

The Dorcas Project

The **Dorcas Project** is a volunteer befriending scheme based at the Walter Sickert Community Centre in Islington (N1).

Our aim is to train volunteers to befriend older people and disabled adults living in the local area and provide social and practical support, enabling these clients to live longer in their community whilst experiencing a better quality of life.

Befriending is very flexible and can encompass many different activities from a chat and a cup of tea, to a game of chess or scrabble, to a bit of gardening, or occasional trips outdoors to a local park, the shops, a café, and so on.

All volunteers are given thorough induction training before being placed with a client. This is followed up by regular supervision and support, as well as reimbursement of out-of-pocket expenses. All we ask of volunteers is a minimum commitment of at least one hour a week on a regular basis.

Past volunteers have found that this is a great opportunity to develop skills in the care and social work field, and a good way of making new friends.

For further information or an application form, please contact the project co-ordinator on the details below.

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