and community education to adults over 19 in libraries, community centres, voluntary organisations, day centres and residential homes for older people, schools, training providers, as well as colleges

Camden			
Advice needed	Service	Contact	Information
Working parents	Employability Team (Camden Council Integrated Early Years Service)	020 7974 1872 www.camden.gov.uk/earlyyears Crowndale Centre 218 Eversholt Street NW1 1BD	Helps workless Camden parents to get ready for work or to look for training opportunities. The team offers one to one support and free workshops to improve parents' confidence and pre-employment skills. They can help with interview skills and practice, writing a CV or application form and accessing work placement opportunities. Support includes funding for childcare costs to enable parents to access education or training. Can also refer parents for advice on childcare and welfare benefits
Lack of skills	Camden Information Services	Crowndale Centre, 218 Eversholt Street NW1 1BD 020 7974 5974 / 020 7974 1656 camdeninformationservices@camden.gov.uk www.daylight.camden.gov.uk	Public information database listing lifelong learning (adult education and training) opportunities in the borough. Some courses may be free
Training and Employment	Job Centre Plus	0845 604 3719 1 Barnsbury Road London N1 0EX	For information about looking for a job, claiming income support, claiming job seekers allowance and reporting a change in your circumstances
Employment, benefits, loans and grants	Job Centre Plus	0845 604 3719 Marylebone, Camden Town, Kentish Town, Westminster, Barnsbury, Finsbury Park, Highgate, Kilburn and Willesden drop-in advice centres	Benefit claims administration and employment support through a range of programmes. For 16+ yr olds registered unemployed

Camden			
Advice needed	Service	Contact	Information
Childcare	Camden Family Information Services	020 7974 1679 Crowndale Centre, 218 Eversholt Street NW1 1BD fis@camden.gov.uk www.camden.gov.uk/familyinformation www.camden.gov.uk/childcare	Provides information on a range of services for parents, carers, children and young people (up to their 20 th birthday). The service also acts as a signpost to national information services, helplines and websites. Information is provided on: childcare, help with childcare costs, health, leisure activities
Healthcare	NHS Camden	020 3317 3500 www.camden.nhs.uk Email available through website (click on 'contact and feedback')	Resource for Camden residents to find out more about the local NHS services that are available to them
Mental health issues and refugee support	Holy Cross Centre Trust	020 7278 8687 opportunities@hcct.org.uk	Mental health support at the Holy Cross Centre and the St. Pancras Refugee Centre offers advice on housing and welfare rights, ESOL, and sewing classes
Disability information and advice	DISC (Disability in Camden)	020 7387 1466 / 020 3317 5072 / 020 3317 5099 info@discnwl.org.uk Peckwater Centre 6 Peckwater Street NW5 2TX www.discnwl.org.uk	Provides information, support, training and advice to disabled people, deaf people and those living with HIV/AIDS. Can help those who are looking to access education, look for or return to work, or who would like to volunteer
Mental health issues	Camden and Islington Mental Health Trust	020 3317 3500 Out of hours service - 0800 988 2149 communications@candi.nhs.uk Camden and Islington NHS Foundation Trust, 2 nd Floor, East Wing, St Pancras Hospital, 4, St. Pancras Way, London NW1 0PE	Mental health support including arts therapy and debt advice. Links with the Stuart Low Trust, a charity for people experiencing social isolation or mental distress

Camden			
Advice needed	Service	Contact	Information
Mental health issues	Mind in Camden	020 7911 0822 admin@mindincamden.org.uk www.mindincamden.org.uk	Provide information on a range of topics including types of mental distress, where to get help, drug and alternative treatments and advocacy
General advice	Camden Town Neighbourhood Advice Centre	12 St Martin's Close London NW1 0HX 020 7284 3976	Advice for the local community on housing, benefits, debt, homelessness and immigration. Bengali speakers available
Refugee and Migrant Community Organisations	Refugee Council	020 7346 6700 www.refugeecouncil.org.uk 0808 808 2255 speakers of other languages	Helpline and website to direct refugees and migrants to useful services

Enfield

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Enfield			
Advice needed	Service	Contact	Information
All council services within the borough	Enfield Council	020 8379 1000 London Borough of Enfield, Civic Centre Silver Street Enfield EN1 3XY www.enfield.gov.uk	For all services within the borough. Free internet access, community learning and resources for jobseekers are available at council libraries
Advocacy and Legal	Citizens Advice bureau	www.enfieldcab.org.uk info@enfieldcab.org.uk (general enquiries) or email advice available through website 0844 826 9712 / 020 8375 4170 (Registration Service Line) Enfield Citizens Advice Bureau Unit 3 5 Vincent House, 2e Nags Head Road, Enfield EN3 7FN	Free, impartial and confidential advice and information available on many issues particularly welfare benefits, employment rights, debt, housing, family and personal matters, consumer and immigration. Legal advice by appointment. Interpreters can be provided by appointment

Enfield			
Advice needed	Service	Contact	Information
Housing, council tax and other benefits	Benefit Enquiries	020 8379 3798 (benefits helpline) 020 8379 4992 (to make a benefit claim or advise of a change in circumstances, or to make an appointment at the Edmonton Centre or Civic Centre) 020 8379 4779 (for those who are unable to visit a Helpdesk or who have visual difficulties) 020 8379 1000 (council tax enquiries) revs@enfield.gov.uk Main Revenue Information helpdesk John Wilkes House 79 High Street, Ponders End Enfield EN3 4EN	Visit the Main Revenue Information helpdesk for all benefits enquiries
Training and Employment	Job Centre Plus	34 Windmill Hill Enfield, Middlesex United Kingdom EN2 7AL 020 8219 2800 / 0845 604 3719 112-116 Fore Street Edmonton, London United Kingdom N18 2XA 020 8219 5600 / 0845 604 3719 28 Aldermans Hill Palmers Green, London United Kingdom N13 4PN 020 8218 8500 / 020 8219 2400 / 0845 604 3719	For information about looking for a job, claiming income support, claiming job seekers allowance and reporting a change in your circumstances

Enfield			
Advice needed	Service	Contact	Information
Lack of skills or poor English	Enfield Community Learning Service	1 st Floor Marsh House 500 Montagu Road Edmonton, N9 0UR 020 8379 3277 enfieldcommunity.learning@enfield.gov.uk www.enfieldacl.org.uk	Literacy, numeracy, IT, finance, family learning, ESOL, and other courses offered. Many courses are free
Childcare	Enfield Family Information Services	if@enfield.gov.uk 020 8482 1066 / 0800 694 1066 Informed Families Enfield's Family Information Service (IF) c/o De Bohun School Green Road Southgate N14 4AD www.enfield.gov.uk/if	Help with parenting and family issues including finding the right childcare
Healthcare	NHS Enfield (PCT)	020 8370 8100 www.enfield.nhs.uk	Resource for Enfield residents to find out more about the local NHS services that are available to them
Mental Health	Barnet, Enfield and Haringey Mental Health Trust	www.behmht.nhs.uk/our_services/enfield/index	
Disabilities		www.e-d-a.org.uk/	
Refugee and Migrant Community Organisations	Refugee Council	020 7346 6700 www.refugeecouncil.org.uk 0808 808 2255 speakers of other languages	Helpline and website to direct refugees and migrants to useful services

↘ Newham

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Newham			
Advice needed	Service	Contact	Information
All council services within the borough	Newham Council	London Borough of Newham Newham Dockside 1000 Dockside Road London E16 2QU 020 8430 2000 www.newham.gov.uk Email available through website – ‘contact us’ form	For all services within the borough. Free internet access is available at council libraries
Advocacy and Legal	Newham Citizens Advice Bureau	Custom House, 71a Coolfin Road, London E16 3AP Tel: 020 7540 4941	Free, impartial and confidential advice and information available on many issues particularly welfare benefits, employment rights, debt, housing, family and personal matters, consumer and immigration. Legal advice by appointment. Interpreters can be provided by appointment
Financial help	Newham Benefits Service	Newham Benefits Service PO Box 23504 London E15 4UU http://www.newham.gov.uk/BenefitsandPayments/CouncilTaxBenefit/HowToClaim.htm	Provides money and debt advice and information on welfare benefits. For help to pay your rent and council tax through housing benefit, local housing allowance and council tax benefit
Housing	Housing Advice	020 8430 2000 www.elicchoiceshomes.org.uk 020 88552 9587 (out of hours)	Help with housing advice in the borough
Training and Employment	Job Centre Plus	East Ham Jobcentre 473 Barking Road, London E6 2LL Tel: 020 8210 5777 Fax: 020 8210 5701 Canning Town Jobcentre 197 Freemasons Road London E16 3PD Tel: 0845 604 3719	For information about looking for a job, claiming income support, claiming job seekers allowance and reporting a change in your circumstances

Newham			
Advice needed	Service	Contact	Information
		Plaistow Jobcentre 3-9 Balaam Street, London E13 8EB Tel: 020 7506 4204 Fax: 020 7506 4201 Stratford Jobcentre 1 Tramway Avenue, Stratford, London E15 4PN Tel: 0845 6001153	
Lack of skills or poor English	Newham Adult Learning Service	newham.adultlearning@newham.gov.uk 020 8522 5770 Manor Park and Green Street 020 8257 4680 Forest Gate and Stratford 020 8430 4041 East Ham, Beckton and North Woolwich 020 8257 4070 Plaistow, Canning Town, Custom House and Silvertown www.newham.gov.uk/EducationAndLearning/LifelongLearning	If you are interested in learning new skills, improving your job prospects or taking up a new hobby. Some of the centres have daytime crèche facilities
Childcare	Newham Family Information Services	www.newham.gov.uk/EducationAndLearning/FamilyServices customer.services@newham.gov.uk 020 8430 2000	Free information for parents and carers about childcare in Newham including Sure Start Children's Centres

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Healthcare	NHS Newham	020 7059 6900 www.newham.nhs.uk Email available through website (click on 'contact us')	Resource for Newham residents to find out more about the local NHS services that are available to them
Mental health issues	East London and The City Mental Health NHS Trust	www.elcmht.nhs.uk 020 7655 4000 webadmin@eastlondon.nhs.uk	Mental health support for adults and children
Learning Difficulties	Newham Community Team for People with Learning Difficulties	020 8250 7500 Unit 7/8 Stratford Office Village, 4 Romford Road, Stratford E15 4EA	Provide assessment, therapy and support for people with learning disabilities from the age of 16 upwards
Signposting to services	Refugee Council	020 7346 6700 www.refugeecouncil.org.uk 0808 808 2255 speakers of other languages	Helpline and website to direct refugees and migrants to useful services