

THINGS TO DO: Young people

Islington Family
Information Service

www.islington.gov.uk/fis

020 7527 5959



ISLINGTON

Things to do for Young People (aged 12+)

January 2012

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Adventure Playgrounds

All of Islington's adventure playgrounds are registered with Ofsted for childcare, which may enable you to claim childcare tax credit.

Barnard Park Adventure Playground

Copenhagen Street, N1 0WF

T: 020 7837 1512

E: barnardpark@yahoo.co.uk

Disabled access: Limited access.

Opening times: Mon 4-9.30pm, Tues-Fri 3:30-6:30pm. Pick up is 6:15pm. Sat 11am to 4:30pm

Who's it for?: Children and young people aged 6 to 13 years

Cape Play and Youth Project, Wooden

Spanner and Adventure Playground

85 Crouch Hill, N8 9EG

T: 020 7272 4243

E: capeproject@yahoo.co.uk

Disabled access: Staff are confident in their knowledge of special needs. There is a lift. Facility is 98% accessible

Opening times: Tues-Fri 3-7pm term-time; Sat 11.30am-5pm, term-time for 5-13 year olds; Youth Club: Tues-Thurs term-time 7pm-9.45pm.

Who's it for?: Adventure playground is for children and young people aged 6 to 13 years.

Cornwallis Play and Youth Project

Cornwallis Road, N19 4LP

T: 020 7281 0094

E: guy.lawrence@islington.gov.uk

Opening times: For open access play: Term Time, Tues-Fri 4-7pm, Sat 11am-4pm; For Youth Club and Detached Work: term time: Tues-Fri, 7.30-10pm

Who's it for?: Play activities are open for any children aged 5 to 13 year olds. Youth activities are aimed at young people aged 12 to 19 years

Crumbles Castle Adventure Playground

Bingfield Street, N1 0BJ

T: 020 7278 8640

Opening times: term time - free, open access after-school activities, Monday to Friday from 3.30-6.45pm

Who's it for?: Children and young people aged 6 to 14 years. Children under the age of 6 years are welcome but must be accompanied by a parent or carer.

KIDS, formerly Haywards Adventure Playground

Market Road Gardens, N7 9PL

T: 020 7607 0033

E: steve.roach@kids.org.uk

W: www.kids.org.uk

Disabled access: Specialised playground for children with disabilities and additional needs

Opening times: Tues-Sun 10.15am-3.15pm; after-school 3.30-6pm.

Who's it for?: Children from Islington with special needs aged 6 - 15 years. Children from local boroughs can also attend

King Henry's Walk Adventure Playground

11 King Henry's Walk, N1 4NX

T: 020 7254 4783

Opening times: Playground: term-time: Tues-Fri, 3:30-7pm; Sat, 11:30am-4.30pm. Youth Club: Thurs and Fri, 7-9.45pm

Who's it for?: Adventure playground is open to children and young people aged 6 to 13 years. The Youth Club is open to young people aged 12 to 19 years

Lumpy Hill Adventure Playground

15 Market Road, N7 9PL

T: 020 7607 3586

Please note Lumpy Hill Adventure Playground is temporarily closed to make improvements and alterations to the site, and to carry out staff training. Islington Council is working closely with the volunteers who run Lumpy Hill and the staff who work there to do this. The adventure playground will be reopening - we will update details here. We apologise for any inconvenience. Haywards, the nearest other playground, is next door to Lumpy Hill and all children are welcome there.

Martin Luther King Young People's Partnership

Sheringham Road, N7 8PE

T: 020 7607 0845

E: mlkplayground@btinternet.com

Opening times: After-School Club, Mon-Fri, 3.15-6pm.

Who's it for?: Adventure playgrounds are open to children and young people aged 6 to 14 years. Our Homework Club is for children aged 6 to 13 years.

Three Corners Adventure Playground

Northampton Road, EC1R OHU

T: 020 7833 0795

Opening times: Tues-Fri 3.30-6.30pm; Sat, 11am-1.30pm and 2.30-5.15pm;

Who's it for?: Adventure playgrounds are open to children and young people aged 6 to 14 years.

Timbuktu Adventure Playground

Grenville Road, N19 4EJ

T: 020 7272 2183

E: timbuktuapg2183@btconnect.com

Opening times: term-time: Tues-Fri, 4-7.30pm; Sat, 12.30-5.30pm.

Who's it for?: Adventure playgrounds are open to children and young people aged 6 to 14 years

Toffee Park Adventure Playground and Youth Club

Ironmonger Row, EC1V 3QN

T: 020 7251 0190

Opening times: During term time we are open Mon-Fri, 3.30-6pm.

Who's it for?: Adventure playgrounds are open to children and young people aged 5 to 14 years. After-School club is open to 6 to 13 year-olds.

Waterside Play and Youth Project

50 Dame Street, N1 7FR

T: 020 7359 6200

Opening times: After-school: Tuesday to Friday, 3.30-6.30pm; Saturday, 10am to 5pm

Who's it for?: Ages 6 to 19 years.

After School Clubs

If an organisation is registered for childcare with Ofsted you may be able to claim childcare tax credit.

The Factory Community Project and Youth Centre

Newington Green School, Matthias Road, N16 8NP

T: 020 7241 1520

E: osp@thefactory.uk.net

Opening times: Mon-Fri, 3.30-6pm. £8 daily.

Who's it for?: Students aged 4 to 13 from nearby schools.

Freightliners Farm

Sheringham Road, N7 8PF

T: 020 7609 0467

E: liz@freightlinersfarm.org.uk

Disabled access: Yes

Opening times: Tues-Sun, 9.30am-4.30pm.

Who's it for?: Young people and children from 8 to 21. Provides alternative educational environment for young people who are no longer in mainstream education. Also provides an after school club for children aged 8 to 13 years and volunteering opportunities for young people 13 plus.

Hornsey Lane Tenants' Association

Community Centre, Hornsey Lane Estate, N19

3T: 020 7272 5938

Opening times: Mon-Fri, 3.30-6pm.

£4.70/£2.40 daily

Who's it for?: Students aged 4 to 14

The Laundry

Sparsholt Road, N19 4EL

T: 020 7263 1067

Opening times: Mon-Fri, 3.30-6.15pm.

£8/£4 daily.

Who's it for?: Students aged 5 to 12

Libraries and Homework Help

Archway Library

Hamlyn House, Highgate Hill, N19 5PH

T: 020 7527 7820

Opening times: Homework Club, Mon and Thurs, 4-7pm

Who's it for?: 7 to 16 year olds

Bangla Education

Ambler Primary School, Blackstock Road, N4 2DR

T: 020 8348 7116

E: erad.buksh@talk21.com

Opening times: Sat, 9.30am-1.30pm

Who's it for? Age 5 to 20

Central Library

2 Fieldway Crescent, N5 1PF

T: 020 7527 6900

Opening times: Homework Club, Wed 4-7pm

The Elthorne Learning Centre

7a Elthorne Road, N19 4AJ

T: 020 7272 8960/8961

Opening times: Tues-Thurs 4.30-6.30pm.

Who's it for?: Ages 6 to 12

Finsbury Library

245 St John Street, EC1V 4NB

T: 020 7527 7960

Opening times: Homework Club, Monday 3.30pm to 6.30pm

Who's it for? Everyone.

John Barnes Library

275 Camden Road, N7 0JN

T: 020 7527 5900

Opening times: Homework Club, Thurs 4-7pm

Who's it for? Everyone.

Kokayi Supplementary School

12 Woodfall Road, N4 3JD

T: 020 7272 3535

Opening times: Mon-Sat 30 weeks per year. Please call for details of times.

Who's it for?: Ages 5 to 16.

Lewis Carroll Children's Library

180 Copenhagen Street, N1 0ST

T: 020 7527 7936

Opening times: Homework Club, Thurs, 4-7pm

Who's it for? Ages 0 to 18

Mildmay Library

21-23 Mildmay Park, N1 4NA

T: 020 7527 7880

Opening times: Homework club, Tues, 4-7pm

N4 Library

26 Blackstock Road, N4 2DW

T: 020 7527 7800

Opening times: Homework club, Tues, 4-7pm

North Library

Manor Gardens, N7 6JX

T: 020 7527 7840

Opening times: Homework Club, Tues, 4-7pm.

Who's it for?: Everyone

South Library

115-117 Essex Road, N1 2SL

T: 020 7527 7860

Opening times: Homework Club, Thurs, 4-7pm

West Library

Bridgman Road, N1 1BD

T: 020 7527 7920

Opening times: Homework Club, Tues, 4-7pm

Music/Dance/ Drama/Art

Almeida Projects

Almeida Theatre, Almeida Street, N1 1TA

T: 020 7288 2916 / 020 7288 4901

E: projects@almeida.co.uk

W: www.almeida.co.uk/projects

Disabled access: Front of house area and stalls auditorium have full disabled access. We also have access performances (BSL and Captioned) for deaf and hard of hearing patrons

Who is it for? All schools in Islington can get tickets for £5 including an introductory workshop. Theatre projects; discount ticket scheme; education programmes. The Young Friend of the Almeida scheme is for young people aged 15-21 who have participated in an Almeida Theatre project

Angel Shed Theatre Company

City and Islington College, 444 Camden Road N7 0SP

T: 0791 0822412

E: angelshed@yahoo.co.uk

Disabled access: Yes

Opening times: The sessions are run on a Thursday evening during term time. The Children's Theatre meets from 5.30pm to 6.45pm and the Youth Theatre meets from 7.30-8.45pm

Who's it for?: The Children's Theatre is for 7-11 year olds and the Youth Theatre is for 11-16 year olds. Welcomes children and young people from both mainstream and special schools

The Art Flat

Copenhagen Youth Project, All Saints Church, Caledonian Road, N1 9QW

T: 07921 467209

E: linda@cyproject.org

Who's it for?: 11 to 18 year olds. Art session, including cartoon drawing

Copenhagen Youth Project

1st Floor, West Library, Bridgeman Road, N1 1BD

T: 020 7607 6050

E: info@cyproject.org

W: www.cyproject.org

Disabled access: Yes, except the Art Flat

Opening times: Mon-Fri, 10am-2pm. Sessional times vary between 4.30-9pm

Who's it for?: All services for young people in the N1 post code area

The Clod Ensemble

Unit 1-2 Crown Works, Temple Street, E2 6QQ

T: 020 7749 0555

W: www.clodensemble.com

E: admin@clodensemble.com

Opening times: A music theatre company. Office hours are 10am-6pm and most workshops take place within this time

Do it 4 Real, YHA

W: www.doit4real.co.uk

EC1 Music Project

173b Old Street, EC1V 9NJ

T: 020 7527 2960

Opening times: Various. Call the Centre for details.

Who's it for?: Young people under 21

Elthorne Youth Project

St John's Community Centre, Holland's Walk, N19 3SS

T: 020 7281 3624 or 07951 296 334

Opening times: Tues, 6-9pm; Fri, 6.30-9.30pm

Who's it for? Suitable age range 9 to 17 years

The Film and Video Workshop

Hungerford School, Hungerford Road, N7 9LF

T: 0207 607 8660

E: simon@filmworkshop.com

W: www.filmworkshop.com

Disabled access: Yes

Opening times: Mon-Fri, 9:30am-5pm

Who's it for? We hold regular workshops in schools for all ages across London

Highbury Roundhouse

71a Ronalds Road, N5 1XB

T: 020 7354 2418

E: admin@highburyroundhouse.org.uk

W: www.highbury-roundhouse.org.uk

Opening times: Youth Club: Mon-Thurs, 6.30-9.30pm; Coco Jam 07957 578636 hip hop,

street, acrobatics, breakdance, Sat, 1.30-3.30pm;

Hot Tin Roof 020 8858 7324 Drama for 7 to 18 year olds, Wed and Thurs

Who's it for?: Youth Club for 11 to 19 year olds

Islington Arts Factory Ltd

2 Parkhurst Road, N7 0SF

Disabled access: Yes

T: 020 7607 0561

E: IAF@islingtonartsfactory.fsnet.co.uk

W: www.islingtonartsfactory.org.uk

Opening times: Mon-Thurs, 10am -9:45pm; Fri, 10am-6.45pm; Sat 10am-5:45pm; Sun 11am-5:30pm

Who's it for?: 7 to 18 year olds (Young Factory)

Islington Ecology Centre, Gillespie Park Nature Reserve

Gillespie Park Local Nature Reserve, 191 Drayton Park, N5 1PH

T: 020 7354 5162

E: ecologycentre@islington.gov.uk

W: www.islington.gov.uk/leisure/outdoor/parks

Disabled access: The Ecology Centre is accessible for wheelchair users. Parts of Gillespie Park are not wheelchair accessible

Opening times: for Ecology Centre opening times please contact the Centre. Please note both the Ecology Centre and Gillespie Park are closed when Arsenal are playing at home

Who's it for?: The Centre runs various events aimed at different groups, including children, adults and families

Islington Museum

245 St John's Street, EC1V 4NB

T: 020 7527 2837

W: islington.museum@islington.gov.uk

Who's it for? Various. Programmes of temporary exhibitions and children's activities throughout the year. Please contact for more details.

Islington Youth Jazz Band

Highbury Grove School, Highbury New Park, N5 2EG

T: 020 7527 3274

E: nathan.theodoulou.camb-ed@islington.gov.uk

Disabled access: Yes

Opening times: Thurs 4.15–6pm

Who's it for?: Any Islington secondary school-aged students.

Islington Youth Theatre

Islington Arts and Media School, Turle Road, Tollington Park, N4 3LS

T: 07528 613311

E: iyt@islingtoncommunitytheatre.com

Disabled access: Yes

Who's it for?: Young people aged 13 to 18 attending an Islington secondary school.

Jacksons Lane

269a Archway Road, Highgate, N6 5AA

T: 020 8340 5226

E: reception@jacksonslane.org.uk

W: www.jacksonslane.org.uk

Disabled access: There is a permanent ramp up to the main entrance, disabled access to all ground floor rooms, disabled toilets and disabled access to the theatre

Opening times: Tues–Sat 10am–10pm; Sun 10am–5pm

Who's it for?: All

Kings Corner Project

104 Old Street, EC1V 9AY

T: 020 7253 6776

E: office@kcpyouth.net

W: www.kcpyouth.net

Disabled access: Yes

Opening times: Mon, Tues, Thurs, 1–7pm; Wed 1–5.30pm; Fri, appointments only

Who's it for?: Young people aged 15 to 21

Marmalade Dance Academy (formerly The Leila Seeley School of Dance)

Various venues

T: 07795 483195

E: lallyl@hotmail.com

Opening times: Classes take place during afternoons, evenings and all day Sat. Contact Leila for a timetable

Who's it for? Children and young people aged 3 to 18. Dance classes in ballet, tap, modern and street jazz. Pupils can work towards examinations. Regular performances at local theatres.

The Little Angel Theatre

14 Dagmar Passage, N1 2DN

T: 020 7226 1787 or 020 7359 8581

E: info@littleangeltheatre.com

W: www.littleangeltheatre.com

Disabled access: Yes

Opening times: Performance workshops on Sat

Who's it for?: Young people

London Youth Dance Network

Sadler's Wells Theatre, Rosebery Avenue, EC1R 4TN

T: 020 7863 8117

E: melanie.nix@londonyouthdance.com

W: www.londondance.com

Who's it for? Facilitates youth dance in the capital. It is for young people, youth dance workers, parents and carers

LSO Discovery

LSO Barbican Centre, Silk Street, EC2Y 8DS

T: 020 7588 1116 / TextPhone/minicom 020 7492 8299

W: www.lso.co.uk/getinvolved

Disabled access: Yes

Who's it for? Children and young people, all ages. Range of activities and performances

National Youth Theatre

T: 020 7036 9079

Opening times: Open Access courses for 14 to 25 year olds: Friday 3.45–6pm at Ackland Burhley, Burghley Road, NW5 1UJ; Saturday, 3.30–5.30pm, Islington Arts Factory, Parkhurst Road, N7.

Who's it for? For young people from 14 years to 25 years who have an interest in performing arts. No previous experience necessary

The Platform Youth Hub

260 Hornsey Road, N7 7QT

T: 020 7527 1838

W: www.platformislington.org.uk

Disabled access: Yes

Opening times: Workshops, classes, activities, Wednesday to Friday, 4.30–9pm and all day Saturday.

Who's it for?: Young people

The Precinct Theatre

Units 2/3 The Precinct, Packington Square, N1 7UP

T: 020 7359 3594

E: theatre@breakalegman.com

Disabled access: Yes

Opening times: Mon: Drama, 4.30-6pm (6-11); 6-7.30pm (13 plus); Tues: Drama, 6-7.30pm (6-11); Wed: Dance, 5-6pm; Drama, 6-7.30pm (13 plus); Sat: Drama, 1-2.30pm (6-11).

Who's it for? Young people interested in theatre and dance

Queensland Multi-Media Arts

Blenheim Court, Unit 4, 62 Brewery Road, London N7 9NY

T: 020 7607 1882

Who's it for? Anyone aged 14 and over. Music, dance, IT classes

Roundhouse Studios

The Roundhouse, Chalk Farm Road, NW1 8EH

T: 020 7424 8477

W www.roundhouse.org.uk/studios

Who's it for? 11-25 year olds. Music, theatre and arts projects for young people learning from artists.

Opening times: A varied programme of events. See website for details

Young Actors Theatre

70 to 72 Barnsbury Road, N1 OES

Getting there: Angel Tube

T: 020 7278 2101

E: info@yati.org.uk

W: www.yati.org.uk

Who's it for?: Open to all on a first-come first-serve basis. No auditions. Entry via waiting list.

Young Pleasance

W: www.pleasance.co.uk/yp

Who's it for? Range of drama courses and performances for children and young people

The Zone Youth Project

The Bridge School 28 Carleton Road

London N7 OEQ

T: 020 7697 9242

E: eclarke1106@hotmail.co.uk

Opening times: Term time: Mon-Fri, 3-5pm; Sat, 1.30-6pm; Evenings, Mon-Wed 6.30-9.30pm.

Dance, music, boxing, art, life skills.

Who's it for?: Young people aged 11-19 years

SERVICES FOR DISABLED YOUNG PEOPLE/ ADDITIONAL NEEDS

These are dedicated services for disabled young people, but disabled young people should be able to use any service in Islington.

Arsenal in the Community Football Programme

Sobell Leisure Centre, Tollington Rd, N7

T Samir Singh 020 7704 4158/4140

Disabled access: Yes

Opening times: Sun 11.30am-1pm

Who's it for?: Partially sighted people under 16

Centre 404

Daylight Centre, 14-16 Highbury Grove, N5 2EA

T: 020 7607 8762

E: katya@centre404.org.uk

Opening times: **Mon** 5-7pm: Sibling Group for 8-12 year olds; **Tues** 4-6.30pm Juniors Club for 8-12 year olds; 4-6.30pm Adolescent Club for 12-16 year olds; 7-9.30pm Happy Tuesdays for people with high support needs, 16-25 year olds **Wed** 4-6.30pm Aiming High Wednesdays for children with high needs, 11-18 year olds; **Thurs** 7-9.30pm Young Adults Group for 16-25 year olds; **Fri** 7-9.30pm Friday Social Club for over 16 year olds; **Sat** 12-4pm Social Club for over 25 year olds; 9.30-11.30am Aiming High Saturdays for children with high needs 11-19 year olds; 12-2pm Sports Club for over 16 year olds.

Who's it for? Young people aged 8 to 25 and over. Charges depend on the family

Elfrida Netball at Sobell

Hornsey Road N7 7NY

T: 020 7359 7443

Opening times: Wednesday, 4.15pm (can also meet at Elfrida at 3.15pm)

Who's it for? Women with learning difficulties, aged 16 years plus.

KEEN London

12 City Forum, 250 City Road, EC1V 8AF

T: 020 7250 0012

Opening times: Ask for details of times

Who's it for? Children with special needs and their siblings aged 4 to 15. Arts, sport, and trips

Kids, formerly Haywards Adventure Playground
Market Road Gardens, Market Road N7 9PL
T: 020 7607 0033
E: steve.roach@kids.org.uk
Opening times: Tues-Fri 10.30am-5.30pm term time. Sat and Sun, 10.15am-3.15pm
Who's it for? Children with disabilities and their siblings aged 5 to 15.

Kith and Kids
3rd Floor, c/o The Irish Centre, Pretoria Road, London N17 8DX
T: 020 8801 7432
W: www.kithandkids.org.uk
Opening times: 10am-5pm
Who's it for? Supports families who have a child with learning disabilities or autism. Provides projects in school holidays and at weekends .

Lough Road Centre for Children and Young People with Disabilities
61-71 Lough Road, N7 8RH
T: 020 7527 2095
W: www.islington.gov.uk
Opening times: Lough Road Centre operates a 24-hour service to children and young people.
Who's it for?: Children and young people with disabilities and their families

Sobell Leisure Centre
Hornsey Road N7 7NY
020 7609 2166
www.aquaterra.org
020 7686 8812 (basketball),
sharareh.avazzadeh@aquaterra.org;
020 7686 0802 (multi-sports and gym),
Courtney.deutrom@aquaterra.org
07590 559018 (football for young people who are visually impaired) dvijayan@arsenal.co.uk ;
ssingh@arsenal.co.uk (football for young people who are deaf or hard of hearing)
Opening times: Junior Gym, Tues 4.15-5.30pm; Multi-sports, Thurs 4.15-5.30pm; Wheelchair Basketball, Sat 3-4pm; Football (visually impaired), fortnightly Sundays 11.30am to 1pm; Football (deaf or hard of hearing) fortnightly Sundays 1-2.30pm
Who's it for? Junior Gym: disabled young people aged 14-18 years; Multi-sports: disabled young people aged 7-14 years; Wheelchair Basketball: disabled young people aged 7-14 years ; Football: 7 to 18 years

William Tyndale School
Sable Street N1 2AQ
020 7686 8810
adrian.pettigrew@aguaterra.org
Opening times: Girls football: Thurs 5-6pm
Boys football: Thurs 6-7pm
Who's it for? Disabled young people aged 7-14 years. Not suitable for wheelchair users.

Sports

The Access to Sports Project
Sobell Leisure Centre, Hornsey Road, N7 7NY
T: 020 7686 8812
W: www.accesstosports.org.uk
Disabled access: Yes
Opening times: Various. Call office for details
Who's it for?: Children and young people aged 5 to 19. All abilities welcome. Clubs for football, netball, basketball, athletics, tennis, badminton, cricket, volleyball and table tennis

Anaconda Swimming Club
Cally Pool, Ironmonger Row, Golden Lane
W www.anacondaswimmingclub.org.uk
Who's it for? 4 years +

Archway Leisure Centre and Pool
14 Macdonald Road, N19 5DD
T: 020 7281 4105 / Premier Gym 020 7272 6009 / Memberships 020 7272 0613
W: www.aquaterra.org/Islington/archway
Disabled access: Yes - parking, toilets, assistance and lifts for those with disability
Opening times: Check website
Who's it for? Everyone. River run, spa pools, water slide, jets, waves, children's parties. Izz card discounts. Cost varies

Arsenal Positive Futures and Arsenal in the Community
020 7697 7383
E: fHUDSON@arsenal.com
Who's it for? Ages 6 to 19. Coaching programmes in football, basketball, hockey and cricket take place on local estates and other venues

Cally Pool

229 Caledonian Road, N1 ONH

T: 020 7278 1890

Disabled access: Yes. Access, parking, toilets, assistance and lifts for those with disability. Guide dogs allowed

Opening times: Check website

Who's it for? Everyone. Warm teaching pool, children's parties, toys, floats, sessions, lessons

Camden Gymnastics Club

Talacre Community Sports Centre,

Dalby Street, NW5

T 020 7974 8765

Who's it for? 3 to 16 year olds

Castle Climbing Centre

Green Lanes, N4

T 020 8211 7000

W www.castle-climbing.co.uk

Who's it for? 9 years +

Clissold Swimming Club

Kingshall, Ironmonger Row, Clissold Leisure Centre

T 07891 880781

W www.clissoldswimmingclub.org.uk

Fighting Fit Fencing

Electric Space, Hornsey Street, N7

T 020 7272 6246

W www.fighting-fit-fencing.com

Opening times: Mon-Thurs, 5.30-7.30pm;

Who's it for? 5 to 16 year olds

Finsbury Leisure Centre

Norman Street, EC1V 3PU

T: 0207 253 2346

W: www.aquaterra.org/finsbury-leisure-centre

Disabled access: Yes. Access, parking, toilets, assistance and lifts. Guide dogs allowed.

Opening times: Check website

Finsbury Table Tennis Club

Finsbury Leisure Centre

T: 020 7253 2346

Opening times: Fri 5-7pm, Sun 3-5pm

Hackney City Tennis Clubs

Clissold Park, N16

T 020 7254 4235

W www.hackneycitytennisclubs.co.uk

Hackney Bull Youth Rugby Club

Clissold Park, N16

T 07734 062776

Opening times: Sun, 10am-12pm

Who's it for? 6-16

Hitz Rugby

T 07825 868761

Opening times: Caledonian Park, Market Road, N7, Fri, 4.30-6.30pm; Rosemary Gardens, Southgate Road, N1, Sat, 2-4pm

Who's it for? 8+

Highbury Pool

Highbury Crescent, N5 1RR

T: 020 7704 2312

W: www.aquaterra.org/highbury-pool-and-fitness-centre

Disabled access: Yes. Disabled access to parking, toilets, assistance and lifts. Guide dogs also allowed

Opening times: Check website

Who's it for?: Everyone

Ironmonger Row Baths

1-11 Ironmonger Row, EC1V 3QF

Reception: 020 7253 4011 /

Membership: 020 7689 9821

W: www.aquaterra.org/Islington/sobell

Disabled access: Not completely. On-road parking only. Stepped entrance. Assistance and pool lifts for those with disability, but there is not an internal floor lift. Guide dogs allowed

Opening times: Currently closed for refurbishment

Islington Boat Club

16-34 Graham Street, N1 8JX

T: 020 7253 0778

Opening times: Tues-Thurs 4.30-7.30pm (9 to 19 year olds). Wed 5-8pm (14 to 17 year olds)

Who's it for? People from age 9 to adult. Water-based activities: canoeing and sailing. Must be able to swim 25 metres in clothes. Also: table tennis, pool, board games, TV, video. Very low £££

Islington Boxing Club

20 Hazeville Road, N19

T 07956 293768

W www.boxinglondon.co.uk

Who's it for? 12+

Islington Cricket Club

T 020 8809 0022

W access2sports@aquaterra.org

Who's it for? 8 to 13 year olds

Islington Football Development

T: 020 7686 8810

E: olga.mirzoian@aquaterra.org

Who's it for? Children and young people aged 5 to 15 (with some sessions for older age groups). Runs regular football sessions and holiday courses at

Sobell Leisure Centre, Market Road and Whittington Park. Please call/email to find out more

Islington Panthers Basketball Club

W www.islingtonpanthers.co.uk

Islington Tennis Centre

Market Road, N7 9PL

T: 020 7700 1370

Opening times: 7am-11pm

Who's it for? 3 to 15 year olds. Lawn Tennis Association staff. Average £4/£2

London Blitz American Football Team

Finsbury Park, N4

T 07834 350641

W: www.londonblitz.com

Opening times: See website

Who's it for? 11+

London Heathside Athletics Club

Finsbury Park, N4

W www.londonheathside.org

Opening times: Tues and Thurs, 4.30-8.15pm, Sat, 10.30am-12.30pm

Who's it for? 9-17 year olds

London Mets Youth Baseball Club

Finsbury Park, N4

W www.londonmeteors.co.uk

Who's it for? 7-25 year olds

Sobell Badminton Club

Hornsey Road, N7

T: 0779 222383

Opening times: 6-16 yrs, Sun, 4-6pm; 15-17 yrs, Fri, 7.30-10.30pm, Sun, 6.30-9pm

Who's it for? 6-17 year olds

Shoreditch Sharks Rugby Club

Shoreditch Park, Pitfield Street, N1

T 020 8378 0312

W www.oldstreetrugby.com

Opening times: Sun 10-11.30am

Who's it for? Boys and girls 7-17 year olds

Sobell Leisure Centre

Hornsey Road, N7 7NY

T: Reception: 020 7609 2166 / Membership: 020 7686 2363

Opening times: Check website.

Youth Clubs and Activities

Andover Youth Club

50-51 Corker way, Andover Estate, London, N7 7RY

T: 020 7561 4820

Opening times: Youth Club: Mon, Tues, Thurs, Fri, 6.30-9.30pm; Sat, 5-8pm; Young Women's Group: Wed, 4.30-6.30pm

Who's it for? For young people, 13 to 19 years

Canonbury Project Youth Hub

Unit 3, New River Green, St Paul's Road, N1 2PY

T: 020 7527 4441; 07825 098834

E: canonburyproject@hotmail.com

Opening times: Phone for details.

Who's it for? Young people aged 9 to 19 years living in the Canonbury area. Various groups: Fatherhood Project, Non attendees, Young Parents' Drop-in, Sports, Street Work, Drugs/Alcohol Residential, Connexions drop-in, access to condom distribution for Under 21s, legal advice

Cape Play and Youth Project, Wooden Spanner and Adventure Playground

85 Crouch Hill, N8 9EG

Disabled access: Staff are confident in their knowledge of special needs. There is a lift. Facility is 98% accessible

T: 07584 370922; 07584 370923

Opening times: The play and youth project building at the Crouch Hill site is currently closed for refurbishment and is due to reopen in 2012. An outreach programme is running in the meantime. Please phone for details.

Who's it for? Adventure playgrounds are open to children and young people aged 6 to 14 years. Youth project is for 13 to 19 year olds

Copenhagen Youth Project

1st Floor, West Library, Bridgeman Road, N1 1BD

T: 020 7607 6050

E: info@cyproject.org

W: www.cyproject.org

Disabled access: Yes, except the Art Flat

Opening times: Mon-Fri 10am-2pm Sessional times vary between 4.30-9pm

Who's it for?: All services for young people in the N1 post code area

Elizabeth House Play and Youth Service

Elizabeth House, 2 Hurlock Street, N5 1ED

T: 020 7690 1300 / 020 7690 1301

E: admin@ehlc.co.uk

Disabled access: Yes. Building is fully accessible. Has lift to first floor. Adapted toilet

Opening times: After-school club – Mon-Fri 3.30-6pm. Youth Club, Fri 6.30-9.15pm

Who's it for?: Youth Club for 12-18 year olds

Freightliners Farm

Sheringham Road, N7 8PF

T: 020 7609 0467

E: liz@freightlinersfarm.org.uk

Disabled access: Yes

Opening times: Tues-Sun, 9.30am-4.30pm

Who's it for? Young people and children from 8 to 21. Provides alternative educational environment for young people who are no longer in mainstream education. Also provide an after school club for children from 8-13 and volunteering opportunities for young people aged 13 plus

Hanley Crouch Youth Club, The Laundry

The Laundry, Sparsholt Road, N19 4EL

T: 020 7263 1067

E: ron@hanelycrouch.com

Opening times: Monday to Wednesday from 6.45pm to 9.15pm

Who's it for?: Open to all young people aged 12 to 21 years

Headliners (includes Loud'n'Clear)

Exmouth House, 3-11 Pine Street EC1R 0JH

T: 020 7833 2577

E: enquiries@childrens-express.org

Who's it for? Young people aged 8 to 19. Glossy magazine produced regularly by and for kids: opinions, surveys, fun, interviews, gossip. Loud'n'Clear is the magazine project for 8 to 11s; the whole project is for 8 to 19 year olds

Highbury Roundhouse

71a Ronalds Road, N5 1XB

(temporary venue: Sotheby Mews Day Centre, Sotheby Road, N5 2UT)

T: 020 7359 5916

E: admin@highburyroundhouse.org.uk

W: www.highbury-roundhouse.org.uk

Opening times: Youth Club: Tuesday and Thursday, 6-8.30pm

Who's it for?: Youth Club for 11 to 19 year olds

Islington Boat Club

16-34 Graham Street, N1 8JX

T: 020 7253 0778

Opening times: Tues-Thurs 4.30-7.30pm (9-19 yrs). Wednesday 5pm-8pm (14-17 years)

Who's it for?: People from age 9 to adult. Water-based activities: canoeing and sailing. Must be able to swim 25 metres in clothes. Also: table tennis, pool, board games, TV, video. Very low £££

City Karting Project

City University, Northampton Square, EC1V 0HB

T: 020 7040 3196

E: Sarah.corley.1@city.ac.uk

Opening times: Wednesday evenings (from October to end of December only)

Who's it for? 14 to 18 years. Build a kart at the university engineering department; learn how to use tools and about aerodynamics and alternative fuels; drive the kart at Lakeside Karting Track and get 1:1 careers advice

King Henry's Walk Play and Youth Project

11 King Henry's Walk, N1 4NX

T: 020 7254 4783

E: kinghenry.apg@btconnect.com

Who's it for? Ages 11 to 18. Photography, IT, sports.

Martin Luther King Youth Club

Sheringham Road, N7 8PE

T: 020 7607 0845

E: jessiestar@ukonline.co.uk

Opening times: Mon (girls only) and Thurs 6.30-9pm. Wed Youth Forum 5-7pm

Who's it for? 11 to 19 years. Job club; CV support; interview skills; social education; football; residential. Youth Club free

NRG LGB Young People's Services

Central Office, Terrence Higgins Trust, 314-320

Gray's Inn Road, WC1X 8DP

T: 020 7803 1684 / 07771 858057

E: nrg@ttht.org.uk

W: www.ttht.org.uk/nrg

Opening times: Mon-Fri 10am-6pm

Who's it for? Lesbian, gay and bisexual young people aged 25 and under; we welcome trans-gender people and friends.

Peel Youth Club

Percy Circus, WC1X 9EY

T: 020 7837 6082

Opening times: Mon 6.30–9pm; Tues football 6.30–9pm; Wed and Thurs 7.30–9.45pm; Fri 6.30–9pm

Who's it for?: 11 to 21 years

Prospex Youth Project

334–336 Caledonian Road, N1 1BB

T: 020 7607 7626

E: info@prospex.org

W: www.prospex.org

Who's it for? Young people aged 11 to 21 years

Rose Bowl Centre

St Paul's Open Space, Ramsey Walk, N1 2PT

T: 020 7354 3524/020 7684 0060

E: ed@hoxtonhall.co.uk

Opening times: Cricket (13–15 years): Tuesday, 5–6.30pm; Cricket (16–19 years): Tuesday, 6.30–8pm; Hipnotic Dance (14–19 years): Tuesday 6–8pm, Saturday, 2–4pm; Football Training (13–15 years): Thursday, 5–6.30pm; Football Training (16–19 years): 6.30–8pm; Music Production (14–19 years): Thursday, 6.30–8pm; Basketball (13–15 years): Saturday, 12.30–2pm; Basketball (16–19 years): Saturday, 2–3.30pm

Who's it for? Young people aged 8 to 19 years

Scout Groups in Islington

W www.scouts.org.uk/join

T: 01442 262686 or 07812 383890.

Opening times: see website

St John's Youth Club

39 Duncan Terrace, N1 8AL

T: 020 7226 3277

Opening times: Wed 6.15–9.15pm

Who's it for?: 12 to 21 years

St Mary's Youth Club

Upper Street, N1 2TX

T: 020 7354 3427 or 0793 1149976

Opening times: Mon 3.30–7.30pm; Tues 5–9.30pm; Wed 3.30–7.30pm; Thurs 5.00–9.30pm

Who's it for? Open to all young people aged 8 years. Run holiday playschemes.

Toffee Park Youth Club

50 Ironmonger Row, EC1 3QN

T: 020 7250 1781

Opening times: 11–14 year olds: Tuesday and Thursday, 6.30–9pm; 15–19 year olds: Wednesday and Friday, 6.30–9pm

Who's it for? Young people aged 11 to 19 years.

Triple M Youth Project

Bentham Community Hall, Bentham Court, Ecclesbourne Road, N1

T: 020 7226 6188

Opening times: Mon, Tues, Wed, 5–9pm

Who's it for? 8 to 18 year olds

The Underground Youth Centre

Piper Close, N7 8TQ

T: 0800 389 6646/020 7697 2385

Opening times: Mon and Thurs, 7–9pm; Girls only: Wed, 5–7pm; Mechanics Youth Club: Wed 4–6pm

Who's it for? Young people aged 8 to 19

Waterside Play and Youth Project

50 Dame Street, N1 7FR

T: 020 7359 6200

Opening times: Youth Club, Wed and Thurs 7–10pm.

Who's it for?: Ages 12 to 19 years.

White Lion Youth Centre

White Lion Youth Centre is being refurbished. Sport and fitness sessions are running from Kinetic Gym, 555 Liverpool Road, N7, and music sessions from EC1 Music Project. For relocation details of other services go to www.islington.gov.uk/familydirectory

Opening times: Sport and fitness at Kinetic Gym:

Mon, Wed, Fri 6.30–8.30pm;

Music at EC1: Mon, Tues, Fri, 6.30–9pm

Who's it for?: Ages 11 to 21

Islington Family Information Service

We provide free and confidential information and advice to help children, young people and families in Islington find the services they need.

- Nurseries and playgroups
- Childminders
- Holiday activities
- Services for Disabled Children and Young People
- Parenting and family support services
- Money advice
- Getting into work or training
- Local information on health and housing
- Things to do: Babies and Children under 5
- Things to do: Children 5 to 11
- Things to do: Young People



Family Directory

You can also visit the Family Directory, a quick and easy online guide to services for children, young people and families in Islington www.islington.gov.uk/familydirectory

Contact

Islington Family Information Service, 222 Upper Street, London N1 1XR

020 7527 5959 fis@islington.gov.uk

Our information and advice line is open Monday to Friday 9am to 4pm. There is also an out-of-hours voicemail service. Our information is regularly updated onto the internet at www.islington.gov.uk/fis

Complaints

If you have a complaint about any service, please raise it with the provider first. If your problem is not sorted out, you can go through Islington Council's complaints procedure for services that the council provides. For services provided by voluntary groups, you need to complain to the management committee. For services provided by private groups, complain to the owners. For Ofsted-registered providers speak to Ofsted on 08456 404040.