

MONDAY

- 10.00 – 11.30 **Stay & Play**
*Drop-in
- 1.15 – 2.15 **Beginners Yoga**
with crèche
* Pre Book £5
- 1.30 – 3.30 **Housing Surgery**
Any housing issues
including private rental
* By appointment
Tel: 0207 527 4827

- 2.30 – 3.30 **Beginners Yoga**
with crèche
* Pre Book £5

TEA & TALK

If you have never used the centre before & would like to meet others & find out more about us then come along for tea & cake.

* Meet parents from different communities

* Find out what services are on offer

* Get one-to-one support from our friendly staff in using the activities

Last Monday of every month from 1.30pm - 3pm

For more information please contact Syria on 07769 163 310 or 0207 527 4827

TRAINING AND EMPLOYMENT ADVICE

Friendly and confidential help to access work, training and education opportunities

Lindsey from Islington Working for Parents is here every Monday.

Please make an appointment by contacting the centre Phone 0207 527 4827

TUESDAY

- 10.00 – 11.30 **Tranquil 2s Stay & Play** *Drop-in
Recommended 18 – 36 months.
- 10.00 – 10.45 **Tip Toe Dance**
* Drop-in £3
- 1.00 – 3.00 **Child Health Clinic**
*Drop-in
St Johns Way
Health Visiting
Team

- 1.15 – 2.45 **Tiny Tots Baby Stay & Play 0-18months**
*Drop-in

- 1.30 – 3.30 **Ante-Natal Clinic**
* By Appointment
With Midwives

BABY/TODDLER SWIMMING SESSIONS

Swimming vouchers available now for baby/toddler swim session at Archway Leisure Centre

Each voucher is valid for one adult and 2 children. £2 each

Can be used any day Mon – Fri 12.00pm 1.30pm (Mon & Thurs sessions have instructor in pool to help)

NB: VOUCHERS ARE ONLY AVAILABLE TO ARCHWAY CC CATCHMENT FAMILIES

WEDNESDAY

- 9.30 – 11.30 **ESOL**
with crèche
Hargrave Park School
* Booking Essential Tel 0207 272 0546
- 10.00 – 11.30 **First Time Parents Group**
By Invitation.
Ph 0207 527 3691 for more info
- 1.00 – 2.00 **Baby Massage**
* Pre Book £5

- 1.00 – 3.00 **Breast Feeding Support Group**
*Drop-in

- 1.30 – 3.00 **Stay & Play**
*Drop-in

- 2.00 – 3.00 **Baby Yoga**
Drop-in £5

FAMILY SUPPORT

Free and confidential service

A service that provides practical and emotional support for Islington families such as parenting support, finding activities in the local area for families, benefits advice, and other information or services that families may need.

For further information please call Lizzy, Diana, or Syria on 0207 527 4826 or 0207 527 3691.

THURSDAY

- 10.00 – 11.30 **Childminders Drop-in**
* OFSTED Registered
Childminders Only
- 10.00 – 10.45 **Groovy Tots**
Toddler Music session
* Drop-in £3
- 11.00 – 11.45 **Groovy Tots**
Toddler Music session
* Drop-in £3

- 1.00 – 3.00 **Family Support Stay & Play with Groovy Tots**
By Invitation. Tel 0207 527 4826 for more info

- 2.00 – 3.00 **Singing & Signing**
*Drop-in

PREGNANCY YOGA

Support accessing Pregnancy Yoga at the Active Birth Centre is available for families on benefit & low incomes.

Please contact Mita on 0207 527 4831 for more information.

ONLY AVAILABLE TO ARCHWAY CC CATCHMENT FAMILIES

FRIDAY

- 9.30 – 11.30 **ESOL**
with crèche
Hargrave Park School
* Booking Essential
Tel 0207 272 0546
- 9.45 – 10.30 **Singing & Signing**
*Drop-in

- 10.45 – 11.30 **Singing & Signing**
*Drop-in

SATURDAYS

GROOVY TOTS
9.30am - 10.15am £4 *Drop-in

DADS SING & SIGN - 10am *Drop-in
great for dads with young babies!

SING & SIGN - 11am *Drop-in

SPROUTS - Violin & Cello Lessons
Please phone Mita 0207 527 4831 for more info. 10.30 - 11.30am * Pre Book

Café open for Lazy Brunch

Phone 0207 527 4827 for more info.

ESOL with CRECHE!

Adult Learning Centre (Hargrave Park School) & Archway Children's Centre now provide E1 & E2 ESOL courses to develop literacy and language skills for parents who have English as a second language.

Wed 10.00 – 12.00
Fri 10.00 – 12.00

Phone 0207 272 0546 for more information or to register.

About Us

We have been providing high quality, integrated childcare and education for children from 6 months to 5 years in Archway for many years. We are now able to provide education support and a full range of family support, health and information services for all families in the area with young children.

For more information contact us:

Archway Children's Centre Vorley Road London N19 5HE Tel: 020-7527-4827

Some additional information on what we offer:

- Baby Massage** 6 weeks – 6 months Promotes calm, confidence in mother and baby The sessions provide parents with postnatal support on many issues in the early months.
- Baby Yoga** 6 – 10 mths working with babies through massage and movement to help develop strong spines and muscle tone Lots of fun with music and games
- Stay and Plays** Fun, social and educational playgroups for parents and carers with children age 0-5 years. Loads of fun activities, stories, music, snack time and circle time.
- Singing & Signing** Fantastic session lead by trained staff using the Makaton Signing. Excellent group for parents to socialise and babies to develop language and communication skills.
- Tranquil Twos** Turn the 'terrible twos' into the 'Tranquil Twos' at our special stay & play for two year olds. Get tips and advice on age appropriate activities, play, behaviour, and special activities with the Speech & Language Therapist.
- Groovy Tots** The best music session for young children you will ever attend! Led by professional musicians. It's a wonderful mix of classical instruments and African rhythms.
- Tiptoe Dance** A fun, music & dance filled session. Kids can let their arms, legs & imaginations go wild to great music. This class also develops children's ability to listen and concentrate.
- Childminders Drop-in** Stay & Play & advice session for Childminders run by our Childminding Co-ordinator. Have fun with the children and gain support and advice with the Early Years Foundation Stage
- Swimming Sessions** Build your child's confidence in the water! Held at Archway Leisure Centre Mon – Fri during toddler/baby swim session. Collect voucher from reception.
- Breastfeeding Support Group** Come along if you need breastfeeding advice and support or if you just want to meet and chat with other breastfeeding mums.

SIGNING IN

Due to our Healthy & Safety policies we limit the amount of families per session in accordance with Ofsted regulations. We have a first come first served system and due to our fire safety procedures if you sign in for a session you must remain in the building. If you want to leave the building before a session you will have to sign out and we are not able to hold your place for you.

