

# **Directory of Services**

**For people with sight  
problems**

**Camden & Islington**

# Emergency numbers

## **999 Fire/Police/Ambulance services**

**Text number: 0800 112 999**

## **London Electricity - 24 hour emergency service**

**Telephone: 0800 096 9000**

## **Transco Gas - 24 hour emergency service**

**Telephone: 0800 111 999**

## **Thames Water**

**Telephone: 0645 200 800**

## **ChildLine**

**Telephone: 0800 1111**

## **The Samaritans**

**Telephone: 020 7734 2800**

## **Accident and emergency**

### **University College Hospital**

**Telephone: 020 7387 9300**

**Address: Cecile Flemming House, Grafton Way, WC1E 3BG**

### **Royal Free Hospital**

**Telephone: 020 7794 0500**

**Address: Pond St, Hamstead, London, NW3 2QG**

### **Whittington Hospital**

**Telephone: 020 7272 3070**

**Address: Highgate Hill, N19 5NE**

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# Benefits advice

## Benefits advice specifically for people with sight problems.

### **Action for Blind People (AFBP)**

An information and advice service include welfare rights advice and a national mobile service. AFBP also give grants to individuals.

**Telephone:** 020 7732 8771

**Address:** 14-16 Verney Road, London, SE16 3DZ

**Fax:** 020 7639 0948

**Email:** [info@afbp.org](mailto:info@afbp.org)

**Website:** [www.demon.co.uk/afbp](http://www.demon.co.uk/afbp)

### **Royal National Institute for the Blind (RNIB)**

RNIB's Welfare Rights Service offer a telephone advice service about benefits and social services enquiries for people with sight problems and also respond to written enquiries.

**Telephone:** 0845 766 9999 ask for welfare rights service

**Website:** [www.rnib.org.uk](http://www.rnib.org.uk)

### **Sensory Needs Service - Camden**

Camden's Sensory Needs Service work with blind and partially sighted clients in Camden.

**Telephone:** 020 7413 6680

**Address:** Sensory Needs Service, 79 Camden Road, LONDON, NW1 9ES

**Fax:** 020 7974 1484

**Minicom:** 020 7974 6716

**Website:** [www.camden.gov.uk](http://www.camden.gov.uk)

**Sensory Needs Service - Islington**

Work with blind and partially sighted people in Islington.

**Telephone: 020 7527 3394**

**Address:** 156 Upper Street, LONDON, N1 1RE

**Fax:** 020 7527 3279

**Minicom:** 020 7527 3282

**Website:** [www.islington.gov.uk](http://www.islington.gov.uk)

**Benefits advice specifically for people with a Disability.****Disability in Camden (DISC)**

Advice and information on living with a disability or long term health problem.

**Telephone:** 020 7387 1466

**Address:** 58 Phoenix Rd, London, NW1 1EU

**Islington Council Benefits - Housing and Council Tax**

**Telephone: 0207 527 2000**

**Skill (National Bureau for Students with Disabilities)**

Skill can provide information vital for disabled job seekers and students, including how to access special funding and how to deal with discrimination.

**Telephone: 0800 328 5050**

**Address:** Chapter House, 18-20 Crucifix Lane, London, SE1 3JW

**Fax:** 0207 450 0650

**Minicom:** 0800 068 2422

**Website:** [www.skill.org.uk](http://www.skill.org.uk)

## **General benefits advice.**

### **Benefits Agency**

Confidential phone line for people with disabilities and their carers.

**Telephone:** 0800 88 22 00

**Minicom:** 0800 24 33 55

### **Camden Council Benefits - Housing and Council Tax**

**Telephone:** 020 7860 5766

**Minicom:** 020 7860 5572

### **Citizens Advice Bureau - Holborn**

A general advice service covering welfare rights, immigration, housing, consumer rights and family issues.

**Telephone: 0845 050 5152**

### **Citizens Advice Bureau - Islington**

A general advice service covering welfare rights, immigration, housing, consumer rights and family issues advice.

**Telephone: 08707 510 925**

**Address:** 135 Upper Street, Islington, London

### **Islington People's Rights**

Offers legal advice.

**Telephone:** 020 7359 2010

**Address:** 2 St Paul's Road, London, N1 2QN

**North Islington Law Centre**

Provides legal advice.

**Telephone:** 020 7607 2461

**Address:** 161 Hornsey Road, London, N7 6DU

**Fax:** 0207 700 0072

**Email:** [nilc@online.rednet.co.uk](mailto:nilc@online.rednet.co.uk)

# Carers

These organisations provide support to people caring for a friend or relative.

## **Archway and District Carers Group**

**Telephone:** 020 7527 7300

**Address:** Elthorne Community Care Centre, 17-23 Beaumont Rise, London N19 3AX

**Fax:** 0207 5277307

**Minicom:** 020 7527 7327

## **Camden Carer's Centre**

**Telephone:** 020 7388 5422

**Address:** 5 Crowndale Road, NW1 1TU

## **Islington Carer's Forum**

**Telephone:** 020 7263 9080

**Address:** Unit 1, 53 Hargrave Road, London, N19 5SH

**Fax:** 020 7263 0907

**Email:** [islingtoncarers@forum1.freemove.co.uk](mailto:islingtoncarers@forum1.freemove.co.uk)

# Children

## **Camden Disabled Children's Team**

Provide a statutory social work service for disabled children, young people, their families and carers.

**Telephone:** 020 7530 3878

**Address:** Crandale Health Centre, 59 Crandale Road, London, NW1 1TU

**Fax:** 020 7530 3879

## **Islington Disabled Children's Team**

Provide a statutory social work service for disabled children, young people, their families and carers.

**Telephone:** 020 7527 3394

**Address:** 166 Upper St, London, N1 1RE

**Fax:** 020 7527 3279

## **PLSS Peripatetic Services**

Support children with sight difficulties and their parents.

**Telephone:** Midge Aroll on 020 7916 2939

## **RNIB Education Centre**

Provide information on all aspects of bringing up a child with sight difficulties.

**Telephone:** 020 8968 8600

**Address:** Garrow House, 190 Kensal Road, London, W10 5BT

## **Voluntary children's services**

### **Elfrida Rathbone (Camden)**

Support parents of children with special needs through the assessment and statementing process.

**Telephone:** 020 7482 25 93

**Address:** 98 St Pancras Way, London, NW1 9NF

**Fax:** 020 7482 5014

### **Kids (London)**

Work with children with disability or special needs living in Camden, Southwark, Kensington and Chelsea and Westminster.

**Telephone:** 020 7520 0405

**Address:** 49 Mechlenburgh Square, London, WC1N 2NY

**Fax:** 020 7520 0406

### **LOOK London**

Local contact for national federation of families with visually impaired children (support group).

**Telephone:** 0208 678 0555

**National helpline:** 0121 428 5038

### **Play Service**

Work with children with challenging behaviour.

**Telephone:** 020 7911 1519

**Address:** 21 Eversholt Street, London, NW1 1BD

**Fax:** 020 7911 1587

**Website:** [www.camden.gov.uk](http://www.camden.gov.uk)

# Communication

Contact your telephone provider for any special services they might offer, such as enlarged bills, large button phones or free directory enquiries.

## **British Telecom**

BT provides a guide for disabled people that lists the various services available.

**Telephone:** 0800 800 150

**Minicom:** 0800 243 723

## **Royal Mail**

For advice on special services available.

**Low Call:** 0345 740 740

# Computers/technology

## **Access Technology Manufacturers**

Suppliers of CCTV and computer assisted equipment.

**Website:** [www.rnib.org.uk/technology/suppliers](http://www.rnib.org.uk/technology/suppliers)

## **Index of access technology manufacturers**

**Website:** [www.rnib.org.uk/technolgy/suppliers](http://www.rnib.org.uk/technolgy/suppliers)

## **RNIB Website**

Has information on a range of products and their manufacturers. You can use your local library service computers to look at these information sites.

**Website:** [www.rnib.org.uk](http://www.rnib.org.uk)

## **Technology Information Service**

Information and support for those in education and employment who are using or would like to use technology and computer equipment. The service provide factsheets and operate a telephone and email helpline

**Telephone:** 024 7636 9555

**Website:** [www.rnib.org.uk/technology/welcome](http://www.rnib.org.uk/technology/welcome)

## **Tiresias**

Provide a catalogue and listings of low vision aids

**Website:** [www.tiresias.org](http://www.tiresias.org)

# Disability information services (general)

## **Citizens Advice Bureau**

See page 5

## **Disability Action - Islington**

Provide advice, information and advocacy services for people with disabilities on all issues except DSS/benefits.

**Telephone:** 020 7226 0137

**Address:** 90-92 Upper Street, London, N1 0NP

**Minicom:** 020 7359 1891

## **Disability in Camden (DISC)**

Provide advice and information on living with a disability or long term health problem.

**Telephone:** 020 7387 1466

**Address:** 50 Phoenix Road, London, NW1 1EU

## **Guide Dogs for the Blind (GDBA)**

GDBA's purpose is to enhance the mobility, independence and quality of life of people with sight problems by providing guide dogs and other services.

**Telephone:** 0118 983 5555

**Address:** Hillfields, Burghfield Common, Reading, Berkshire, RG7 3YG

**Fax:** 0118 983 5433

**Email:** [guidedogs@gdba.org.uk/](mailto:guidedogs@gdba.org.uk)

**Website:** [www.gdba.org.uk](http://www.gdba.org.uk)

**Metropolitan Society for the Blind (MSB)****Telephone:** 020 7403 6184**Address:** Duke's House, 4th Floor, 6-12 Tabard Street, London  
SE1 4JU**Fax:** 020 7234 0708**RNIB Helpline**

Offer support and advice for anyone with a serious sight problem.

Monday to Friday 9:00am to 5:00pm

**Telephone:** 0845 7 66 9999

# Education (Adult)

All colleges aim to have equal access to all their courses. First choose a course then contact the person in each college responsible for access issues for further information.

## **Floodlight**

A publication listing adult education courses in the greater London area available at newsagents and libraries. An internet version available at (see on their website).

**Website:** [www.floodlight.co.uk/floodlight/setup](http://www.floodlight.co.uk/floodlight/setup)

## **Kingsway College**

Contact Andy Taylor for information on technology and computer courses.

**Telephone:** 020 7306 5886

## **National Institute of Adult Continuing Education (NIACE)**

**Telephone:** 0116 204 4200/4201

**Address:** 21 de Montfort Street, Leicester, LE1 7GE

**Fax:** 0116 285 4514

**Minicom:** 0116 255 6049

**Email:** [enquiries@niace.org.uk](mailto:enquiries@niace.org.uk)

**Website:** [www.niace.org.uk](http://www.niace.org.uk)

## **RNIB Adult Education**

Providing information on all aspects of adult education.

**Telephone:** Anne Rehahn 02073912112, Information Officer or Sarah Raisanen, Web Development Officer on 02073912057

**Royal London Society for the Blind**

The RNIB is a national provider of education for people with sight problems.

**Telephone:** 01732 592 600

**Address:** Dorton College, Dorton House, Seal, Sevenoaks, Kent, TN15 0ED

**Fax:** 01732 592 601

**Email:** [dcfe@rlsb.org.uk](mailto:dcfe@rlsb.org.uk)

**Website:** [www.rlsb.org.uk](http://www.rlsb.org.uk)

# Employment Services

## **Action for Blind People (AFBP)**

Supporting self-employed people, and work with the Royal London Society for the Blind on the Workbridge job placement services.

**Telephone:** 020 7635 4800

**Address:** 14-16 Verney Road, London, SE16 3DZ

**Fax:** 020 7635 4900

**Email:** [central@afbp.org](mailto:central@afbp.org)

**Website:** [www.afbp.org](http://www.afbp.org)

## **Employment Services Job Centre - Camden**

Contact the Disability Employment Advisor for advice on employment opportunities in your area.

**Telephone:** 020 7853 3102

## **Employment Services Job Centre - Islington**

Contact the Disability Employment Advisor for advice on employment opportunities in your area.

**Telephone:** 020 7301 5971

## **RNIB Employment Services**

General advice on employment issues for people with sight problems.

**Telephone:** 020 7388 1266

## **Skill (National Bureau for Students with Disabilities)**

Provide information vital for disabled job seekers and students, including how to access special funding and how to deal with discrimination.

**Telephone:** 0800 328 5050

**Minicom:** 0800 068 2422

# Equipment

A wide range of specially adapted equipment for people with sight problems is available. Including clocks, kitchen equipment, gardening tools, and games. Many of the societies for people with sight problems listed in this directory have equipment on display, so you can have a look before you buy. Your sensory impairment team based at your local social services can also help you choose the correct products.

## **Camden Social Services**

**Telephone:** 0207 413 6680

## **Islington Social Services**

**Telephone:** 0207 527 3394

## **Partially Sighted Society**

Offer a selection of products.

**Telephone:** 01302 323 132

**Address:** PO BOX 322, Queens Road, Doncaster, South Yorkshire, DN1 2XA

**Fax:** 01302 368 998

**Email:** [doncaster@partsight.org.uk](mailto:doncaster@partsight.org.uk)

**Website:** [www.partsight.org.uk](http://www.partsight.org.uk)

## **RNIB Customer Services**

Provide a mail order catalogue of products to help with all aspects of life. Products can also be ordered either over the telephone or via the mail order catalogue.

**Telephone:** 0845 702 3153

**Address:** RNIB Customer Services, P O Box 173, Peterborough, PE2 6WS

**RNIB Resource Centre**

Contains a large selection of products to help with all aspects of life. People can call in on the centre to view products on offer.

**Telephone:** 020 7388 1266 and ask for the Resource Centre

**Address:** RNIB, 224 Great Portland Street, London, W1N 6AA

# Ethnic minority community groups

## **Advocacy and Interpretation Service**

Provides help with attending a hospital or clinic appointment.

**Telephone:** Contact Thomas Chan, Advocacy Services Manager on 020 7530 3109

## **Organisation of Blind African Caribbeans (OBAC)**

The organisation provides information and advice on welfare benefits, housing, employment and training opportunities. We also offer a braille/tape transcription service, and produce and circulate the Voice newspaper (on tape weekly), the New African-Monthly and the newsletter QBAC (bi-monthly).

**Telephone:** 020 7735 3400

**Address:** 1st Floor, Gloucester House, 8 Camberwell New Road, London, SE5 0RZ

**Fax:** 020 7582 8334

# Eye hospitals

## **Great Ormond Street Hospital for Children**

**Telephone:** 020 7405 9200 and contact Dr Patricia Sonksen

**Address:** The Wolfson Centre, Meckleburgh Square, London, WC1N 2AP

**Fax:** 020 7833 9469

## **Moorfields Eye Hospital**

**Telephone:** 020 7253 3411

**Address:** City Road, London, EC1V 2PD

## **Royal Free Hospital**

**Telephone:** 020 7794 0500

**Address:** Pond Street, London, NW3 2QG

## **The Middlesex Hospital**

Contact: Ms Jenny Tregenza, Nurse Practitioner, Eye Clinic

**Telephone:** 0207 636 8333 ext. 8570 or 8571

**Address:** The Out Patient Department, Cleveland Street, London, W1N 8AA

**Fax:** 020 7380 9550

## **University College London Hospitals**

**Telephone:** 0207 636 8333 Ext: 8570 or 8571

**Address:** Cleveland Street, London, W1N 8AA

## **Western Eye Hospital**

**Telephone:** 020 7886 3256

**Address:** Marylebone Road, London, NW1 5YE

**Whittington Hospital**

Contact Mr M Beg, Eye Clinic

**Telephone:** 020 7272 3070

**Address:** St Mary's Wing, Highgate Hill, London, N19 5NF

**Fax:** 020 7288 5550

# Finance

Many banks and building societies now provide special services to make banking easier including large print statements, Braille statements, templates for chequebooks, enlarged chequebooks and audio taped information.

Many banks also offer an internet banking service that can make managing you money a lot easier.

Contact your local branch and ask to have these services explained.

# Health Information

## Information about eye conditions

### **Moorfields Direct**

A nurse-led telephone helpline is available between 9:00am and 5:00pm, Monday to Friday to assist with queries about your eyes.

**Telephone:** 020 7566 2345

### **RNIB Helpline**

The RNIB offer information support and advice

**Telephone:** 0345 66 9999

**Website:** [www.rnib.org](http://www.rnib.org)

## General Health Information

### **District Nursing Open Access Referral**

Offer advice on nursing care in the home for acutely ill people and their carers.

**Telephone:** 020 7530 3456

### **Health Information Service**

General information about local health services.

**Telephone:** 0800 66 55 44

### **NHS Direct**

NHS Direct is a 24-hour nurses led telephone advice and information service.

**Telephone:** 0845 4647

**Website:** [www.nhsdirect.nhs.uk/](http://www.nhsdirect.nhs.uk/)

## **Complaints**

If you have a complaint to make about local health services

### **Health Authority**

**Telephone:** 020 7853 5330

### **Camden Community Health Council**

**Telephone:** 020 7530 5255 or 020 7530 5266

### **Islington Community Health Council**

**Telephone:** 0207 609 6096

# Hospital low vision services

If you have difficulties reading even after you have had glasses or contact lenses you may have low vision. If you need to arrange a low vision assessment your own doctor may need to refer you to hospital services. Please ring for information in each case.

## **Great Ormond Street Hospital for Children**

Contact: Dr Patricia Sonksen

**Telephone:** 020 7405 9200

**Address:** The Wolfson Centre, Meckleburgh Square, London, WC1N 2AP

## **Moorfields Eye Hospital**

**Telephone:** 020 7253 3411

**Address:** City Road, London, EC1V 2PD

**Fax:** 020 7253 4696

**Website:** [www.moorfields.org](http://www.moorfields.org)

## **Royal Free Hospital**

**Telephone:** 020 7794 0500

**Address:** Pond Street, London, NW3 2OG

## **Western Eye Hospital**

**Telephone:** 020 7886 3256

**Address:** Marylebone Road, London, NW1 5YE

# Information Services (General)

If you need to find a service in your area try these numbers below.

## **British Telecom**

Free directory enquiry service for people registered partially sighted or blind.

**Telephone:** 195

## **Help the Aged Seniorline**

**Telephone:** 0800 26 96 26

**Address:**

**Minicom:** 0800 65 00 65

## **Scout**

A free information service listing services in your area.

**Telephone:** 0800 192 192

## **Yellow Pages**

A free pages service for details of business and services in your area.

**Telephone:** 0800 605 060

**Website:** [www.yell.co.uk/](http://www.yell.co.uk/)

# Leisure/arts/holidays

## **Artsline**

Offers guides for disabled people on access to theatre, cinemas, art galleries, art centres and music venues.

**Telephone:** 020 7388 2227

**Address:** 54 Chalton Street, London, NW1 1HS

**Fax:** 020 7383 2653

**Minicom:** 020 7388 7373

**Email:** [artsline@dircon.co.uk](mailto:artsline@dircon.co.uk)

**Website:** [www.artsline.org.uk](http://www.artsline.org.uk)

## **London Borough of Camden Social Services**

Produce a directory of holiday and leisure activities for Camden and Islington. For holidays for people with disabilities contact Cynthia lake, Mary Todd, Therese Havery.

**Telephone:** 0207 974 2958

**Address:** 79 Camden Road, London, NW1 9ES

**Fax:** 020 7974 6089

## **RNIB Recreation and Lifestyles Department**

RNIB Holiday and Leisure Services aim to ensure that blind and partially sighted people have equal access to all recreation and leisure facilities, services information and events.

**Telephone:** 020 7388 1266 and ask for the Holiday Service

**Website:** [www.rnib.org.uk/leisure](http://www.rnib.org.uk/leisure)

# Libraries

All libraries have a wide range of information and advice for blind and partially sighted people. All have access to large print book catalogues, spoken word cassettes, music tapes and CD's.

If you have any comments, suggestion or queries regarding library services in Islington to people with sight problems, please contact:

Alan Issler  
Principal Librarian (Central Area)  
Central Library  
2 Fieldway Crescent, London N5 1PF  
Telephone: 020 7527 6910  
Minicom: 020 7527 6911  
Fax: 020 7527 6911  
Email: [alan.issler@islington.gov.uk](mailto:alan.issler@islington.gov.uk)

## **Archway Library**

The library has a close circuit TV (magnified screen) computer catalogue.

**Telephone:** 020 7527 7820

**Address:** Hamlyn House, Highgate Hill, N19 5PH

## **Camden Town Library**

Address: 218 Eversholt Street, London NW1 1BD

Telephone: 020 7911 1563

Fax: 020 7974 1582

Website: [www.camden.gov.uk](http://www.camden.gov.uk)

**Central Lending Library**

The library has a magnified screen computer catalogue, internet access with magnified screen and sound, closed circuit TV and an optical character reader (OCR) that converts text to speech.

**Telephone:** 020 7527 6958

**Address:** 2 Fieldway Crescent, London, N5 1PF

**Finsbury Library**

The library has a magnified screen computer catalogue and closed circuit TV.

**Telephone:** 020 7527 7960

**Address:** 245 St John Street, London, EC1V 4NB

**Home Library Service**

The service offers a range of enlarged titles. Magnified catalogue that can come to you. Portable Eezee Reader/Writers available on home loan.

**Telephone:** 020 7527 7980

**Address:** 245 St John's Street, London, EC1V 4NV

**Fax:** 020 7527 7999

**Minicom:** 020 7527 7979

**Islington Libraries**

Provides public computer catalogues with magnified screen and sound at the following libraries.

**Telephone:** 020 7527 6955

**John Barnes Library**

The library has a closed circuit television and an enlarging machine for enlarging text for partially sighted people.

**Telephone:** 020 7527 7900

**Address:** 275 Camden Road, London, N7 0JN

**Fax:** 020 7527 7909

**Mildmay Library**

The library has a closed circuit television.

**Telephone:** 020 7527 7880

**Address:** 21-23 Mildmay Park, N1 4NA

**Fax:** 020 7527 7892

# Opticians/optometrists providing low vision assessments

If you have difficulties reading even after you have had glasses or contact lenses you may have low vision. A low vision service is available in the following practices. The optometrists have been specially trained in low vision techniques and can provide a low vision assessment and low vision aid/magnifier free of charge. You will have to pay for your eye examination if you are not usually exempt. Please ring the particular service ahead of your visit to check details.

## **City University**

**Telephone:** 020 7477 8338

**Address:** Eye Clinic, 7-9 Bath Street, London, EC1V 9LF

**Fax:** 020 7477 8873

## **Dr Percy Norman (Ronald Brown)**

**Telephone:** 020 7485 2886

**Address:** 271 Kentish Town Road, London, NW5 2JS

**Website:** [www.ronaldbrown.com](http://www.ronaldbrown.com)

## **Nicholas R Taylor Optometrist**

**Telephone:** 020 7485 2153

**Address:** 308 Kentish Town Road, London, NW5 2TH

## **P Leaning**

**Telephone:** 020 8340 6228

**Address:** 25 Highgate High Street, London, N6 5JT

## **Stephen Forman Optometrist**

**Telephone:** 020 7607 2087

**Address:** 75 Holloway Road, London, N7 8JZ

## **Other Low vision practitioners**

Individual arrangements for payment will have to be made with the following practitioners.

### **Dixey of Wigmore Street**

**Address:** 19 Wigmore Street, London, W1H 9LA

### **Dr J Silver**

**Telephone:** 020 7566 2699

**Address:** The John Saunders Suite, Moorfields Eye Hospital, 11-43 Bath Street, London, EC1V 9EL

# Police/security

## **Albany Street Police Station**

**Telephone:** 020 7380 1212

**Address:** 60 Albany Street, London, NW1 4EE

**Fax:** 020 8733 6290

## **City of London Police**

**Telephone:** 020 7601 2222

## **Holloway Police Station**

**Telephone:** 020 7263 9090

**Address:** 284 Hornsey Road, London, N7 7QY

**Fax:** 0207 421 0590

**Website:** [www.met.police.uk](http://www.met.police.uk)

## **Islington Police Station**

Provide advice on how to make your home safe.

**Telephone:** 020 7704 1212

**Address:** 2 Tolpuddle Street London, N1 0YY

# Social services for adults with sight problems

## **Sensory Needs Teams**

Provide a full range of mobility, rehabilitation and assessment services, social work services for adults; advice and information.

### **Sensory Needs Team - Islington**

**Telephone:** 020 7527 3394

**Address:** 166 Upper Street, London, N1 1RE

**Fax:** 020 7527 3892

**Minicom:** 020 7527 3282

### **Sensory Needs Teams - Camden**

**Telephone:** 020 7413 6680

**Contact:** Mr John Crossland, Sensory Needs Team Manager

**Address:** 79 Camden Road, London, NW1 9ES

## Societies/groups (local)

### **Disability Advice and Welfare Network (DAWN)**

Contact: Nicola Hughes

**Telephone:** 0500 827 463

**Address:** Disability Advice and Welfare Network (DAWN), 64-66 Bickerstaffe Street, St Helen's, Merseyside, WA10 1DH

**Fax:** 01744 451 215

**Minicom:** 0800 073 0171

**Email:** [disability.network@virgin.net](mailto:disability.network@virgin.net)

**Website:** [www.disability-network.org.uk](http://www.disability-network.org.uk)

### **In Touch Islington**

Run lunch clubs, classes and social events. Transport provided.

**Telephone:** 020 7359 6827

**Address:** 99 Sheperton Road, Islington, London, N1 3DF

### **LOOK London**

LOOK is a local contact for a national federation of families with children with sight difficulties. The federation have support groups and run a national helpline on - 0121 428 5038

**Telephone:** 0208 678 0555

**Address:** Clapham Park School, 127 Park Hill, London, SW4 9PA

**Fax:** 0208 678 0555

**Email:** [lookLondon@hotmail.com](mailto:lookLondon@hotmail.com)

### **Metropolitan Society for the Blind (MSB)**

MSB is a voluntary welfare organisation offering general assistance and various services to people with sight problems.

**Telephone:** 020 7403 6148

**Address:** Duke house 6-12 tabard Street, London, SE1 4JU

**Fax:** 020 7234 0708

**Visually Impaired Children in Camden**

A small self-help, social and advocacy group concentrating on trying to improve attitudes and conditions for visually people with sight problems in Camden.

**Telephone:** 020 7387 1466

**Address:** c/o Disability in Camden, 58 Phoenix Road, London, NW1 1EU

# Sports

## Camden

### **Camden Leisure card**

Camden Leisure card scheme gives free access to many sports centre activities.

**Telephone:** 020 7911 1545

### **Sports and Leisure Directory**

Lists activities on a day by day basis at different locations in the borough. Contact: John Mann

**Telephone:** 020 7911 1518

## London wide sports providers

### **Aquabats**

Sports and social club for the blind and partially sighted. Malcolm Matthews

**Telephone:** 020 8808 6016

**Address:** 93 Winchelsea Road, Tottenham, London N17 6XL

### **London Blind Rambling**

Organise guided walks in and around the London area led by Rambling Association Groups.

**Telephone:** 020 8868 0096

**London Sports Forum for Disabled People**

Information on sporting activities in London.

**Telephone:** 0207 354 8666

**Address:** Ground Floor, Leroy House, 436 Essex Road, London, N1 3QP

**Fax:** 0207 354 8787

**Minicom:** 0207 354 9554

**Email:** [lsf@disabilitysport@freeserve.co.uk](mailto:lsf@disabilitysport@freeserve.co.uk)

**Metropolitan Sports Club**

Contact: Maureen Brace

**Telephone:** 01708 456832

**The London Sports Club for the Blind**

Promotes and provides a wide range of sporting activities in the London area including cricket, football, goalball, rowing and swimming.

**Telephone:** 020 8868 0096

**Address:** Membership Secretary Valerie Clarke, 22 Waverly Road, Rayners Lane, Harrow, Middlesex, HA2 9RD

# Talking Books/Radio

## **British Wireless for the Blind Fund**

Provide radios on permanent free loan to people who are registered blind.

**Telephone:** 01634 832501

**Address:** Gabriel House, 34 New Road, Chatham, Kent, ME4 4QR

**Fax:** 01634 817485

**Email:** [margaret@blind.org.co.uk](mailto:margaret@blind.org.co.uk)

**Website:** [www.blind.org.co.uk](http://www.blind.org.co.uk)

## **London Sounds**

A monthly 90-minute taped news summary covering arts, leisure, recreation and welfare rights.

**Telephone:** 020 8563 2922

**Address:** Action Trust for the Blind, 177 Hammersmith Grove, London, W6 0NL

**Fax:** 020 8563 0222

## **Poetry Library**

Offer a selection of 20th century poetry on cassette.

**Telephone:** 020 7921 0943

**Address:** The poetry Library, Level 5, Royal Festival Hall, London, SE1 8XX

**Fax:** 020 7921 0939

**Email:** link from website

**Website:** [www.poetrylibrary.org.uk](http://www.poetrylibrary.org.uk)

## **RNIB Talking Book Service**

Offer a large catalogue of titles recorded by professional readers.

**Telephone:** 0345 626 843

**Address:** Mount Pleasant, Wembley, Middlesex, HA0 1RR

**Talking Newspaper Association**

Offer news available on tape. For the local Camden news cassette

Telephone: 020 8284 3383

**Telephone:** 01435 866102 (National)

**Address:** National Recording Centre, Heathfield, E. Sussex, TN21 8DB

**Fax:** 01435 865422

**Email:** [info@tnauk.org.uk](mailto:info@tnauk.org.uk)

**Website:** [www.tnauk.org.uk](http://www.tnauk.org.uk)

**The Talking Book Club**

Offer general titles available for rental.

**Telephone:** 020 7731 6262

**Address:** PO BOX 993, London, SW6 4UW

**Fax:** 020 7736 0162

**Email:** [info@talkingbookclu.co.uk](mailto:info@talkingbookclu.co.uk)

**Website:** [www.talkingbookclub.co.uk](http://www.talkingbookclub.co.uk)

# Travel

## **Dial a ride**

A door to door transport service for people with disabilities. Prices comparable to public transport.

**Telephone:** 020 7266 6100

## **Disabled Persons Rail Card**

Information is available at stations.

**Telephone:** 0191 269 0303

**Address:** Disabled Persons Rail Card Office, PO Box 1YT,  
Newcastle-upon-Tyne, NE99 1YT

**Minicom:** 0191 269 0304

## **Freedom Pass and Taxi Card**

Free travel on buses, Underground and Docklands Light Railway at certain times for elderly and disabled.

**Telephone:** 020 7974 5919 (Freedom Pass) 020 7974 6438 (Taxi Card)

**Address:** Environment Department, London Borough of Camden,  
Town hall, Argyle Street, WC1H 8EQ

**Fax:** 020 7974 5540

**Minicom:** 020 7974 5560

**Email:** [anna.swan@camden.gov.uk](mailto:anna.swan@camden.gov.uk) or  
[tonygeoghegan@camden.gov.uk](mailto:tonygeoghegan@camden.gov.uk)

**Website:** [www.camden.gov.uk](http://www.camden.gov.uk)

## **London Transport**

A 24 hour information line for London's bus, train and underground services. Offers travel advice around London and up to date information on how services are running.

**Telephone:** 020 7222 7234

**Minicom:** 020 7918 3015

**London Transport Disability Section**

Offer advice and help in travelling around London.

**Telephone:** 020 7941 4600

**Address:** Transport for London, Access and Mobility, Windsor House, 42-50 Victoria Street, SW1 HOTL

**Fax:** 020 7941 4605

**Minicom:** 020 7941 4600

**Website:** [www.Londontransport.co.uk](http://www.Londontransport.co.uk)

**National Rail Enquiries**

**Telephone:** 0845 748 49 50

**Minicom:** 0845 60 50 600

**Orange Car Badge - Camden**

**Telephone:** 020 7974 4655

**Address:** c/o Permit Administration, London Borough of Camden, PO Box 20219, London, NW1 1WF

**Fax:** 020 7974 4604

**Website:** [www.camden.gov.uk](http://www.camden.gov.uk)

**Orange Car Badge - Islington**

Contact the main switchboard for your nearest contact centre.

**Telephone:** 020 7527 2000

**Address:** Dayton Community Care Centre, 52 Dayton Park Road, London N5 1NF

**Website:** [www.islington.gov.uk](http://www.islington.gov.uk)

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# Feedback Form

If you have any comments about the directory or additional information you feel should be added please fill out the form below and return to:

Low Vision Directory  
Low Vision and Prevention Unit  
224 Great Portland Street  
London  
W1N 6AA

**Telephone:** 0207 391 2347

**Email:** Lowvision [PA@rnib.org.uk](mailto:PA@rnib.org.uk)

Did you find the directory:

Very useful

Useful

Of no use

Other Comments:

Information that we need to change or add to the directory:

# Notes

# Notes