

Coram Islington Parenting Support Service

We are a parenting support service for parents of teenagers who live in Islington.

Coram Islington is a team of experienced parenting support specialists who offer a range of services, which we have listed below.

Our contact details are as follows: 9 Manor Gardens, London, N7 6LA

All referrals to be sent to info@coram-islington.org.uk

Telephone number 020 7561 8461

Name of Service	Target group	Time-scale	Start date and times	Place	Contact	Area
Free Phone telephone support line 0808 168 5717	Universal Service for all parents of teenagers (age 12-16, and age 8-11 if support links to emerging teenage issues)	N/A	Mon and Wed 8.30am – 7.30pm Tues, Thurs and Friday 8.30am – 5.30pm Saturday 9.30am – 12.30pm	Telephone Support	0808 168 5717	All areas in Islington
One to One Support for parents of teenagers	Parents of teenagers (age 12-16) Tier 2/3 service.	We provide one-to-one sessions over a 12 week period of intervention.	On receipt of referral.	Manor Gardens Centre, 9 Manor Gardens, London, N7 6LA.	Call Tracy or Jenny on 020 7561 8461 for a referral form. Or for Self referrals call our free phone number 0808 168 5717.	All areas in Islington

<p>Parenting Courses Group Teen Triple P</p>	<p>Parents of teenagers (12- 16 years)</p>	<p>8 weeks x 2 hours Week 1-4 group sessions. Week 5-7 individual telephone sessions. Week 8 final group session</p>	<p>Friday 15th January 2010 9.30am – 12 midday</p>	<p>Manor Garden Centre, Garden Room, London, N7 6LA</p>	<p>Call Tracy or Jenny on 020 7561 8461 to make a referral or book a place.</p>	<p>Holloway Open to all parents in Islington.</p>
<p>Parenting Courses Strengthening Families, Strengthening Communities SFSC.</p>	<p>Parents of 5- 18 years</p>	<p>13 weeks x 3 hours</p>	<p>Monday 22nd February From 10am – 1pm</p>	<p>Elizabeth Garrett Anderson School Donegal St, London, N1 9QG</p>	<p>Call Marilia on 020 7561 8461 or text on 07958061827</p>	<p>Barnsbury Open to all parents in Islington</p>
<p>Fathers Group Offers parental support including workshop and surgery time.</p>	<p>Universal Service All fathers of teenagers. (age 12-16, and age 8-11 if support links to emerging teenage issues)</p>	<p>Consists of 4 sessions; Facebook Facts (Info about Social Networking sites), Keeping your teenager safe, Drugs and Alcohol, what parents need to know and Know your rights.</p>	<p>Dates to be confirmed in the new year.</p>	<p>St Lukes Community Centre, 90 Central St, London, EC1V 8AJ</p>	<p>Call Marilia on 020 7561 8461 to book a place or to find out the next dates.</p>	<p>Finsbury Open to all fathers in Islington.</p>
<p>Parents Group Offers parental support including workshop and surgery time</p>	<p>Universal Service All parents of teenagers. (age 12-16, and age 8-11 if support links to emerging teenage issues)</p>	<p>Ongoing- offers information on Anger Management, Keeping your teenager safe, communicating with your teenager Talking to your teenager about relationships and any other issues parents may have.</p>	<p>Dates to be confirmed in the new year.</p>	<p>Flat 4, Packington Square, London, N1 7UF</p>	<p>Call Marilia on 020 7561 8461 to book a place or to find out the next dates</p>	<p>Canonbury Open to all parents in Islington</p>

<p>Workshops for parents of teenagers</p> <p>Offers parental support</p> <p>COLA- City of London Academy</p>	<p>Universal Service All parents of teenagers. (age 8 -19)</p>	<p>Workshop 2 An Introduction to parenting and staying safe, How to manage risky behaviours.</p> <p>Further workshops to be offered in 2010.</p>	<p>Monday 18th January 2010 Times: 11.30am – 1pm or 6pm – 7.30pm</p>	<p>COLA</p>	<p>Call Marilia on 020 7561 8461 to book a place or to find out the next dates</p>	<p>Canonbury Open to all parents in Islington</p>
<p>Workshops for parents of teenagers</p> <p>Offers parental support</p> <p>St. Mary Magdalene Academy</p>	<p>Universal Service All parents of teenagers. (age 8 -19)</p>	<p>Workshop 1 Morning – An intro session Evening -Anger Management</p> <p>Workshop 2 Morning– Anger Management Evening - Keeping your teenager safe – Talking about youth violence and gang culture.</p> <p>Workshop 3 Morning – Communicating with your child or teenager Evening -Talking to your teenagers about drugs and alcohol.</p> <p>Workshop 4 Morning – Keeping your child out of Trouble. Evening: Talking to your teenagers about relationships & sex.</p> <p>Workshop 5</p>	<p>Tuesday 23rd Feb 2010 Time: 9.15am -11am and Time: 5:45pm – 7pm</p> <p>Tuesday 2nd March 2010 Time 9.15am – 11am and Time: 5:45pm – 7pm</p> <p>Tuesday 9th March 2010 Time: 9.15am -11am and Time: 5:45 – 7pm</p> <p>Tuesday 16th March 2010 Time: 9.15am – 11am and Time: 5:45 – 7pm</p> <p>Tuesday 23rd March 2010</p>	<p>Morning workshops at St Mary Magdalene Primary</p> <p>Evening workshops at St. Mary Magdalene Academy</p>	<p>Call Farzana On 020 7561 8461 for further information.</p>	<p>Holloway All areas in Islington</p>

		Parent forum and feedback - share your views and future support.	Time: 5:45 – 7pm			
<p>Workshops for parents of teenagers</p> <p>Offers parental support</p> <p>Elizabeth Garret Anderson Secondary School</p>	<p>Universal Service</p> <p>All parents of teenagers. (age 8 -19)</p>	<p>Workshop 2</p> <p>Communicating with your teenager and an introduction to parenting support</p>	<p>Tuesday 2nd February 2010</p> <p>Time: 9.45am – 11.30am</p>	<p>Elizabeth Garret Anderson School room LC 2</p>	<p>Call Marilia on 020 7561 8461 or text on 07958061827</p>	<p>Barnsbury</p> <p>Open to parents who child attends EGA.</p>